

February 2024
MES Breakfast Menu

5	6	7	8	9
French Toast Sticks or Assorted Cereals	Crispy Hash Brown & Sausage, Toast or Cinna-Mini Bagel	Chicken Breakfast Sandwich or Powdered Donuts	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Sausage Breakfast Pizza or Assorted Cereal
12	13	14	15	16
Blueberry Eggo Waffle Bites or Assorted Cereals	Sausage Biscuit or Strawberry Pop-Tart	Sausage & Cheese Grits Bowl w/ Toast or Assorted Cereal	Cheese Toast & Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Pancakes & Breakfast Sausage or Assorted Cereal
19	20	21	22	23
Holiday	Holiday	Holiday	Chicken Biscuit or Assorted Cereal	Sausage Breakfast Pizza or Mini Donut Holes
26	27	28	29	1
French Toast Sticks or Assorted Cereals	Crispy Hash Brown & Sausage, Toast or Cinna-Mini Bagel	Chicken Breakfast Sandwich or Powdered Donuts	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Sausage Breakfast Pizza or Assorted Cereal

Grab & Go Breakfast Bags Available Daily
A Variety of Milk, Fruit & Juice Available Daily

February 2024
MES Lunch Menus

5	6	7	8	9
Chicken Tenders w/ Roll or Grape Uncrustable w/ Cheese Stick & Chips Mashed Potatoes Baby Limas	Corn Dog Nuggets or Ham & Cheese Sandwich w/ Chips Mac & Cheese Baked Beans Fresh Baby Carrots w/ Ranch	Spaghetti w/ Meat Sauce w/ Garlic Breadstick or Grab & Go Cereal Bag Green Beans Side Salad w/ Ranch	BBQ Sandwich w/ Chips or Turkey Wrap w/ Chips Cucumber & Tomato Cup w/ Ranch Corn on the Cob	Oven Fried Chicken W/ Roll or Grape Uncrustable w/ Cheese Stick & Chips Steamed Broccoli w/ Cheese Sauce Side Salad w/ Ranch
12	13	14	15	16
Chicken Alfredo w/ Garlic Breadstick or Grape Uncrustable w/ Cheese Stick & Chips Green Beans Fresh Veggie Cup w/ Ranch	Steak Nuggets w/ Roll or Ham & Cheese Sandwich w/ Chips Rice & Stewed Tomatoes Southern Style Black Eyed Peas	Chicken Tacos w/ Tortilla Chips or Turkey Wrap w/ Chips Lettuce Tomato and Salsa Mexican Rice Corn	Hamburger w/ Chips or Grape Uncrustable w/ Cheese Stick & Chips Fresh Baby Carrots w/ Ranch Lettuce & Tomato	Chicken Sandwich w/ Chips or Grape Uncrustable w/ Cheese Stick & Chips Broccoli w/ Cheese Sauce Curly Fries
19	20	21	22	23
Holiday	Holiday	Holiday	Chicken Nuggets w/ Roll or Grape Uncrustable w/ Cheese Stick & Chips Fresh Broccoli w/ Ranch Mashed Potatoes	Ham & Cheese Sandwich w/ Chips or Grape Uncrustable w/ Cheese Stick & Chips Fresh Carrot Sticks
26	27	28	29	1
Chicken Tenders w/ Roll or Grape Uncrustable w/ Cheese Stick & Chips Mashed Potatoes Baby Limas	Corn Dog Nuggets or Ham & Cheese Sandwich w/ Chips Mac & Cheese Baked Beans Fresh Baby Carrots w/ Ranch	Spaghetti w/ Meat Sauce w/ Garlic Breadstick or Grab & Go Cereal Bag Green Beans Side Salad w/ Ranch	Rib Sandwich w/ Chips or Turkey Wrap w/ Chips Cucumber & Tomato Cup w/ Ranch Corn on the Cob	Cheeseburger Macaroni or Ham & Cheese Sandwich w/ Chips Fresh Broccoli Cup w/ Ranch Side Salad w/ Ranch

A Variety of Milk, Fruit & Juice Available Daily