

February Menu 2024

Thursday, February 1

Carne Asada Soft Taco (scratch-made)
EUSD Cheese Pizza (scratch-made, vegetarian)
EUSD Sausage Pizza (scratch-made, contains pork)
Benefit Bar & String Cheese (vegetarian)

Friday, February 2

Grass Fed Beef Hamburger
Grass Fed Beef Cheeseburger
Cheese Tortellini with EUSD Marinara (scratch-made, vegetarian)
Yogurt & Granola (Gluten free, vegetarian)
Sugar Cookie (vegetarian)

Monday, February 5

Pasta with Butter Parmesan Sauce & Garlic Bread (vegetarian, scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pineapple Pizza (vegetarian, scratch-made)
Yogurt & Granola (vegetarian, gluten free)

Tuesday, February 6

Homemade Bean & Cheese Burrito (vegetarian, scratch-made)
Chicken Tenders
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese✓(vegetarian)

Wednesday, February 7

Homemade Macaroni & Cheese with Hawaiian Roll (vegetarian, scratch-made)
Chicken Corndog (ECC Student tested!)
Yogurt & Granola (vegetarian, gluten free)

Thursday, February 8

Organic BBQ Chicken Drumstick & Crinkle Fries (gluten free)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pepperoni Pizza (contains pork, scratch-made)
Benefit Bar & String Cheese (vegetarian)

Friday, February 9

Grass Fed Beef Hotdog
Soft Pretzels with Cheese Dipping Sauce(vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Brownie (vegetarian)

Monday, February 12

Spaghetti with EUSD Marinara & Garlic Bread (vegetarian, scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)

EUSD Margarita Pizza (vegetarian, scratch-made)
Yogurt & Granola (vegetarian, gluten free)

Tuesday, February 13

Slow Roasted Organic Carnitas Taco (scratch-made, contains pork)
Crispy Chicken Sandwich
Impossible Burger (vegetarian)
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

Wednesday, February 14

Grilled Cheese Sandwich (vegetarian, scratch-made)
Sweet & Sour Chicken with Chow Mein Noodles
Yogurt & Granola (vegetarian, gluten free)
Fortune Cookie (vegetarian)

Thursday, February 15

Boar's Head Turkey & Cheese Deli Sandwich (scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Sausage Pizza (scratch-made, contains pork)
Benefit Bar & String Cheese (vegetarian)

Friday, February 16

Brunch for Lunch (French Toast) (contains pork)
Mozzarella Breadstick & Marinara(vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Chocolate Chip Cookie(vegetarian)

Wednesday, February 21

Cheese Quesadilla (vegetarian, scratch-made)
Chicken & Waffles
Yogurt & Granola (vegetarian, gluten free)

Thursday, February 22

Fiesta Nacho Tower (vegetarian) with Grass Fed Organic Beef (scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pepperoni Pizza (scratch-made, contains pork)
Benefit Bar & String Cheese (vegetarian)

Friday, February 23

Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll
Grass Fed Beef Cheeseburger
Impossible Burger (vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Brookie (vegetarian)

Monday, February 26

Homemade Macaroni & Cheese with Hawaiian Roll (vegetarian, scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pineapple Pizza (vegetarian, scratch-made)
Yogurt & Granola (vegetarian, gluten free)
All Fruit Popsicle (vegetarian, gluten free)

Tuesday, February 27

Crunchy Grass Fed Organic Beef Taco (gluten free, scratch-made)
Grass Fed Beef Hotdog
Impossible Burger (vegetarian)
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

Wednesday, February 28

Grilled Cheese Sandwich (vegetarian, scratch-made)
Orange Chicken with Brown Rice & Chicken Egg Roll
Yogurt & Granola (vegetarian, gluten free)
Fortune Cookie (vegetarian)

Thursday, February 29

Mighty Chicken Meatball Pasta with EUSD Marinara (scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD BBQ Chicken Pizza (scratch-made)
Benefit Bar & String Cheese (vegetarian)

Student Meal Prices:

All EUSD Students eat for Free!

Adult & Visitor Meal Prices:

Adult/Visitor Breakfast: \$4.00

Adult/Visitor Lunch: \$6.00

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab and grown organic lettuce and seasonal veggies!

Mondays: California Grown Halo Tangerines & Celery

Tuesdays: Locally Grown Sliced Apples & Jicama

Wednesdays: California Grown Kiwi

Thursdays: Local Dassi Family Farms Persian Cucumbers & Jicama Sticks

Fridays: Locally Grown Fallbrook Cara Cara Oranges

Various dressings are offered daily including an option.

Breakfast Menu

Breakfast is served daily before school. Check with your school office for specific service times.
Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

Monday: Banana Bread & Whole Grain Cereal

Tuesday: Maple Belgian Waffle & Whole Grain Cereal

Wednesday: Blueberry or Sweet Potato Chocolate Chip Muffin & Oatmeal Benefit Bar

Thursday: Mini Pancakes & Whole Grain Cereal

Friday: Twin Bars & Banana Chocolate Chip Scone

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com.

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut-free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

**Menus are subject to change without notice **

This institution is an equal opportunity provider.