

Butler Area School District

School Year \_\_\_/\_\_\_

Asthma Action Plan

Must be completed each school Year

Student Name \_\_\_\_\_ Birth date \_\_\_\_\_ Grade \_\_\_\_\_ Room \_\_\_\_\_

Asthma Severity:  Mild Intermittent  Mild Persistent  Moderate Persistent  Severe Persistent

Asthma Triggers:  Colds  Exercise  Animals  Dust  Smoke  Food  Weather

Other: \_\_\_\_\_

Please circle all asthma related answers to show child's condition over the last year.

- School days missed: none \_\_\_\_\_ 1-3 \_\_\_\_\_ more than 5 \_\_\_\_\_
Emergency room visits: none \_\_\_\_\_ 1-3 \_\_\_\_\_ more than 5 \_\_\_\_\_
Hospital admissions: none \_\_\_\_\_ 1-3 \_\_\_\_\_ more than 3 \_\_\_\_\_
Student has medication (inhaler/nebulizer) at school? Yes \_\_\_\_\_ No \_\_\_\_\_

Early warning signs (check all that apply)

wheeze cough chest tightness
pain in chest pain in back short of breath
difficulty breathing little energy to play other (\_\_\_\_\_)

Medications

Table with 4 columns: Taken at home, Dose, Route, Frequency. Includes rows for home and school medication.

Side Effects: \_\_\_\_\_

20 minutes before exercise, this medication should be used.

Table with 4 columns: Medication, Dose, Route, Frequency.

\*\*Please notify school nurse when your student required medication before school due to asthma symptoms. \*\*

Asthma physician's name \_\_\_\_\_ phone # \_\_\_\_\_

I give my permission for the school nurse to use the information provided to share with Butler Area School District personnel and for the nurse to contact my child's asthma physician listed above to discuss my child's condition as needed.

Parents Signature \_\_\_\_\_ Phone \_\_\_\_\_ Date \_\_\_\_\_

Work Phone \_\_\_\_\_ Cell Phone/Pager \_\_\_\_\_