



# Circle of Security

I N T E R N A T I O N A L™

*Early Intervention Program for Parents & Children*

## **EdAdvance is hosting a FREE Parent Workshop series on “Circle of Security (CoS).”**

### **What is CoS???**

Circle of Security is a Parenting Series that builds upon itself using video snippets to focus on Healthy Attachments and Relationships. It reflecting upon those relationships in which a person's life revolves, not only as an infant, toddler or a schoolchild, but throughout adolescence and years of maturity. The circle is a visual concept that helps us understand the behaviors we see in those around us, with a particular focus on young children. This Circle starts at the beginning of life and will continue throughout all of our lives with all the relationship we experience. As a parent, this concept helps us recognizing the needs of children by knowing when to be a secure presence for them and when to offer support as they explore the new world around them.

### **Where and When?**

Wednesdays 9:00 – 10:00 am for 8 weeks **starting Jan. 24, 2024**

FRC @ PLA Building

77 Main St. Terryville

### **Free Childcare & Refreshments**

Email [borysewicz@edadvance.org](mailto:borysewicz@edadvance.org) or call to register:

**860-516-7002**