ROCKFORD HIGH SCHOOL IB WORLD SCHOOL







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September 22nd, 2023

Greetings RHS Families,

FOR A QUICK, EASY TO READ VERSION CLICK HERE.

Happy Homecoming Week! It has been a blast seeing many of our students participate in themed dress up days, home sporting events, and we look forward to the game and dance! Construction continues on County Road 50 in front of the high school. If you're coming from the east on 50, you'll enter the student parking lot as normal. If you're coming from the west, you'll have to drive to Dogwood Street (County Road 92) or Vernon Street to access County Road 50 past the closure. Please also be advised that there will be no through drive between the student/RCC lot and the staff lot (alongside the RCC fieldhouse). We do expect some delays in the first couple of days as students get used to these detours, but please plan accordingly.

It's hard to believe that next week is the last week of September! As we move further into fall, please remind your children to develop good organization and approaches to academics, create meaningful goals, and practice sustainable habits. I hope you have a great weekend. Go Rockets!

Sincerely,

Paul Menard Principal



RHS PARENT/COMMUNITY NEWS



Attention:

During the 2023 Minnesota Legislative Session, lawmakers signed into law the Free School Meals program for students beginning in the 2023-2024 school

year.



All students will be eligible for one reimbursable breakfast and one reimbursable lunch per day free of charge. This is only for their first meal for breakfast and for lunch. A la Carte and anything extra still will add to your balance due.

Meal Prices for 2023-24 Breakfast

• Adult/Second full Student Meal: \$2.25

Lunch

• Adult/Second full Student Meal: \$4.95

Milk \$0.60

Application for Educational Benefits

If you haven't already done so, please take a moment to fill out this <u>FORM</u>. Our school also receives state funding for technology based on qualifying families! For more information or a Spanish version, click <u>HERE</u>.

SUICIDE PREVENTION MONTH:

September is National Suicide Prevention Awareness Month. While Suicide prevention is important to address year-round, this is a dedicated time for people, organizations, and communities to raise their voices to broadcast the message that suicide can be prevented, and healing is possible.



In recognition of this month, check out Change to Chill's <u>suicide prevention</u> <u>resources</u>. We are also providing an additional list of <u>local crisis numbers</u> available to everyone.

HELPFUL RESOURCES:

National Crisis Line

• (988) Available 24/7 via call or text to provide support.

Minnesota Residents

• Text "MN" to 741741 to speak with a trained professional confidentially.

Yearbook Information

It's <u>YEARBOOK TIME!</u> Below is the ordering information for the 2023/2024 Rockford High School Yearbook!



9th GRADE to SENIORS!

Yearbook orders can be placed HERE.

The current price is \$60 with an additional charge for icons. The price increases to \$65 on **November 6** so order your student(s) a yearbook now to save money!

SENIORS!!!!

Senior Pictures can be submitted using this link HERE.

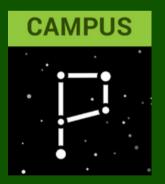
The deadline is **February 11, 2024 at 11:59pm!** (Chrome is the recommended browser to use when submitting photos.)

Student Recognition Ads/Baby Ads are to be submitted using this link <u>HERE</u> and scroll down to Yearbook Ads.

Deadline is **February 11, 2024 at 11:59pm**! (Chrome is the recommended browser to use when submitting photos.)

Please contact Stephanie O'Neal Sauer at sauers@rockford.k12.mn.us with any questions!"

Parent Portal Update



It is very important to ensure the school district has current household and contact information for all students. Please be sure to log in to your Parent Portal account to complete the Annual Update.

The online update will replace the emergency forms you have received in the past. Keeping household information updated will help families stay connected an be informed of upcoming events, and will ensure you receive information regarding any important announcements.

To complete the annual update, please do the following:

- 1. Log in to your Parent Portal Account
- 2. Select "More"
- 3. Select "Online Registration
- 4. Select "23-24 School Year Annual Update for Existing Students"

The information that is in our system will auto-populate for parents to review or update. Please be sure to submit your annual update as soon as possible. If you have any questions, please contact Christa Larson at larsonchrista@rockford.k12.mn.us or 763-477-9165.

Road Closure for Construction Project

Reminder to Parents and Students:

The Rebecca Park Trail Road Closure is ongoing this week.

As this continues we would like to remind everyone that the road connecting RHS and RCC is closed to all traffic, excluding any construction vehicles.

There are official construction road closure barricades on this road and in addition to these barricades we have our own barricades set up on campus that is an indication that there is closure to vehicular traffic, and NOT a challenge issued to go around it.

It is a privilege to be able to both park on campus and pick up on campus. If we continue to see cars driving around barriers and onto sidewalks and grass, parking and pick up privileges can and will be revoked for both students AND parents.

Our students and staffs safety is our top priority. We appreciate your cooperation while this construction project is ongoing.

Indigenous Education For All Needs <u>Assessment</u>

Indigenous Education for All (IEFA) is new legislation that will educate all students in Minnesota about the 11 Tribal Nations with whom we have geography in common. MDE is gathering feedback from students, (including former students), parents, educators, community leaders (including elders) and residents of Minnesota. The Indigenous Education for All Needs Assessment Survey will be open until September 22.

Information gathered from this survey will inform the legislature and MDE about your needs to implement Indigenous Education for All. We would also like to hear how we can support the work to implement Indigenous Education for All to better serve each student in Minnesota schools.

If you have any questions regarding this survey or Indigenous Education for All, please contact Indigenous.Education.For.All.MDE@state.mn.us.

Prom Fundraising



PROM FUNDRAISERS!
Save the Dates - Sunday,
Oct. 8th and Sunday,
March 3rd

Join the Class of 2025
Rockford Prom Committee at Billy's for Man Cave/ Purse Bingo!
Doors open at 10:00 am and Bingo starts at 11:00 am.
All Proceeds go to Prom 2024!
Not an ISD 883 Sponsored Event

Taher is Hiring!

To Apply, go to:

bit.ly/RockfordHero



2023 HOMECOMING ROYALTY



2023 HOMECOMING ROYALTY WINNERS ARE.....



LILY QUALLE
AND PARKER
BODE!

CONGRATULATIONS!



HOMECOMING WEEK! NIKE



