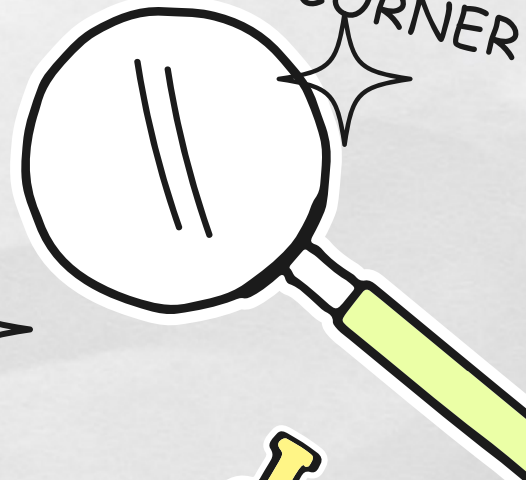


MONTHLY NEWSLETTER - FEB 2024

MS. MUIR'S
COUNSELOR CORNER



College-Bound Seniors

*Stay on top of your classes! A weak senior year is a red flag for admissions officers.

*Tie up loose ends (have you completed your applications? Monitor & respond to any important communication.)

*Did you complete/submit your FAFSA?

*Continue to apply for scholarships.

*Update your resume and volunteerism portfolio.

*Begin working on skills you'll need in college (laundry; housecleaning; cooking; crafting a budget).



Junior "To Do" list if considering college after high school:

*Register to take the SAT this Spring (www.collegeboard.org).

While most schools are "test optional," there are a few reasons why you should have scores just in case! (See me for more info.)

*Consider your current teachers as potential letters of recommendation writers for you.

*Step up your hours, commitment, and impact in the activities you are currently doing.

*Create a starter college list (See me for help!)

*Focus on doing well in your classes.

Community Resource

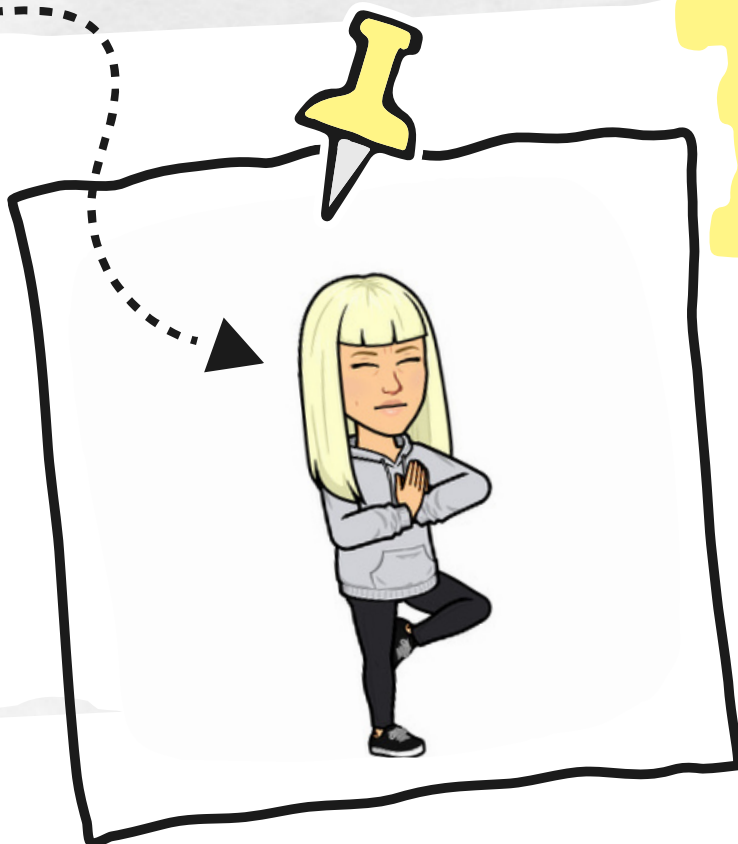
Work Source

A statewide partnership of state, local and nonprofit agencies that provides an array of employment and training services to job seekers and employers in Washington.

815 N Kellogg St., Suite D,
Kennewick
(509) 734-5900



MENTAL HEALTH TIP OF THE MONTH



The Power of Saying No
Feeling confident in saying "no" can help people set clear and consistent boundaries in their relationships. It also helps you create time & energy for self-care activities you would otherwise not have time for.

Need to Make an Appt?
calendly.com/ms_muir_counselor