



School Health Advisory Council (SHAC)

Thursday, February 8, 2024

11:00 am - 12:30 pm

Instructional Services Professional Development Center
3413 Summerhill Road
Texarkana, Texas 75503

Meeting Agenda

Agenda Topic	Presenter
Welcome and Opening Remarks A. Call to Order B. Welcome C. Purpose of the School Health Advisory Council (See Attached) D. Approval of Agenda E. Update on Committee Recruitment Efforts	Christy Tidwell <i>Executive Director of Curriculum & Instruction</i>
Health Services Update/Report → Upcoming Employee Health/Resource Fair → Sullivan PAC, 9:00 am - 2:00 pm, February 20, 2024	Heather Spohn <i>Coordinator of School Health</i>
Child Nutrition Update/Report Introduction of Guest Speaker → Thrive Yoga, Amber Samuelson ◆ Health Benefits of Yoga and/or Meditation	Christie Lammers <i>Director of Child Nutrition</i>
Next Meeting → Thursday, April 18, 2024, 11:00 am - 12:30 pm → Call for Agenda Topics for the Next Meeting	Christy Tidwell <i>Executive Director of Curriculum & Instruction</i>
Adjourn This paper serves as a bulletin board Date Posted: February 2, 2024 Texarkana ISD Central Administration Texarkana ISD Child Nutrition Texarkana ISD Website (www.txkisd.net)	Christy Tidwell <i>Executive Director of Curriculum & Instruction</i>

Purpose and Mission of the Council: A local school health advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or classroom teachers, campus administrators, students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group may serve. See BDF(LEGAL) and EHAA(LEGAL). The council meets four times per year (twice per semester).