

LESD Breakfast Menu

MON		TUES		WED		THURS		FRI	
1/29		1/30		1/31		2/1		2/2	
Pancake Squares + Turkey Sausage (v)	Variety Bagels & Cream Cheese (v)	Quesadilla + Pico de Gallo Salsa (v)	Mantecada Muffin (v)	Blueberry Yogurt Cup & Granola					
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)					
Tangerines/Mandarins	Apples	Bananas	Oranges	Grapes					
Dried Cranberries	100% Orange Juice	Applesauce Cups	Raisins	Apple Chips					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
5		6		7		8		9	
Cheesy Bolillo with Chorizo & Beans	Concha with Fresh Piña (v)	Waffle with Strawberries + Turkey Sausage	French Toast with Glazed Peaches (v)	Double Chocolate Chip Muffin (v)					
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)					
Tangerines/Mandarins	Apples w/ Peanut Butter	Bananas	Oranges	Grapes					
Dried Cranberries	100% Orange Juice	Applesauce Cups	Raisins	Apple Chips					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
12		13		Valentine's Day		14		15	
Lincoln's Birthday *School not in session*	Quesadilla + Pico de Gallo Salsa (v)	Strawberry Yogurt Cup & Granola		Mantecada Muffin (v)		Variety Bagels & Strawberry Cream Cheese (v)			
	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)			
	Apples w/ Peanut Butter	Bananas		Oranges		Grapes			
	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		
19		20		21		22		23	
President's Day *School not in session*	Cheesy Bolillo with Chorizo & Beans	Concha with Fresh Piña (v)		French Toast with Glazed Peaches (v)		Double Chocolate Chip Muffin (v)			
	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)			
	Apples w/ Peanut Butter	Bananas		Oranges		Grapes			
	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		
26		27		28		29		3/1	
Pancake Squares + Turkey Sausage (v)	Variety Bagels & Strawberry Cream Cheese (v)	Quesadilla + Pico de Gallo Salsa (v)		Mantecada Muffin (v)		Blueberry Yogurt Cup & Granola			
Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)	Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)			
Tangerines/Mandarins	Apples w/ Peanut Butter	Bananas		Oranges		Grapes			
Dried Cranberries	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	

(v)= Vegetarian
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February 2024

LESD Elementary School 2nd Chance Breakfast Menu

MON	TUES	WED	THURS	FRI					
1/29		1/30		1/31		2/1		2/2	
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v) Tangerines/Mandarins	Strawberry Yogurt Chex Mix + String Cheese (v) Apples	Campfire S'mores Bar + Sunflower Seeds (v) Bananas	Mantecada Muffin (v) Oranges	Variety Cereal + Sunflower Kernels (v) Grapes		Dried Cranberries		100% Orange Juice	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
5		6		7		8		9	
Banana Chocolate Chunk BeneFit Bar (v) Tangerines/Mandarins	Concha with Fresh Piña (v) Apples w/ Peanut Butter	Variety Cereal + Sunflower Kernels or String Cheese (v) Bananas	Mini Yogurt (v) + Cinnamon GoldFish (v) Oranges	Double Chocolate Chip Muffin (v) Grapes		Dried Cranberries		100% Orange Juice	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
12		13		Valentine's Day		14		15	
Lincoln's Birthday *School not in session*	Campfire S'mores Bar + Sunflower Seeds (v)	Strawberry Yogurt Cup & Granola		Mantecada Muffin (v)		Strawberry Yogurt Chex Mix + String Cheese (v)			
	Apples w/ Peanut Butter	Bananas		Oranges		Grapes			
	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
19		20		21		22		23	
President's Day *School not in session*	Banana Chocolate Chunk BeneFit Bar (v)	Concha with Fresh Piña (v)		Mini Yogurt (v) + Cinnamon GoldFish (v)		Double Chocolate Chip Muffin (v)			
	Apples w/ Peanut Butter	Bananas		Oranges		Grapes			
	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
26		27		28		29		3/1	
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v) Tangerines/Mandarins	Strawberry Yogurt Chex Mix + String Cheese (v) Apples w/ Peanut Butter	Campfire S'mores Bar + Sunflower Seeds (v) Bananas	Mantecada Muffin (v) Oranges	Variety Cereal + Sunflower Kernels (v) Grapes		Dried Cranberries		100% Orange Juice	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	

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February 2024 LESD Lunch Menu

MON		TUES		WED		THURS		FRI	
1/29		1/30		1/31		2/1		2/2	
Chicken Tenders + Sweet Crackers	Chicken Sandwich	BBQ Chicken Drumstick + Cornbread	Bean & Cheese Pupusa (v) with Curtido	Pepperoni Pizza Slice (p)					
Mozzarella Breadsticks with Marinara (v)	Grilled Cheese (v)	PB&J Sandwich (v)	Yogurt & Granola (v)	Cheese Pizza Slice (v)					
Freshly Sliced Apples	Bananas	Locally Grown: Navel Oranges	Grapes	Frozen Fruit Cups					
Celery Sticks w/ Ranch	Chili Jicama Sticks	Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans	Baby Carrots with Hummus	Corn					
Garden Fresh Tossed Salad	Shredded Lettuce & Cheese	Homestyle Ranch Salad	Cucumber Cuties	Garden Fresh Tossed Salad					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate					
5		6		7		8		9	
Chicken Drumstick & Waffle	Grass Fed Beef Burger	Mandarin Orange Chicken Bowl + Crackers	Tamales: Chicken & Red Sauce + Pinto Beans	French Bread Pepperoni Pizza (p)					
Mac & Cheese with Waffle	Chipotle Black Bean Burger (v)	PB&J Sandwich (v)	Bean & Cheese Burrito (v)	French Bread Cheese Pizza (v)					
Apples w/ Peanut Butter	Bananas	Cara Cara Oranges	Grapes	100% Fruit Juice					
Celery Sticks w/ Ranch	Baked Beans, Sliced Tomatoes & Baby Carrots with Ranch	HOTM: Edamame	Pico de Gallo & Cucumber Cuties	Corn & Baby Carrots with Hummus					
Krypton Kale Salad	Shredded Lettuce & Cheese	Mandarin Crunch Salad, Chili Carrot Coins	Shredded Lettuce & Cheese	Garden Fresh Tossed Salad					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate					
12		13		Valentine's Day		14		15	
Lincoln's Birthday *School not in session*		Corn Dog	BBQ Chicken Drumstick + Cornbread + Heart Shaped Cookie	Bean & Cheese Pupusa (v) with Curtido	Pepperoni Pizza Slice (p)				
		Grilled Cheese (v)	PB&J Sandwich (v) + Heart Shaped Cookie	Yogurt & Granola (v)	Cheese Pizza Slice (v)				
		Bananas	Sweet Heart Cherry Ice Cup	Grapes	Frozen Fruit Cups				
		Chili Jicama Sticks	Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans	Baby Carrots with Hummus	Corn				
		Shredded Lettuce & Cheese	Homestyle Ranch Salad	Cucumber Cuties	Garden Fresh Tossed Salad				
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Strawberry Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate					
19		20		21		22		23	
President's Day *School not in session*		Grass Fed Beef Burger	Mandarin Orange Chicken Bowl + Crackers	Tamales: Chicken & Red Sauce + Pinto Beans	French Bread Pepperoni Pizza (p)				
		Chipotle Black Bean Burger (v)	PB&J Sandwich (v)	Bean & Cheese Burrito (v)	French Bread Cheese Pizza (v)				
		Bananas	Cara Cara Oranges	Grapes	100% Fruit Juice				
		Baked Beans, Tomatoes & Baby Carrots with Ranch	HOTM: Edamame	Pico de Gallo & Cucumber Cuties	Corn & Baby Carrots with Hummus				
		Krypton Kale Salad	Mandarin Crunch Salad, Chili Carrot Coins	Shredded Lettuce & Cheese	Garden Fresh Tossed Salad				
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate					
26		27		28		29		3/1	
Chicken Tenders + Sweet Crackers	Chicken Sandwich	BBQ Chicken Drumstick + Cornbread	Bean & Cheese Pupusa (v) with Curtido	Pepperoni Pizza Slice (p)					
Mozzarella Breadsticks with Marinara (v)	Grilled Cheese (v)	PB&J Sandwich (v)	Yogurt & Granola (v)	Cheese Pizza Slice (v)					
Apples w/ Peanut Butter	Bananas	Cara Cara Oranges	Grapes	Frozen Fruit Cups					
Celery Sticks w/ Ranch	Chili Jicama Sticks	Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans	Baby Carrots with Hummus	Canned Corn					
Garden Fresh Tossed Salad	Shredded Lettuce & Cheese	Homestyle Ranch Salad	Cucumber Cuties	Garden Fresh Tossed Salad					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate					

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