

# San Juan Unified School District

Feb 1, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

BRIDGES SUPER SNACK

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 02/01/2024				
BRIDGES SUPER SNACK	Total			
BAGEL /JALPENO CR CHEESE	PKG	220	27.0	10.0
BOILED EGG	2 EACH	140	2.0	10.0
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

Fri - 02/02/2024				
BRIDGES SUPER SNACK	Total			
CRACKER, WHEAT	1 Each	180	30.0	6.0
BEEF SALAMI SLICES	1 EACH	120	0.0	10.0
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
BROCCOLI FRESH	1/2 CUP	25	4.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

Mon - 02/05/2024				
BRIDGES SUPER SNACK	Total			
TURKEY COMBO W/ CRACKERS	SERVING	359	33.98	18.93
CELERY STICKS	1/2 CUP	8	1.5	0.09
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

Tue - 02/06/2024				
BRIDGES SUPER SNACK	Total			
HUMMUS BURGER	1 EACH	325	41.0	4.5
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

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	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 02/07/2024				
BRIDGES SUPER SNACK	Total			
BAGEL /JALPENO CR CHEESE	PKG	220	27.0	10.0
BOILED EGG	2 EACH	140	2.0	10.0
BROCCOLI FRESH	1/2 CUP	25	4.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

Thu - 02/08/2024				
BRIDGES SUPER SNACK	Total			
YOGURT, STRAW / BANANA	1 CARTON	70	12.0	0.0
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
CORN MUFFIN,WG	1 EACH	257	44.0	7.4
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

Fri - 02/09/2024				
BRIDGES SUPER SNACK	Total			
CRACKER, WHEAT	1 Each	180	30.0	6.0
BEEF SALAMI SLICES	1 EACH	120	0.0	10.0
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
JUICE, VEG PARADISE PUNCH	1 EACH	60	14.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

Mon - 02/12/2024				
BRIDGES SUPER SNACK	Total			
UBR BREAKFAST BAR	1 EACH	280	44.0	8.0
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
SUNFLOWER SEEDS	BAG	170	6.0	14.0
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
<u>Tue - 02/13/2024</u>				
BRIDGES SUPER SNACK	Total			
TURKEY COMBO W/ CRACKERS	SERVING	359	33.98	18.93
JUICE, VEG PARADISE PUNCH	1 EACH	60	14.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

<u>Wed - 02/14/2024</u>				
BRIDGES SUPER SNACK	Total			
BAGEL /JALPENO CR CHEESE	PKG	220	27.0	10.0
BOILED EGG	1 EACH	70	1.0	5.0
BROCCOLI FRESH	1/2 CUP	25	4.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

<u>Thu - 02/15/2024</u>				
BRIDGES SUPER SNACK	Total			
HUMMUS BURGER	1 EACH	325	41.0	4.5
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

<u>Fri - 02/16/2024</u>				
BRIDGES SUPER SNACK	Total			
YOGURT, STRAW / BANANA	1 CARTON	70	12.0	0.0
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
CORN MUFFIN,WG	1 EACH	257	44.0	7.4
CELERY STICKS	1/2 CUP	8	1.5	0.09
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

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BRIDGES SUPER SNACK

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
<u>Mon - 02/26/2024</u>				
BRIDGES SUPER SNACK	Total			
TURKEY COMBO W/ CRACKERS	SERVING	359	33.98	18.93
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

<u>Tue - 02/27/2024</u>				
BRIDGES SUPER SNACK	Total			
CORN MUFFIN, WG	1 EACH	257	44.0	7.4
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
YOGURT, STRAW / BANANA	1 CARTON	70	12.0	0.0
CELERY STICKS	1/2 CUP	8	1.5	0.09
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

<u>Wed - 02/28/2024</u>				
BRIDGES SUPER SNACK	Total			
UBR BREAKFAST BAR	1 EACH	280	44.0	8.0
SUNFLOWER SEEDS	BAG	170	6.0	14.0
CHEESE, STRING (1)	1 EACH	60	1.0	3.0
JUICE, VEG PARADISE PUNCH	1 EACH	60	14.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

<u>Thu - 02/29/2024</u>				
BRIDGES SUPER SNACK	Total			
BAGEL /JALPENO CR CHEESE	PKG	220	27.0	10.0
BOILED EGG	2 EACH	140	2.0	10.0
CARROTS, PKG	2.6 OZ PK	25	6.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
MILK, NONFAT CHOC	1 CARTON	120	20.0	0.0

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	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Weighted Average				

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

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