



# School Counselor Newsletter

Fulton County Elementary School



January 2024

Mrs. Brey Jones

## MONTHLY FOCUS

### Empathy & Kindness

Students will learn what empathy is and how it is connected to kindness. They will explore the power of kindness. The goals of this unit include students being able to: engage in positive behaviors, display greater empathy, build stronger relationships, and to resolve conflicts more effectively.



Hello Pilots!

January's focus will be to finish unit 2 on emotion management and to begin the unit on empathy and kindness. We will be using a program called Second Step in our whole group lessons.

On the back of this newsletter is a homelink specific to your child's grade level and the themes/lessons that we have been learning in our emotion management classes and how it will help your student. It also gives you ideas on how to practice these skills at home.

Towards the end of the month, we will start learning about empathy & kindness that will continue into February. Empathy teaches students to see things from a different viewpoint when in certain situations.

Mrs. Brey Jones



## IMPORTANT DATES

- Jan. 3<sup>rd</sup>- Back to School
- Jan. 12<sup>th</sup>- 5<sup>th</sup> Grade Art & Fitness Club
- Jan. 15<sup>th</sup>- No School
- Jan. 16<sup>th</sup>- 3<sup>rd</sup> & 4<sup>th</sup> Cooking Club
- Jan. 18<sup>th</sup>- 4<sup>th</sup> & 5<sup>th</sup> Cooking Club
- Jan. 18<sup>th</sup>- PBIS Store (K-2<sup>nd</sup>)
- Jan. 19<sup>th</sup>- PBIS Store (3<sup>rd</sup>- 5<sup>th</sup>)
- Jan. 25<sup>th</sup>- Family Reading Night
- Jan. 26<sup>th</sup>- Early Release Day
- Feb. 2<sup>nd</sup> - Fantastic Friday



## Contact Information

Email:  
 brey.jones@fulton.kyschools.us  
 Office Phone:  
 270-236-3904 Ext: 4123  
 Cell Phone:  
 270-446-2867



If you would like to request your child to have individual counseling, please contact me or go to our school website and fill out a Parent Referral.

## FCES Student Council



Student Council challenged the school to a boy vs. girls bathroom wars.

Congratulations to the BOYS for winning the golden plunger for the cleanest bathrooms!

Student Council runs a pencil and desk pet (erasers) store in the mornings by the front office. New items added daily. Prices range from .25-.50.