

What's on the Menu?

Rochester Community Schools

Middle School Menu

February 19-23, 2024








Allergy Alert: New Manufacturer Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls CONTAIN WHEAT, SOY AND SESAME

A full student lunch includes a choice of entrée supplying protein and grain,

2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.

A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

*This institution is an equal opportunity employer.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Available Daily: Favorite comfort foods and international flavors served your way</i>				
	Midwinter Recess No School	Midwinter Recess No School	Brunch for Lunch  WG French Toast w/ Syrup Scrambled Eggs or Turkey Sausage Patty and Tater Tots Homemade Apple Crisp	Popcorn Chicken Bowl WG Breadstick Seasoned Corn Mash Potato w/ Savory Gravy Fresh Scallions	 Enriched Rotini Pasta with Alfredo and Diced Chicken Green Beans WG Breadstick Roma Cheese Blend
	<i>Available Daily: Chicken Patty Sandwiches and Classic Hamburgers</i>				
			Mini Corn Dog Nuggets Tater Tots	Grilled Cheese Sandwich Sweet Potato Tots	Cheese Sticks w/ Marinara Potato Wedges
	<i>Available Daily: Classic Whole Grain Cheese Pizza</i>				
			Bosco Sticks w/ Pizza Dipping Sauce	Pepperoni Pizza	Sausage Pizza
	<i>Available Daily: Made fresh and ready to grab and go.</i>				
			Deli Sandwich	Deli Sandwich	Deli Sandwich
			Fruit and Yogurt Parfait with Homemade Granola	Fruit and Yogurt Parfait with Homemade Granola	Fruit and Yogurt Parfait with Homemade Granola
	<i>Available Daily: Cold fruit and vegetable bar, featuring fresh apples, oranges and seasonal produce including local items</i>				
			Romaine and Spinach Salad Cherry Tomatoes Baby Carrots Seasonal Fresh Fruit	Romaine and Spinach Salad Red Pepper Strips Baby Carrots Chilled Pineapple	Power Peas Red Pepper Strips Baby Carrots Chilled Pineapple



Questions? Food Service Office 248-726-4618
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*Make Checks Payable to RCS Foodservice.



