

# Conejos Connections February 2024, Issue #36

5401 Homestead Dr NW Albuquerque, NM 87120505-897-5174 @ChamizaConejos on Twitter

Principal - Mrs. Heidi Dudley Dean of Students - Mrs. Christine Aguilar

## AIM - Accept. Identify. Move.

Families are children's first teachers and essential to promoting social and emotional learning (SEL) throughout a child's life. When educators and families work together, they can build strong connections with each other that reinforce social and emotional skills developed in the home, in schools, and in their communities. We have begun reviewing all six components of the AIMs strategies with students - Acceptance, Defusion, Self-As-Context, Present Moment, Committed Action, and Values. Ask your student which one has had the most impact on themselves.

## Community Educational Involvement

Science Fair will be canceled this year - Unfortunately we did not get enough volunteers to ensure its success

Student Emcees Wanted! - Are you an engaging speaker ready to represent the APS Student Body at Gold Bar 2024, on Friday, April 19, 2024, at Sandia Resort & Casino? Submit an audition video to be considered. Submissions must be received no later than Thursday, February 8, 2024. Live auditions will be on Thursday, February 22, 2024. For more information, contact Val Burch @ [valerie.burch@aps.edu](mailto:valerie.burch@aps.edu) Link to apply and upload Audition Video!

<https://apseducationfoundation.formstack.com/forms/goldbaremcee>

Yearbook Pictures - To help support the organization of pictures to be considered for the yearbook, please upload any pictures you have from the 1st semester of the school year no later than next Thursday, February 8th. The password is Chamiza23-24

<https://books.yearbooks.me/cg/wm7efgqxr5ac5eps9pdhmktgyberktgea>



## Thoughts from the Principal

Happy February Chamiza!

I'm so excited for February! Why, you might wonder? Random Acts of Kindness Week of course! February 11th through February 17th is National Random Acts of Kindness Week. This special week provides us with an opportunity not only to acknowledge but also to reflect on the incredible acts of kindness that impact our lives. There are so many ways to spread kindness. A few examples are:

- Call a friend that you haven't spoken to for a while.
- Send a letter to a grandparent.
- Send flowers to a friend.
- Offer to pick up some groceries for your elderly neighbor.
- Send someone a handwritten note.
- Offer to babysit for a friend.
- Walk your friend's dog.

Kindness is something that we all can do and something that we all love to receive. What ways will you celebrate kindness this month?

Next week, February 5th through the 9th, we have a Chamiza Attendance Spirit Week! From Mustaches to Wild Hair or Tacky Socks - it's going to be a fun time! Make sure to be at school all week to join in on the fun!

~Principal Dudley

## Upcoming Calendar Events

1/16-3/16 - Access Testing Window  
2/5-2/9 Attendance Spirit Week  
2/8- PTA Meeting 6:30 p.m.  
2/11-2/17 - Kindness Week  
2/16- Staff PD Day - No school for students  
2/19- President's Day - No school  
2/20- Instructional Council 3:25p.m.-4:25p.m.

## Chamiza Mission Statement

At Chamiza Elementary, our mission is to instill the love of learning to create lifelong learners who are academically, socially, and emotionally strong and who know how to advocate for themselves. We achieve this through purposeful communication, consistent teaching, and providing life experiences that help our students grow.