



JOSEPHINUM  
ACADEMY  
OF THE SACRED HEART



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

			1 WG Chicken Nuggets w. WG Roll Pasta Primavera w. WG Roll Grape Tomatoes Just Picked Fresh Fruit Ice Cold Milk	2 Mixed Greens Salad Homestyle Chicken Sandwich on WG Bun Fresh Celery Just Picked Fresh Fruit Ice Cold Milk Pint
5 Spaghetti w. Meatballs & WG Roll WG Cheesy Bosco Sticks w. Marinara. Sauce Fresh Celery Just Picked Fresh Fruit Ice Cold Mil	6 Taco Tuesday! Beef Tacos on Ultragrain Tortilla OL Veggie Tacos Black Beans Just Picked Fresh Fruit Ice Cold Mil	7 Sloppy Joe Sandwich on WG Bun Or Grilled Cheese on WG Bread Grape Tomatoes Just Picked Fresh Fruit Ice Cold Milk	8 Protein Bistro Box or Baked Mostaccioli w. WG Roll Steamed Broccoli Just Picked Fresh Fruit Ice Cold Milk	9 Professional Development Day No School
12 Meatball Marinara Sub on WG Bun Mixed Greens Salad Steamed Broccoli Just Picked Fresh Fruit Ice Cold Milk	13 WG Chicken Tenders w. WG Roll Pasta Primavera w. WG Roll Steamed Carrots Just Picked Fresh Fruit Ice Cold Milk	14 Nacho Supreme w. Beef Veggie Nachos w. Cheese Black Beans Just Picked Fresh Fruit Ice Cold Milk	15 Alfredo Pasta w. Dinner Roll or Chicken Alfredo Pasta Roasted Corn Just Picked Fresh Fruit Ice Cold Milk Pint	16 Mixed Greens Salad BBQ Chicken Breast Sandwich on WG Bun Fresh Celery Just Picked Fresh Fruit Ice Cold Milk Pint
19 Presidents Day No School	20 Cheese Quesadillas Or Chicken Quesadillas Romaine Salad Mix Just Picked Fresh Fruit Ice Cold Milk Pint	21 Mmmburger w. Cheese on WG Bun Or WG Cheesy Bosco Sticks Grape Tomatoes Just Picked Fresh Fruit Ice Cold Milk Pint	22 Popcorn Chicken Bowl w. Mashed Potato & Gravy or Caesar Salad Steamed Corn Just Picked Fresh Fruit Ice Cold Milk Pint	23 Cheese Pizza Or Sausage Pizza Cucumber Slices Just Picked Fresh Fruit Ice Cold Milk Pint
26 Sweet & Sour Chicken over Steamed Rice Vegetable Stir Fry Baby Carrots Just Picked Fresh Fruit Ice Cold Milk	27 Chicken Fajitas w. Rice & Beans Veggie Fajitas w. Rice & Beans Steamed Corn Just Picked Fresh Fruit Ice Cold Milk	28 4-star Mac & Cheese w. WG Roll Or BBQ Chicken Drumstick w. WG Roll Fresh Cucumbers Just Picked Fresh Fruit Ice Cold Milk Pint	29 All Beef Hot Dog Or Grilled Cheese on WG Bread Steamed Broccoli Just Picked Fresh Fruit Ice Cold Milk	

**Choices:**  
~Daily Special  
~Vegetarian Special  
~Sunbutter & Jelly

**SY 23-24  
Meals**

Each meal includes:  
-Fresh Fruit or 100% Fruit Juice

- Fresh or Steamed Veggies
- Fat Free Skim or 1% Milk
- White & Chocolate Milk Available

Vegetarian Options Highlighted in Green Font

Menu items may be subject to change

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

