
2023-24
School Health Advisory Council (SHAC)
Meeting Agenda #3
February 5, 2024

A meeting of the Midlothian ISD School School Health Advisory Council will be held February 5, 2024 beginning at 9:00 AM via TEAMS. [LINK TO TEAMS RECORDING 2/5/24](#). The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

1. CALL TO ORDER

- A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@midlothianisd.org by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION ONLY

- A. REACH Council Partnership
- B. Midlothian Methodist Partnership
- C. YES Program: Puberty & Adolescence

4. DISCUSSION/ACTION ITEMS

- A. The Great Body Shop: Middle School Health Curriculum

5. ADJOURNMENT

On this, the 1st day of February, 2024, this Notice posted an original copy was posted in the window of the School District Administration Building at 12:00 pm on said date.

Krista Tipton

Krista Tipton, M. Ed
Executive Director of Administration and Student Services

The SHAC Meeting Minutes
2/5/24

1. Welcome– Krista Tipton called the meeting to order and welcomed everyone and introduced the speakers for the meeting.
2. Krista provided agenda for today's discussion and action items..
3. Cassie Street with REACH Council- Prevention and recovery support founded in Midlothian. History of program beginnings reviewed. Overview of their programs for Youth Prevention Program Education reviewed. Kid's Connection curriculum discussed. Life Skills Training curriculum topics discussed for grades 3rd-5th. Too Good For Drugs curriculum discussed for grades 6th-9th and the session topics within that curriculum. MISD schools and the programs received with list of campuses reviewed for 2023-2024 school year. Also discussed DAEP, Summer Enrichment Program, Youth Recovery Communities programs, and Youth Tobacco Prevention Coalition program. Cassie reviewed community events- Prom Pop-Up event, the DEA National Takeback event in April, community partner with free training "High in Plain Sight" with Tall Cop Says Stop, and Coffee for a Cause event with Scooter's Coffee in Midlothian.
4. Kasey Cheshier and Jacob Rhodes (trauma coordinator) with Midlothian Methodist- Presented on Drug and Alcohol Awareness for Senior students. Seeing an uptick in preventable driving deaths. What to do in the event there is a traffic accident. Dr. Lo can discuss a case involving teen MVA. Prevention strategies could also be discussed with students, specific to seniors. MHS will sign up for a presentation on March 6th. Will follow up with HHS to do a presentation there as well.
5. Krista discussed Texas Youth Tobacco Survey- MISD will be participating in a survey in the spring regarding use of tobacco products in secondary students.
6. Krista discussed 5th Grade puberty & adolescent new TEKS. Discussed district's interest in the Y.E.S. Puberty program. Oliver Crandon presented more information on the program. Reviewed some high level parts of the puberty program offered by Y.E.S. Topics include decision making, puberty, hormones, changes, male versus female reproductive system, and dating relationships. Krista opened the meeting for questions or comments, none were made.
8. Sabra presented information on Body Shop as a Middle School Coordinated School Health Curriculum- Discussed what is required by the state. Link to program topics and video provided for anyone to review. Only using the program for health related

TEKS, the district is not wanting to use for a social emotional curriculum. Sabra opened up for questions or comments.

9. Action Item- vote to adopt the Great Body Shop Curriculum conducted via TEAMS poll- Krista opened the floor for a motion to approve, Leslie Deen made a motion to adopt. Abby Patel seconded the motion. Poll sent to meeting attendees. 14 votes for and 0 votes against.

10. Future Meeting Topics were asked by Krista, no feedback received.

11. Future Meetings Dates- Krista presented the future meetings dates.

12. Krista Tipton adjourned the meeting at 10:02.

Representatives in attendance:

Krista Tipton -Co-Chair
Sabra Golden - Co-Chair
Wendy Hein
Mandy Berry
Nikki Lane (Y.E.S.)
Oliver Crandon (Y.E.S. presenter)
Christne Thorpe
Heather Beck
Whitney Krupala
Abby Pate
Karis Schumacher
Johnna Stinchcomb
Stephanie Brown
Beth Stokman
Jessica Martin
Kasey Cheshier (Methodist presenter)
Leslie Deen (Ellis Co)
Trish Harrington (Y.E.S.)
Olivia McDonald
Cassie Street (REACH presenter)
Lauren Williams
Amanda Brady
Jacob Rhodes (Methodist presenter)
Laurie Osborne
Zuleyma
Rachel Bryant
Aaron Carroll
P. Evitt