## About Us

Salisbury Behavioral Health, LLC partners with individuals to empower them to make choices, attain life goals, build relationships and participate in community life in the most integrated and independent manner possible. Our person-centered services are culturally competent, flexible, coordinated, accountable and focused on individual's strengths and values.

We offer a broad range of clinical and residential behavioral health services to adults, children and their families.

**Lehigh and Northampton Counties**
3894 Courtney Street,
Suite 100
Bethlehem, PA 18017
P: (610) 973-0970 ext. 4190
P: (610) 973-0970 ext. 1057
F: (610) 391-1735
Info@salisb.com


SALISBURY
BEHAVIORAL HEALTH, LLC
*Healing and recovery through empowerment and self-discovery.*

**salisb.com**

SALISBURY
BEHAVIORAL HEALTH, LLC
*Healing and recovery through empowerment and self-discovery.*

# SCHOOL BASED OUTPATIENT/ OUTPATIENT SERVICES

Lehigh and
Northampton Counties

School Based Outpatient/Outpatient Services helps elementary, middle and high school students at schools in the Catasauqua School District. The program helps students with emotional and/or behavioral issues by providing opportunities to meet and work with therapists in a setting that is convenient to them – their school.

# Services

### Psychiatric Evaluations
Aids in diagnosing emotional, behavioral or developmental issues in individuals and is conducted by our board-certified psychiatrist. May be provided in our Bethlehem clinic.

### Medication Management
Assists individuals in managing their medicines based on the recommendation of their psychiatric evaluation by our board-certified psychiatrist. Offered at our Bethlehem clinic.

### Assessments
Individuals have access to the following:

- Mental health assessment
- Bio-psychosocial assessments
- Substance abuse screening
- Trauma exposure screening

### Individual Therapy
Provides individuals with one-on-one sessions to address problem solving, coping skills, risky behaviors, assertiveness, LBGTQI, trauma, anxiety, depression, dialectical behavioral therapy, cognitive behavioral therapy, trauma and other related issues.

### Group Therapy
Offers therapist led peer group sessions where individuals feel comfortable addressing anger management, social skills, anti-bullying, conflict resolution/problem solving, blended families/ divorce coping, healthy relationships, internet safety, eating disorders and other related issues.

### Parenting Psycho-educational Groups
Helps parents expand their parenting skills and increase the positive functioning of their family by addressing effective practices in therapist led group sessions.

### Family Therapy
Offers individual therapist sessions for families, who experience family dysfunction, to develop and maintain healthy interacting and functioning practices for addressing and preventing disruptive home lives from affecting school performance and behaviors.

Individuals may be eligible for the following in home, school and community services:

### Children's Family Based Mental Health Services
Offers mental health treatment, family support services and integrated case management services to individuals and families at home and school.

### Blended Case Management Services
Assist parents and families with maximizing their access and use of community resources for their student.