




# What's on the Menu?

Rochester Community Schools  
High School Menu  
February 19-23, 2024

**Allergy Alert:** New Manufacturer Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls CONTAIN WHEAT, SOY AND SESAME

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.  
A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.  
\*This institution is an equal opportunity employer.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AMERICAN CLASSICS</b>	<i>Available Daily: Favorite comfort foods and international flavors served your way</i>				
	Midwinter Recess No School	Midwinter Recess No School	Brunch for Lunch  WG French Toast w/ Syrup Scrambled Eggs or Turkey Sausage Patty and Tater Tots  Homemade Apple Crisp	Popcorn Chicken Bowl WG Breadstick  Mash Potato w/ Savory Gravy Seasoned Corn Shredded Cheddar  Fresh Scallions	 Cheese Stuffed Shell Whole Grain Pasta Spaghetti Sauce Italian Roasted Vegetables WG Dinner Roll Roma Cheese Blend Fresh Basil
<b>grilled</b>	<i>Available Daily: Chicken Patty Sandwiches and Classic Hamburgers</i>				
			Mini Corn Dog Nuggets  Tater Tots	Grilled Cheese Sandwich  Sweet Potato Fries	Vegetable Muffaletta  Potato Wedges
	<i>Available Daily: Classic Whole Grain Cheese Pizza</i>				
			Bosco Sticks w/ Pizza Dipping Sauce	Pepperoni Pizza	Sausage Pizza
<b>ON THE GO</b>	<i>Available Daily: Made fresh to go</i>				
			Fresh Deli Sandwich	Fresh Deli Sandwich	Fresh Deli Sandwich
		Fruit and Yogurt Parfait with Homemade Granola	Fruit and Yogurt Parfait with Homemade Granola	Fruit and Yogurt Parfait with Homemade Granola	
<b>extra. extra</b>	<i>Available Daily: Cold fruit and vegetable bar, featuring fresh seasonal produce including local items</i>				
			Romaine and Spinach Salad Cherry Tomatoes Baby Carrots Seasonal Fresh Fruit	Romaine and Spinach Salad Red Pepper Strips Baby Carrots Chilled Pineapple	Power Peas Red Pepper Strips Baby Carrots Chilled Pineapple



**Questions?** Food Service Office 248-726-4618  
Food Service Director Marsha Dziewit  
Assistant Directors Tamara Brazelton and Marci Flaherty  
\*Make Checks Payable to RCS Foodservice.



