

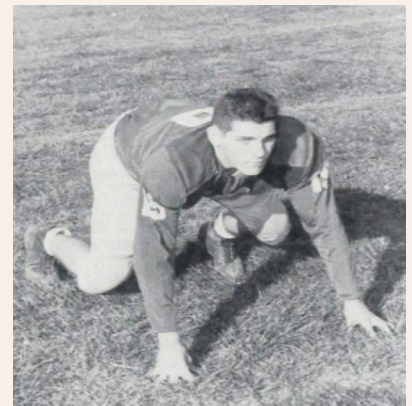
Empowering Greatness: Health and Wellness



Weight Room and Locker Room upgrades – \$4,400,000

The “Iron Mike” McGinley Weight Room and 1st Floor upgrades - \$3,900,000

Mike McGinley '60 can be described as many things – alumni, parent, coach, teacher, principal, and president. His mark can be found in an array of areas, but the most notable are leading the Irish on the football field with 17 winning seasons and a career record of 138-44, while serving as president from 1979 – 1989. Coach McGinley took much pride in creatively establishing Cathedral’s strength training program in the 70’s.



- Move and upgrade the existing weight room to not only meet the needs of our athletic teams but to serve all Cathedral students through Health and Physical Education.
- Currently 3,100 sq ft; new location 12,000 sq ft.



If you have questions or would like to make a donation to this project, please contact **Nicole Farrell '98 Beasley, 317.968.7383** or nbeasley@gocathedral.com.

Empowering Greatness: Health and Wellness



1st Floor Training Room, Locker Rooms and Kitchen

- Relocate and expand training room facilities to allow for integrated injury prevention, treatment, and rehabilitation services.
- Add two large changing spaces for outdoor sports teams (cross country, track and field, tennis, girls lacrosse, etc.).
- Create a nutrition kitchen to inspire healthy food choices.

2nd Floor Locker Rooms and Restrooms - \$500,000

- Enhance existing locker rooms, showers, restrooms, lockers, and flooring to modernize the facilities and create better functionality.

These long-needed improvements will integrate healthy goals for athletics, physical education, training, and nutrition in one location. Our athletes and visiting teams will have appropriate space and privacy in highly functional, modern locker rooms. The expanded and improved weight room and training space will serve all students to improve their fitness and skills.

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