

The Southridge Gazette

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Pictured above is the Boy's Varsity Basketball team playing against Forest Park at the Winter Homecoming game.

Southridge Basketball

By Marisa Thacker, Freshman

Both the boys' and girls' basketball teams at Southridge are doing great this season! The girl's record is currently 11-10, and the boys are 10-4. The programs are working hard to get the best out of their athletes and compete well against other teams.

Southridge's girls coach, Greg Werner, celebrated his 250th win at SHS at the game against Mt. Vernon on January 5th! It's an incredible feat, especially if you realize that he has over 350 wins overall. The end of January brings sectional preparations for the team. They will go against Washington at Memorial Gym for the first game. When asked about the draw the team got for

sectional, Coach Werner made these remarks: "The draw is very difficult but we would not want it any other way. If you are going to win it, you might as well earn it." To prepare, he says that they will need to work on handling full and half-court pressure, being disciplined on defense, only allowing one shot per possession, and dominating the boards. Finally, Coach Werner

Featured articles

continued...

said, "I always believe we can win. We give our players the best plan possible to win and they will rise to the occasion." Senior Maddux Marshall was asked if the way the season has gone influenced her thoughts about sectionals. Her response was this: "Even with the ups and down of this season, I think all the adversity we have faced has strengthened us to take on sectionals and work to do our best to keep advancing."

It will be another month before sectionals start for the boy's team, so for now they're working on maintaining their phenomenal record. The 2023-2024 group is the first in Southridge boys basketball history to go 8-0 at the start of the season. When asked his opinion on how the season has been going, senior Gage Werner said: "All in all, I believe that we have had a good start to the season, but as a team we can all agree that it doesn't matter how we start. We haven't reached our goal of tournament success yet, so our priority is getting prepared in order to win games in the postseason." Brock Thacker, a junior, says, "If we play as a team and are unselfish we should win most of the games on the rest of our schedule." Tate Whitehead, also a junior, described a statement that reflects on all of Southridge basketball: "I'd say just the whole season so far is a highlight for me, playing alongside my friends for one collective goal and having fun while doing it." If you have an opportunity, be sure you cheer on the boy's team at any of their upcoming games!

Southridge's basketball program is close to the hearts of many in Indiana. Our teams are working hard and achieving amazing accomplishments. However, the athletes and coaches need someone to support them as well. Take every chance you get to show up to a basketball game this year. The girls season is almost over and the boys have a little over a month left to go. The people participating would greatly appreciate us cheering them on. Every game is an experience, so make sure it's a good one!

Raider Recognition !

Wrestler Rebecca Snider is State-bound! She is the first female wrestler in Southridge history to accomplish this!

The Pros and Cons of Online Classes

By Olivia Rasche, Sophomore

The first online class was offered in 1982. Advancements in technology have led to a steady increase in the amount of Online Classes offered to students. Recently, the amount of online classes skyrocketed due to Covid, forcing many schools to rely on technology as their primary teaching mechanism. Here at Southridge many online classes are offered. These range from credit recovery classes, to dual-credit classes through Ivy Tech. Both have helped students gain the credits they need to reach their own individual goals. Despite this, many concerns have been raised about how effective online classes are at teaching students the materials that they need.

One concern is learning styles. Online classes primarily teach through texts and readings. While some students can learn fairly well with this method, many others are left confused and stressed when asked to remember something that they've only read. They need more alternative teaching styles like visuals, audio, and hands-on experiences to remember the material. Things are being done to alleviate this problem. The credit recovery courses provide videos and diagrams to help students learn. This doesn't entirely fix the problem, as much of the information needed for the tests is left out of these segments. The dual credit online Ivy Tech classes are even worse. The information for the test is found solely inside of the long textbook chapters.

Some people like this. It allows them to work at their own pace and go back over information that they have already learned. If they would have had a teacher they would have had to learn at the pace the teacher sets. Stephany Galdamez, a sophomore in high school, was asked why she likes online classes and she states "You can do it whenever you can, like during school if you miss a day it makes a mess but if you miss an online class it doesn't do anything because it is at my own pace." Online classes allow students freedom to control their own education.

This isn't always a good thing. When left to their own devices some students thrive while others fall short with managing their time and classwork. The only teacher in the room may not know much about the class and can't assist you with anything more than keeping you on track. If you have questions and are confused there's only so much they can do. This lack of guidance can lead to stress or pressure a student

Featured Articles

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into doing something they shouldn't do like cheating in the class. This is an extreme situation though. Most people just don't learn as much as they would have if the class had been in person.

So what do you think about online classes? They help people balance busy schedules and get ahead in school. This comes at the cost of decreased learning and assistance in the classes. Online classes aren't going away anytime soon. Hopefully, measures will be put in place to make the online classes a more enjoyable and productive experience for everyone. Ultimately, it is up to the student to decide what learning style meets their unique needs.

Raider Recognition !

Southridge Girls' Wrestling fished second out of sixteen at Regionals!

Mental Health In the Month of January

By Izzy Leiberling, Editor

January is considered to be the most depressing month of the year. It's cold, rainy, and everything seems to be painted in a wash of gray. This month can be so sad for many reasons, and it is important to know the resources available to the student body should someone need help.

There are many reasons that January is so depressing for many. The holidays have passed, and the weather is gloomy and gray. The sun is seldom out, leading to lower levels of Vitamin D in many. This is linked to depression. Physical illness is much more common in the winter as well. According to Mrs. Vinson, Southridge's counselor, mental and physical health are very closely tied.

What are some things that you can do on your own to combat these feelings? Taking advantage of the little sunlight is important. Keeping yourself in a routine can be very helpful as well, as it makes it harder to fall into a spiral. Mrs. Vinson suggests keeping up with exercise or hobbies. Support from friends and family can also be essential.

Southridge also offers many ways to take care of yourself through these gloomy winter months. Wellness Wednesdays are offered once a month in the library. They offer mindfulness and meditation, and the schedule is posted in several Google Classrooms. Southridge also offers many clubs that promote mental well-being such as Raider CARES and the Kindness is Key Club. Natural Helpers, a club of kids who many students go to when they are struggling, are available in every grade should someone need them as well.

Sometimes self-care doesn't always cut it, and Southridge offers a few solutions to that. Counselors are available to students who are struggling, and counselors from Lifespring are here every week. There is also a calm room in Teen Wellness should a student need it. Everything said to any of these people is confidential unless someone is at risk of harming themselves or others.

If someone's safety is at risk, do not keep it a secret. If you or someone you know is having thoughts of suicide or self-harm, help is available. Tell a counselor or trusted adult. The national suicide or crisis hotline is available 24/7, and that number is 988.

— Izzy Leiberling

Keeping one's mental health in check can seem like an impossible feat, but hopefully, this year's most depressing month of the year will be a little easier to bear.

REC Night at Memorial Gym

From Mrs. Arts, Staff

Due to the REC program, students at Southridge are given the opportunity to earn college credits through Ivy Tech while they earn their high school degree. This year, 11 students earned an Associate's Degree, 31 earned the Indiana College Core, and 38 have gotten 30+ credits.

More than 30 College Credits

- Jace Giles
 - Carter Harris
 - Paige Kemp
 - Kamren Neukam
 - Ruth Sherer
 - Blake Taylor
 - Maddox Vernon
-

Featured articles

continued...

Indiana College Core

- Richard Gutierrez
- Clair Leathers

30 credits or more including ICC

- Emma Blessinger
- Jennifer Cano Ramirez
- Brynn Collett
- Natalia Duron
- Kenley Hayes
- Anna Hochgesang
- Tehya Neukam
- Madeline Vernon
- Luke Wirthwein

40 credits or more including ICC

- Myles Kerkhoff
- Alyssa McPherron
- Shalynn Neher
- Penelope Roy
- Gage Werner
- Kelsey Wibbeler

50 credits or more including ICC

- Evan McClain
- Ella Thompson
- Noah Walton

60 credits or more including ICC and Associate Degree

Carson Bromm
Abigael Byrd
Kate Durcholz
Emma Ferguson
Ashlie Harter
Maddux Marshall
Payton Nichter
Connie Owens
Ava Rasche
Mackenzie Tobin
Ava Vernon



Maggie Rasche Returns to School

By Stephany Galdamez, Sophomore

Maggie Rasche was sent to the hospital in October, and for the longest time doctors didn't know what was going on. They realized that she suffered a spinal cord stroke. On January 11, 2024 she was discharged from the hospital and is now back home. WLKY did an interview with Maggie when she was doing her physical therapy because of the paralysis that her spinal cord stroke caused. She made a miraculous recovery and is now back at school!

"Now that I'm back at school I feel like I can begin to return to normalcy. The hardest part about being back at school is catching up with all my classwork." She also looks forward to getting back into a regular routine "I'm looking forward to going to the places I love and getting back into a normal routine. One place in particular is Zax for their milkshakes." Despite this difficult time in her life, she was able to be supported by many. "My motivation was led by my family and community support, along with my desire to get back home, and my dogs."

All Hail the Queen and Her Court!

From SHS staff

Anna Hochgesang and Isaiah Drew were crowned Homecoming Queen and King respectively.



Highlights

Rotary Club of Dubois Country Speech Contest

From SHS Staff

Check Grade Classrooms for the rules!



NASA's X-59 Quiet Supersonic Research Aircraft Unveiled

By Braxton Oakley, Junior



In a theatrical reveal, NASA and Lockheed Martin showcased the X-59 quiet supersonic research aircraft during a ceremony at Lockheed Martin's Skunk Works

facility in Palmdale, California. The X-59 takes center stage in NASA's Quest mission, aimed at minimizing the noise of sonic booms, addresses a major problem in supersonic flight over land.

Raider Recognition!

Out of the 103,800 applicants, Ruth Sherer is now a finalist in the Coca-Cola Scholars Program!

Get Your Tickets for the Southridge Musical!

Graphic by Sam Stratman, Sophomore



Here's the link! They're selling fast!

<https://www.onthestage.tickets/show/southridge-high-school/65847a869552a10e4143c6f1/tickets>

Special Features



January Birthdays

Freshmen

Caleb Abbott 1/16 9	Madilyn Schwartz 1/7
Tillie Doss 1/5	Karel Licea Delgado 1/13
Alexander Lopez 1/2	Lilya Whipling 1/10
Karel Licea Delgado 1/13	Anthony Wright 1/28
Juan Parra Diaz 1/28	Edwin Rivas Menjivar 1/12

Sophomores

Mark Alvarado 1/3	Kynlee Jackson 1/27
Corey Anderson 1/7	Jimmy Lopez 1/25
Chloe Atchison 1/7	Eleanor McConnell 1/12
Natalia Garcia 1/16	Sylvia Palacios 1/6
Jaylynn Goodwin 1/5	Jasmyne Parke 1/28
Leslie Guzman Garcia 1/6	Charles Taylor 1/7
Cristian Guardado-Sorto 1/27	Victoria Vanegas 1/3
Millie Hunter 1/22	Wyatt Stephens 1/3
	Riley Wilkerson 1/1

Juniors

Ellie Bardwell 1/22	Landon Poehein 1/20
Ava Hall 1/28	Miranda Ramirez Lopez 1/21
Conley Meyer 1/23	Kara Schmitt 1/12
Leonardo Palacios Hernandez 1/23	Brock Thacker 1/25
Kimberly Palacios 1/2	Emersyn Petry 1/29

Seniors

Keiara Begle 1/19	Angel Espinoza Xilonochilt 1/10
Emma Blessinger 1/16	Emma Ferguson 1/23
Abigael Byrd 1/9	Cameron Fogle 1/5
Jennifer Cano Ramirez 1/5	Jayden Fogle 1/5
Brynn Collett 1/19	Myles Kerkhoff 1/30
Isela Cruz Ramirez 1/29	Canon Neukam 1/4
Brandt Enlow 1/2	Rebecca Snider 1/29
Blake Taylor 1/18	
Joey Taylor 1/10	

Additional Credits

Dad Joke of the Month—Lyndsey Taylor and Annabel Eatherly

Birthdays Graphic—Kaitelyn Baker

Art Submission—Sam Stratman