# Navigating Friendships at Primary School

with Naomi Bartholomew, Headmistress, Dr. Angharad Rudkin, Child Clinical Psychologist and author of 'Find your Girl Squad,

Wendy Gibbs, Deputy Head and at St Catherine's Prep School







### How to help your child in the early school years

- Practise friendship skills
- Encourage empathy
- Try to hang back when managing disputes
- Help your child name their feelings
- Talk through some 'opening lines' together
- Model friendship skills
- Read stories about friendships







## Forging positive friendships

- How can you help if things go wrong
- To have a friend you need to be a friend
- Opportunities to try different skills









#### Strategies used in school

- Place to be
- Place to talk
- T-A-G
- Playground ambassadors











# **Jigsaw Curriculum**

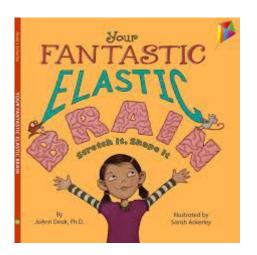
- Happy and secure friendships
- Ways of making friends
- Choosing friends
- Online friendships
- Characteristics of friendships
- Welcoming friendships
- When an offer of friendship is rejected
- Working through problems
- Trust and friendship
- Unsafe friendships









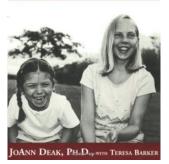




"Girls Will Be Girls offers parents humor, understanding, parenting philosophy, and well-founded pearls of wisdom. It is a satisfying and delicious read."
—Michael G. Thompson, Ph.D., coauthor of Resiring Cain

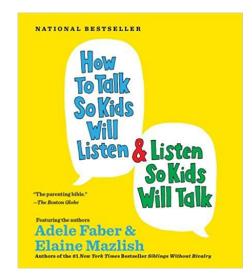
girls will be girls

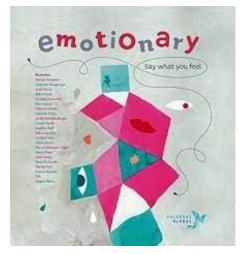
Raising Confident and Courageous Daughters











#### Next School Matters Webinar:

Tuesday 27<sup>th</sup> February, 7:30 p.m.

PTA lecture: Clare Luther

How to support younger children when discussing 'big emotions.'

#### Thursday 14th March at 11am

Supporting a Dyslexic Learner with Naomi Bartholomew, Headmistress, Christine Birch, specialist assessor and Rebecca Mudde, Head of Academic Mentoring

