



**Jericho
Public
Schools**



February 2024

Jericho High School & Middle School Lunch Menu

MON	TUES	WED	THURS	FRI
*LTO Thai Chicken Noodle Bowl Spicy noodle bowl with chicken poppers, roasted vegetables over yakisoba noodles & topped with sweet chili lime sauce LTO = Limited Time Offering				
			WG Chicken Corn Dogs ¹ served with dipping sauces Garlicky Green Beans Grapefruit	National Tater Tot Day ² Tater Tot Chicken or Bean(V) Nachos (seasoned chicken and/or beans, cheddar cheese) Kickin Pinto Beans Orange Wedges
BBQ Chicken Sandwich ⁵ on a WG roll Vegetarian Beans Mixed Berry Cup	Homemade Mac & Cheese ⁶ with WG Pretzel Rod Steamed Zucchini Honey Dew Melon	WG Dutch Waffle ⁷ Chicken Sausages Baked Tater Tots Red Delicious Apple	Pulled Pork Barbacoa ⁸ Quesadilla(pulled pork and cheddar cheese) Roasted Potatoes Orange Wedges	National Pizza Day ⁹ Homemade Cheese Pizza Bagels Romaine Caesar Salad Apple Slices
Grilled 3 Cheese Sandwich ¹² (cheddar, American & swiss) Baked Curly Fries Apple Slices	*LTO* ¹³ General Tso's Chicken Fluffy Brown Rice Steamed Broccoli Cantaloupe	*LTO* ¹⁴ WG Cinnamon French Toast Sticks served w/ syrup Chicken Sausage Patties Baked Tater Tots Anjou Pear	*LTO* ¹⁵ Spicy Beef Tzatziki Gyro(B) (flatbread with beef crumbles, feta and tzatziki sauce) Seasoned Potatoes Red Delicious Apple	*LTO* ¹⁶ Max Pizza Sticks with Marinara Sauce Garbanzo Bean Salad Baby Carrots Orange Wedges
No School ¹⁹	No School ²⁰	No School ²¹	No School ²²	No School ²³
BBQ Chicken Sandwich ²⁶ On a WG roll Seasoned Corn Applesauce Cup	Burrito Bowl ²⁷ (Choice of chicken, rice, cheddar, salsa & sour cream) Seasoned Black Beans Strawberries	WG Pancakes ²⁸ served with syrup Egg Patties Baked Tater Tots Green Grapes	WG Penne Paste with ²⁹ Bolognese Sauce(B) (beef meat sauce) Steamed Broccoli Orange Wedges	

Menus are subject to change.

Daily Lunch Offerings:

- Nacho Bar**New** (HS)
- Burritos-(HS)
- Hummus w/pita & asst. fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- Bagel w/2 String Cheese
- Entrée salads served with a WG dinner roll(s).
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Grilled Cheese
- Hamburger/Cheeseburger
- Spicy Chicken Patty

Student Lunch \$3.15

Adult Lunch \$5.50

Powering potential.

Indicates a Fresh Produce

Denotes item prepared from scratch or speed scratch

Available Daily:

Fresh Fruits & Vegetables: Apples, Oranges, Baby Carrots , Celery Sticks, Cucumbers, Cherry Tomatoes
 Assorted Drinks: 100% Apple Juice, 100% Tropical Punch, 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk
Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
WG denotes Whole Grain rich products

All Lunches Must
 Include Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk

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 STUDENT
 NUTRITION

This institution is an equal opportunity provider.