

February 2024



Monday	Tuesday	Wednesday	Thursday	Friday
01/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
			Crunch Bar Cinnamon Toast Bar 2 oz Fruit Juice 1/2 c Apple 1/2 c	Breakfast Bread WG Blueberry Bread 2 oz Pear 1/2 c Applesauce 1/2 c
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Cereal Cheerios 1 oz String Cheese 1 oz Apple 1/2 c Fruit Cup 1/2 c	Sweet Cinnamon Waffle Snackn' Waffle 2 oz Clementines 1/2 c Craisins 1/2 c	Donut WG Donut 2 oz Applesauce 1/2 c Banana 1/2 c	Pancake Bites WG Pancake Breeding 1 oz Turkey Sausage 1 oz Fruit Juice 1/2 c Apple 1/2 c	Yogurt Parfait WG Granola 1 oz Yogurt Cup 1 oz Pear 1/2 c Applesauce 1/2 c
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Cereal Cheerios 1 oz String Cheese 1 oz Apple 1/2 c Fruit Cup 1/2 c	Crunch Bar Cinnamon Toast Bar 2 oz Clementines 1/2 c Craisins 1/2 c	Oatmeal Round WG Oatmeal Round 2 oz Applesauce 1/2 c Banana 1/2 c	Breakfast Nachos WG Tortillas 2 oz Fiesta Scramble 1 oz Fruit Juice 1/2 c Apple 1/2 c	Breakfast Bread WG Blueberry Bread 2 oz Pear 1/2 c Applesauce 1/2 c
02/19/2024	02/20/2024	02/21/2024	02/22/2024	02/23/2024
	Egg & Cheese Bagel WG Bagel 1 oz Egg & Cheese 1 oz Clementines 1/2 c Craisins 1/2 c	Donut WG Donut 2 oz Applesauce 1/2 c Banana 1/2 c	French Toast French Toast 2 oz Fruit Juice 1/2 c Apple 1/2 c	Yogurt Parfait WG Granola 1 oz Yogurt Cup 1 oz Pear 1/2 c Applesauce 1/2 c
02/26/2024	02/27/2024	02/28/2024	02/29/2024	03/1/2024
Cereal Frosted Corn Flakes 1 oz String Cheese 1 oz Apple 1/2 c Fruit Cup 1/2 c	Egg Bites WG Cornbread Muffin 1 oz Egg Bites 1.5 oz Clementines 1/2 c Craisins 1/2 c	Oatmeal Round WG Oatmeal Round 2 oz Applesauce 1/2 c Banana 1/2 c	Frudel Flavored Frudle 2 oz Fruit Juice 1/2 c Apple 1/2 c	

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February 2024



Monday	Tuesday	Wednesday	Thursday	Friday
01/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
			Yogurt Pafait WG Granola 1 oz Yogurt Cup 1 oz Orange Wedges 1/2 c	Breakfast Bread WG Blueberry Bread 2 oz Pear 1/2 c
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Cereal Cheerios 1 oz String Cheese 1 oz Fruit Cup 1/2 c	Sweet Cinnamon Waffle Snackn' Waffle 2 oz Apple Slices 1/2 c	English Muffin English Muffin 1 oz Hard Boiled Egg 1 oz Applesauce 1/2 c	Pancake Bites WG Pancake Breeding 1 oz Turkey Sausage 1 oz Orange Wedges 1/2 c	Yogurt Parfait WG Granola 1 oz Yogurt Cup 1 oz Pear 1/2 c
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Cereal Cheerios 1 oz Fruit Cup 1/2 c	Bagel & Cream Cheese WG Bagel 2 oz Cream Cheese Apple Slices 1/2 c	Muffin WG Muffin 1 oz Hard Boiled Egg 1 oz Applesauce 1/2 c	Breakfast Nachos WG Tortillas 2 oz Fiesta Scramble 1 oz Orange Wedges 1/2 c	Breakfast Bread WG Blueberry Bread 2 oz Pear 1/2 c
02/19/2024	02/20/2024	02/21/2024	02/22/2024	02/23/2024
	Egg & Cheese Bagel WG Bagel 1 oz Egg & Cheese 1 oz Apple Slices 1/2 c	English Muffin English Muffin 1 oz Hard Boiled Egg 1 oz Applesauce 1/2 c	French Toast French Toast 2 oz Orange Wedges 1/2 c	Yogurt Parfait WG Granola 1 oz Yogurt Cup 1 oz Pear 1/2 c
02/26/2024	02/27/2024	02/28/2024	02/29/2024	03/1/2024
Cereal Frosted Corn Flakes 1 oz Fruit Cup 1/2 c	Egg Bites WG Cornbread Muffin 1 oz Egg Bites 1.5 oz Apple Slices 1/2 c	Muffin WG Muffin 1 oz Hard Boiled Egg 1 oz Applesauce 1/2 c	Yogurt Pafait WG Granola 1 oz Yogurt Cup 1 oz Orange Wedges 1/2 c	

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February 2024



Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
01/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
			Teriyaki Chicken Teriyaki Ginger Drumstick 2 oz WG Dinner Roll 2 oz Edamame 3/4 c Applesauce 1/2 c	Hamburger WG Hamburger Bun 2 oz Beef Patty 2 oz Tater Tots 3/4 c Pear 1/2 c
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Chicken Nuggets WG Breading, WG Herb Crackers 2 oz Chicken Nuggets 2 oz Baby Carrots 3/4 c Applesauce Cup 1/2 c	Tacos WG Tortilla 2 oz Beef Crumble 2 oz Corn 3/4 c Orange Juice 1/2 c	Ravioli w/ Marinara WG Breading 2 oz Cheese Filling 2 oz Broccoli 3/4 c Banana 1/2 c	Cheezy Breadsticks WG Crust 2 oz Cheese 2 oz Celery Sticks 3/4 c Clementines 1/2 c	Philly Cheesesteak WG Hoagie Bun Beef & Cheese 2 oz Lemon Chickpea Salad 3/4 c Pear 1/2 c
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Buffalo Boneless Wings WG Breading, WG Herb Crackers 2 oz Popcorn Chicken 2 oz Celery Sticks & Baby Carrots 3/4 c Applesauce Cup 1/2 c	Jambalaya White Rice 2 oz Diced Chicken 2 oz Seasoned Greens 3/4 c Orange Juice 1/2 c	Box Lunch WG Sandwich Bread 2 oz, Turkey Ham / Cheese 2 oz Red Bell Peppers 3/4 c Banana 1/2 c Red Velvet Cookie 1 oz	Cheeseburger Meatloaf WG Texas Toast 2 oz Meatloaf 2 oz Seasoned Potatoes 3/4 c Clementines 1/2 c	Pizza Boli WG Breading 2 oz Cheese 2 oz Lemon Chickpea Salad 3/4 c Pear 1/2 c
02/19/2024	02/20/2024	02/21/2024	02/22/2024	02/23/2024
	Hot Dog WG Hot Dog Bun 2 oz Turkey Hot Dog 2 oz Pickles 3/4 c Orange Juice 1/2 c	Gyro Pita 2 oz Gyro Meat 2 oz Tomato Wedges 3/4 c Banana 1/2 c	Chicken Sandwich WG Burger Bun, Breading 2 oz WG Breaded Chicken Patty 2 oz Tater Tots 3/4 c Clementines 1/2 c	Alfredo Tortellini WG Pasta 2 oz Tortellini, Cheese Sauce 2 oz Broccoli 3/4 c Pear 1/2 c
02/26/2024	02/27/2024	02/28/2024	02/29/2024	03/1/2024
Orange Chicken White Rice, WG Breading 2 oz Popcorn Chicken 2 oz Edamame 3/4 c Applesauce Cup 1/2 c	Beef Fiestada WG Breading 2 oz Beef & Cheese 2 oz Red Bell Peppers 3/4 c Orange Juice 1/2 c	Turkey Sausage Pizza WG Crust 2 oz Turkey Sausage, Cheese 2 oz Mixed Greens 2 oz Banana 1/2 c	Smothered Chicken WG Okra, WG Cornbread 2 oz Chicken Patty 2 oz Southern Succotash 3/4 c Applesauce Cup 1/2 c	

February 2024



Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
01/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
			Teriyaki Chicken WG Dinner Roll 2 oz, Teriyaki Ginger Chicken Drumstick 2 oz Bagel Day WG Bagel 2oz, Yogurt Cup / Wowbutter 2 oz, Cream Cheese Edamame 3/4 c Applesauce 1/2 c	Hamburger WG Hamburger Bun 2 oz, Beef Patty 2 oz Ranch Chicken Wrap WG Tortilla 2 oz, Diced Chicken 2 oz Tater Tots 3/4 c Pear 1/2 c
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Chicken Nuggets WG Breading/ WG Crackers 2 oz, Chicken Nuggets 2 oz Protein Kit WG Veggie Crackers 2 oz, Turkey Coins / Crackers Cheese Slices 2 oz Baby Carrots 3/4 c Applesauce Cup 1/2 c	Tacos WG Tortillas 2 oz, Beef Crumble 2 oz Creamy Pasta Salad WG Pasta 2 oz, Shredded Cheese 2 oz Corn 3/4 c Orange Juice 1/2 c	Ravioli w/ Marinara WG Breading 2 oz, Cheese 2 oz Salad w/ Chicken Crunchy Corn / WG Crackers 2 oz, Diced Chicken & Cheese 2 oz Broccoli 3/4 c Banana 1/2 c	Cheezy Breadsticks WG Crust 2 oz, Cheese 2 oz Pizza Bagel WG Bagel 2 oz, Shredded Cheese / Turkey Pepperoni 2 oz, Marinara Cup Celery Sticks 3/4 c Clementines 1/2 c	Philly Cheesesteak WG Hoagie 2 oz, Beef & Cheese 2 oz Grilled Cheese WG Sandwich Bread 2 oz, Cheese 2 oz Lemon Chickpea Salad 3/4 c Pear 1/2 c
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Buffalo Boneless Wings WG Breading / WG Crackers 2 oz, Popcorn Chicken 2 oz Yogurt Kit WG Granola / Wheat Crackers 2 oz, Yogurt Cup / String Cheese 2 oz Celery Sticks & Baby Carrots 3/4 c Applesauce Cup 1/2 c	Jambalaya White Rice 2 oz, Diced Chicken 2 oz Red Beans & Rice White Rice 2 oz, Red Beans 2 oz Seasoned Greens 3/4 c Orange Juice 1/2 c	Box Lunch WG Sandwich Bread 2 oz, Turkey Ham / Cheese 2 oz Red Velvet Cookie 1 oz Red Bell Peppers 3/4 c Banana 1/2 c	Chesseburger Meatloaf WG Texas Toast 2 oz, Meatloaf 2 oz Mac & Cheese WG Pasta 2 oz, Cheese Sauce / Shredded Cheese 2 oz Seasoned Potatoes 3/4 c Clementines 1/2 c	Pizza Boli WG Breading 2 oz, Cheese 2 oz Jerk Chicken Wrap WG Tortilla 2 oz, Diced Chicken 2 oz Lemon Chickpea Salad 3/4 c Pear 1/2 c
02/19/2024	02/20/2024	02/21/2024	02/22/2024	02/23/2024
	Hot Dog WG Hot Dog Bun 2 oz, Turkey Hot Dog 2oz Pizza Boli WG Breading 2 oz, Cheese oz Pickles 3/4 c Orange Juice 1/2 c	Gyro Pita 1.5 oz, Gyro Meat 2 oz Salad w/ Chicken Crunchy Corn / WG Crackers 2 oz, Diced Chicken & Cheese 2 oz Tomato Wedges 3/4 c Banana 1/2 c	Chicken Sandwich WG Burger Bun 2 oz, WG Breaded Chicken Patty 2 oz Pizza Bagel WG Bagel 2 oz, Shredded Cheese / Turkey Pepperoni 2 oz, Marinara Cup Tater Tots 3/4 c Clementines 1/2 c	Alfredo Tortellini WG Pasta 2 oz, Tortellini / Cheese Sauce 2 oz Chicken Caesar Wrap WG Tortilla 2 oz, Diced Chicken 2 oz Broccoli 3/4 c Pear 1/2 c
02/26/2024	02/27/2024	02/28/2024	02/29/2024	03/1/2024
Orange Chicken White Rice, WG Breading 2 oz, Popcorn Chicken 2 oz Cranberry Chicken Salad Sandwich WG Croissant 2 oz, Cranberry Chicken Salad 2 oz Edamame 3/4 c Applesauce Cup 1/2 c	Beef Fiestada WG Breading 2 oz, Beef & Cheese oz Cheese & Chile Quesadilla WG Tortilla 2 oz, Cheese Filling 2 oz Red Bell Peppers 3/4 c Orange Juice 1/2 c	Turkey Sausage Pizza WG Crust 2 oz, Turkey Sausage/ Cheese 2 oz Cheese Pizza WG Crust 2 oz, Cheese 2 oz Mixed Greens 2 oz Banana 1/2 c	Smothered Chicken WG Okra, WG Cornbread 2 oz, Chicken Patty 2 oz Grilled Cheese WG Sandwich Bread 2 oz, Cheese 2 oz Southern Succotash 3/4 c Applesauce Cup 1/2 c	

February 2024



Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
01/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
			Teriyaki Chicken Teriyaki Ginger Drumstick 2 oz WG Dinner Roll 2 oz Red Bell Peppers 1/2 c Banana 1/2 c	Hamburger WG Hamburger Bun 2 oz Beef Patty 2 oz Tater Tots 1/2 c Apple Slices 1/2 c
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Chicken Nuggets WG Breading, WG Herb Crackers 2 oz Chicken Nuggets 2 oz Diced Carrots 1/2 c Applesauce Cup 1/2 c	Tacos WG Tortilla 2 oz Beef Crumble 2 oz Diced Tomatoes 1/2 c Fruit Cup 1/2 c	Ravioli w/ Marinara WG Breading 2 oz Cheese Filling 2 oz Broccoli 1/2 c Orange Wedges 1/2 c	Cheezy Breadsticks WG Crust 2 oz Cheese 2 oz Marinara Cup 1/2 c Banana 1/2 c	Philly Cheesesteak WG Hoagie Bun Beef & Cheese 2 oz Cauliflower 1/2 c Apple Slices 1/2 c
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Buffalo Boneless Wings WG Breading, WG Herb Crackers 2 oz Popcorn Chicken 2 oz Diced Celery 1/2 c Applesauce Cup 1/2 c	Jambalaya White Rice 2 oz Diced Chicken 2 oz Green Beans 1/2 c Fruit Cup 1/2 c	Box Lunch WG Sandwich Bread 2 oz, Turkey Ham / Cheese 2 oz Heart Shaped Pretzel 1 oz  Red Bell Peppers 1/2 c Orange Wedges 1/2 c	Cheeseburger Meatloaf WG Texas Toast 2 oz Meatloaf 2 oz Seasoned Potatoes 1/2 c Banana 1/2 c	Pizza Boli WG Breading 2 oz Cheese 2 oz Cucumber Slices 1/4 c Apple Slices 1/2 c
02/19/2024	02/20/2024	02/21/2024	02/22/2024	02/23/2024
	Hot Dog WG Hot Dog Bun 2 oz Turkey Hot Dog 2 oz Pickles 1/2 c Fruit Cup 1/2 c	Gyro Pita 2 oz Gyro Meat 2 oz Tomato Wedges 1/2 c Orange Wedges 1/2 c	Chicken Sandwich WG Burger Bun, Breading 2 oz WG Breaded Chicken Patty 2 oz Tater Tots 1/2 c Banana 1/2 c	Alfredo Tortellini WG Pasta 2 oz Tortellini, Cheese Sauce 2 oz Broccoli 1/2 c Apple Slices 1/2 c
02/26/2024	02/27/2024	02/28/2024	02/29/2024	03/1/2024
Orange Chicken White Rice, WG Breading 2 oz Popcorn Chicken 2 oz Broccoli 1/2 c Applesauce Cup 1/2 c	Beef Fiestada WG Breading 2 oz Beef & Cheese 2 oz Red Bell Peppers 1/2 c Fruit Cup 1/2 c	Turkey Sausage Pizza WG Crust 2 oz Turkey Sausage, Cheese 2 oz Mixed Greens 1/2 c Orange Wedges 1/2 c	Smothered Chicken WG Okra, WG Cornbread 2 oz Chicken Patty 2 oz Green Beans 1/2 c Banana 1/2 c	

February 2024



Snack

Monday	Tuesday	Wednesday	Thursday	Friday
01/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
			WG Muffin 1 oz 1% Milk 8 oz	Hummus Cup 1 oz Cucumber Slices 3/4 c
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
WG Granola Bites 1 oz 1% Milk 8 oz	Herb Crackers 1 oz Cracker Cheese Slices 1 oz	Hummus Cup 1 oz Cucumber Slices 3/4 c	Cobbers 1 oz Fruit Juice 6 oz	Honey Bunches 1 oz 1% Milk 8 oz
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
WG Educational Crackers 1 oz Chickpea Chocolate Dip 1 oz	WG Breakfast Bread 2 oz Yogurt 1 oz	Cheese Cup 2 oz WG Pretzels 1 oz	WG Muffin 1 oz 1% Milk 8 oz	Hummus Cup 1 oz Cucumber Slices 3/4 c
02/19/2024	02/20/2024	02/21/2024	02/22/2024	02/23/2024
	Celery Sticks 3/4 c Wowbutter Cup 1 oz	Herb Crackers 1 oz Cracker Cheese Slices 1 oz	Cheerios 1 oz 1% Milk 8 oz	Cobbers 1 oz Fruit Juice 6 oz
02/26/2024	02/27/2024	02/28/2024	02/29/2024	03/1/2024
WG Educational Crackers 1 oz Chickpea Chocolate Dip 1 oz	WG Breakfast Bread 2 oz Yogurt 1 oz	Cheese Cup 2 oz WG Pretzels 1 oz	WG Muffin 1 oz 1% Milk 8 oz	

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Menu Name:

Breakfast 1 Hot/1 Cold

Include Cost:

No

Site:

Report Style:

Detailed

Use Alternate Menu Name:

No

Thursday - 02/01/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991450 Bar, Cinn Toast Crunch, Soft - OKI	2BG	150	132	1.27	147	8	7	4.05	0.00	3	20.78	1.52	3.04	*N/A*	15.2	*N/A*	0.81
991453 Parfait, Yogurt, Vanilla - OKI	1BG, 1MMA	150	100	0.00	55	9	7	2.00	0.00	0	17.03	1.00	2.51	*N/A*	145.5	*N/A*	0.35
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			443	2.11	326	51	14	7.60	*0.00	12	78.46	*5.39	14.68	*545	*456.2	*42.10	1.44
% of Calories				4.29%		46.0%	12.6%	15.4%	*0.0%		70.8%		13.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/02/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990588 Taco, Breakfast, Fiesta - OKI	1 each	150	135	3.30	328	1	*N/A*	6.75	0.00	66	12.48	0.50	6.00	*N/A*	*103.5	*N/A*	*0.50
991677 Bread, Blueberry, WG, Slice - OKI	2BG	150	135	0.75	125	12	12	4.00	0.00	0	23.00	1.00	2.50	*N/A*	26.0	*N/A*	0.54

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			486	4.89	562	50	12	12.28	0.00	75	81.33	6.72	16.81	*481	*435.1	*6.45	*1.32
% of Calories				9.06%		41.2%	9.9%	22.7%	0.0%		66.9%		13.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 02/05/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Skillet, Colby Jack - OKI	1BG, 2MMA	150	100	2.50	210	0	0	5.25	0.00	82	7.98	0.00	5.00	*N/A*	*N/A*	*N/A*	*N/A*
991625 Cheerios, Honey, Bowlpack - OKI	1BG	150	55	0.00	85	3	3	0.75	0.00	0	11.00	1.00	1.50	*N/A*	*N/A*	*N/A*	*N/A*
990696 Cheese, String - OKI	1MMA	300	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	300	65	0.00	0	13	0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			450	7.34	604	41	3	13.54	*0.00	112	64.43	4.77	*20.83	*545	*500.9	*6.10	*0.43
% of Calories				14.68 %		36.4%	2.7%	27.1%	*0.0%		57.3%		*18.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 02/06/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991669 Waffle, WG, Cinn, Snackn - OKI	2BG	200	167	2.67	193	10	*N/A*	6.00	0.00	29	24.67	1.33	4.00	*N/A*	*N/A*	*N/A*	*N/A*
991059 Bagel, Cinnamon Raisin - OKI	2BG	100	57	0.00	94	2	*N/A*	0.34	0.00	0	12.41	1.01	1.68	*N/A*	16.8	*N/A*	0.67
990784 Cream Cheese, Cup - OKI	1	100	23	1.34	38	0	*N/A*	2.34	0.00	7	0.33	0.00	0.33	*N/A*	*N/A*	*N/A*	*N/A*
990646 Craisins - OKI	1/2c	300	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			517	4.82	435	62	0	10.22	0.00	46	93.94	7.00	15.06	*481	*305.1	*0.60	*0.70
% of Calories				8.39%		48.0%	0%	17.8%	0.0%		72.7%		11.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/07/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990637 Biscuits & Gravy - OKI	2oz	200	129	3.04	305	2	*N/A*	6.52	0.00	18	11.74	0.67	6.10	*N/A*	174.7	*N/A*	0.72
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	100	80	1.50	100	3	3	3.67	0.00	0	10.33	0.67	1.33	*N/A*	8.0	*N/A*	0.33
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			416	5.44	514	37	3	11.78	0.00	28	64.82	4.34	16.10	*530	479.9	*7.33	*1.29
% of Calories				11.77 %		35.6%	2.9%	25.5%	0.0%		62.3%		15.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/08/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990778 Bites, Pancake Sausage - OKI	1.5BG, 2MMA	150	128	0.45	293	6	*N/A*	2.50	0.00	14	18.50	2.00	8.50	*N/A*	35.0	*N/A*	1.50
990699 Egg, Hard Boiled, 1MMA - OKI	1MMA	150	35	0.75	28	0	*N/A*	2.50	0.00	85	0.50	0.00	3.00	*N/A*	11.5	*N/A*	0.50
991678 Muffin, Banana, WG, 2oz - OKI	1BG	150	80	0.50	70	8	8	2.25	0.00	0	13.50	0.50	1.50	*N/A*	3.5	*N/A*	0.50
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			454	2.55	514	49	8	8.79	*0.00	109	73.15	*5.37	22.13	*545	*345.5	*42.10	2.78
% of Calories				5.06%		43.2%	7.0%	17.4%	*0.0%		64.4%		19.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/09/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991553 Sandwich, BKF, EM, Egg - OKI	2BG, 1MMA	200	120	0.68	227	1	*N/A*	4.04	0.00	51	14.68	0.67	6.02	*N/A*	188.2	*N/A*	1.07
991694 Parfait, Yogurt, Cherry, Vanilla - OKI	1BG, 1MMA	100	67	0.00	37	6	1	1.33	0.00	0	11.33	0.67	1.67	*N/A*	*0.0	*N/A*	*0.23
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			403	1.52	373	44	1	6.90	0.00	60	71.86	6.55	16.00	*481	*493.8	*6.45	*1.58
% of Calories				3.39%		43.7%	1.0%	15.4%	0.0%		71.3%		15.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 02/12/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991551 Boli, Strawberry - OKI	2BG	150	125	1.25	160	8	7	3.00	0.00	2	21.00	1.00	3.00	*N/A*	13.5	*N/A*	0.50
991266 Cheerios, Bowlpack - OKI	1BG	150	50	0.00	70	0	*N/A*	1.00	0.00	0	10.50	1.50	2.00	*N/A*	40.0	*N/A*	4.50
990696 Cheese, String - OKI	1MMA	150	40	2.00	100	0	*N/A*	3.00	0.00	10	1.00	0.00	3.00	*N/A*	99.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	300	65	0.00	0	13	0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			430	4.10	439	45	7	8.54	*0.00	22	75.95	6.27	*16.33	*545	*455.4	*6.10	*5.43
% of Calories				8.58%		41.9%	6.5%	17.9%	*0.0%		70.7%		*15.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 02/13/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991450 Bar, Cinn Toast Crunch, Soft - OKI	2BG	150	132	1.27	147	8	7	4.05	0.00	3	20.78	1.52	3.04	*N/A*	15.2	*N/A*	0.81
990768 Bagel, WG, IW - OKI	2BG	150	75	0.00	135	2	*N/A*	0.50	0.00	0	14.50	1.50	2.50	*N/A*	15.0	*N/A*	0.90
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990646 Craisins - OKI	1/2c	300	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
990784 Cream Cheese, Cup - OKI	1	1	0	0.01	0	0	*N/A*	0.02	0.00	0	0.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			477	2.09	392	59	7	6.12	0.00	12	91.82	7.68	14.59	*481	*318.6	*0.60	*1.74
% of Calories				3.94%		49.5%	5.9%	11.5%	0.0%		77.0%		12.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/14/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991679 Croissant, Square, Egg & Cheese - OKI	2.5BG, 1.5MMA	150	173	3.63	340	4	2	7.78	0.00	59	19.01	2.00	6.77	*N/A*	162.2	*N/A*	0.90
991013 Bar, Round, Oatmeal, Apple Cinnamon - OKI	2BG	150	135	2.25	120	8	*N/A*	6.00	0.00	10	19.50	2.00	2.50	*N/A*	15.0	*N/A*	0.70
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			515	6.78	569	44	2	15.38	0.00	79	81.26	7.01	17.93	*530	474.4	*7.33	*1.84
% of Calories				11.85 %		34.2%	1.6%	26.9%	0.0%		63.1%		13.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/15/2024 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991548 Egg, Scramble, Fiesta - OKI	1MMA	200	64	1.81	166	1	*N/A*	3.91	0.00	47	3.56	0.36	3.56	*N/A*	73.6	*N/A*	0.36
990690 Chips, tortilla, WG, IW- OKI	2BG	200	133	0.67	107	0	*N/A*	4.67	0.00	0	19.33	2.00	2.00	*N/A*	26.7	*N/A*	0.40
991453 Parfait, Yogurt, Vanilla - OKI	1BG, 1MMA	100	67	0.00	37	6	5	1.33	0.00	0	11.36	0.67	1.67	*N/A*	97.0	*N/A*	0.23
991316 Juice, Orange - OKI	1/2c	150	30	0.00	8	6	*N/A*	0.00	0.00	0	6.50	*N/A*	0.50	*N/A*	*N/A*	18.00	0.05
990648 Apple, Fresh, 138CT, - OKI	1/2c	150	31	0.02	1	6	*N/A*	0.10	*N/A*	0	8.26	1.44	0.16	32	3.6	2.75	0.07
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			414	3.31	425	30	5	11.35	*0.00	56	60.13	*4.46	15.70	*513	*489.2	*21.35	1.14
% of Calories				7.20%		29.0%	4.8%	24.7%	*0.0%		58.1%		15.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/16/2024 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991718 Bowl, Pancake, Strawberry, WG - OKI	2BG	150	110	1.25	170	8	3	2.50	0.00	18	19.50	1.00	2.50	*N/A*	*N/A*	*N/A*	*N/A*
991677 Bread, Blueberry, WG, Slice - OKI	2BG	150	135	0.75	125	12	12	4.00	0.00	0	23.00	1.00	2.50	*N/A*	26.0	*N/A*	0.54
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			461	2.84	404	56	15	8.03	0.00	27	88.35	7.22	13.31	*481	*331.6	*6.45	*0.82
% of Calories				5.54%		48.6%	13.0%	15.7%	0.0%		76.7%		11.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 02/19/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991733 Frudel, Cherry, IW - OKI	2BG	150	100	0.25	135	5	4	2.50	0.00	0	19.00	1.00	2.50	*N/A*	0.0	*N/A*	0.80
991624 Cereal, Honey Bunches, Honey Crunch - OKI	1BG	150	56	0.00	38	3	3	0.76	0.00	0	11.64	1.01	1.01	*N/A*	*N/A*	*N/A*	*N/A*
990696 Cheese, String - OKI	1MMA	150	40	2.00	100	0	*N/A*	3.00	0.00	10	1.00	0.00	3.00	*N/A*	99.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	300	65	0.00	0	13	0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			411	3.10	382	45	7	7.80	*0.00	20	75.09	5.78	*14.84	*545	*401.9	*6.10	*1.23
% of Calories				6.79%		43.8%	6.8%	17.1%	*0.0%		73.1%		*14.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 02/20/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991654 Bagel, Breakfast, Egg, Cheese - OKI	1MMA, 1.25BG	150	90	1.50	190	3	0	3.00	0.00	28	11.50	1.00	4.50	20	100.0	*N/A*	0.65
991059 Bagel, Cinnamon Raisin - OKI	2BG	150	86	0.00	141	4	*N/A*	0.50	0.00	0	18.61	1.51	2.52	*N/A*	25.1	*N/A*	1.01
990784 Cream Cheese, Cup - OKI	1	150	35	2.00	58	1	*N/A*	3.51	0.00	10	0.50	0.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
990646 Craisins - OKI	1/2c	300	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			481	4.32	498	57	0	8.56	0.00	47	87.15	7.17	16.56	*501	*413.5	*0.60	*1.69
% of Calories				8.08%		47.4%	0%	16.0%	0.0%		72.5%		13.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/21/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Skillet, Colby Jack - OKI	1BG, 2MMA	200	133	3.33	280	1	0	7.00	0.00	110	10.65	0.00	6.66	*N/A*	*N/A*	*N/A*	*N/A*
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	100	80	1.50	100	3	3	3.67	0.00	0	10.33	0.67	1.33	*N/A*	8.0	*N/A*	0.33
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			420	5.73	488	36	3	12.26	0.00	120	63.73	3.68	16.66	*530	*305.2	*7.33	*0.57
% of Calories				12.28 %		34.3%	2.9%	26.3%	0.0%		60.7%		15.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/22/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991757 French Toast, Slice, Cinn, WG, Sunny Fresh - OKI	1.5BG, 1MMA	200	140	1.67	200	5	5	4.67	0.00	70	18.67	1.33	5.33	*N/A*	*N/A*	*N/A*	*N/A*
991678 Muffin, Banana, WG, 2oz - OKI	1BG	100	53	0.33	47	5	5	1.50	0.00	0	9.00	0.33	1.00	*N/A*	2.3	*N/A*	0.33
990699 Egg, Hard Boiled, 1MMA - OKI	1MMA	100	23	0.50	18	0	*N/A*	1.67	0.00	57	0.33	0.00	2.00	*N/A*	7.7	*N/A*	0.33
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			427	3.35	389	46	10	9.38	*0.00	136	68.65	*4.54	17.47	*545	*305.5	*42.10	*0.94
% of Calories				7.06%		43.1%	9.4%	19.8%	*0.0%		64.3%		16.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/23/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	200	133	1.67	200	5	*N/A*	3.33	0.00	0	22.00	1.33	2.67	*N/A*	113.3	*N/A*	1.33
990696 Cheese, String - OKI	1MMA	250	67	3.33	167	1	*N/A*	5.00	0.00	17	1.67	0.00	5.00	*N/A*	165.0	*N/A*	0.00
991694 Parfait, Yogurt, Cherry, Vanilla - OKI	1BG, 1MMA	100	67	0.00	37	6	1	1.33	0.00	0	11.33	0.67	1.67	*N/A*	*0.0	*N/A*	*0.23
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			483	5.84	512	49	1	11.20	0.00	26	80.85	7.22	17.64	*481	*583.9	*6.45	*1.85
% of Calories				10.88 %		40.6%	0.8%	20.9%	0.0%		67.0%		14.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

Monday - 02/26/2024		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
991309 Pancakes, Bacon, Turkey - OKI	2BG	250	217	1.67	742	6	*N/A*	10.00	0.00	34	22.50	1.67	11.67	*N/A*	*0.0	*N/A*	*0.33	
991698 Cereal, Flakes, Frosted - OKI	1BG	50	19	0.00	29	1	1	0.00	0.00	0	4.05	0.17	0.17	*N/A*	*N/A*	*N/A*	*N/A*	
990696 Cheese, String - OKI	1MMA	200	53	2.67	133	1	*N/A*	4.00	0.00	13	1.33	0.00	4.00	*N/A*	132.0	*N/A*	0.00	
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14	
991461 Fruit, Cups, Assorted - OKI	1/2c	300	65	0.00	0	13	0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25	
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00	
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03	
Weighted Daily Average			504	5.18	1013	44	1	15.54	*0.00	57	71.33	5.61	*24.17	*545	*434.9	*6.10	*0.76	
% of Calories				9.25%		34.9%	0.8%	27.8%	*0.0%		56.6%		*19.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 02/27/2024		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
991546 Muffin, Cornbread, IW, WG - OKI	1BG	150	75	0.25	45	5	5	2.50	0.00	8	11.51	0.00	1.50	*N/A*	10.5	*N/A*	0.50	
991060 Egg, Bites, Sunny Fresh- OKI	1.5MMA	150	60	1.24	94	0	*N/A*	4.48	0.00	65	1.49	0.50	2.98	*N/A*	*N/A*	*N/A*	*N/A*	
990768 Bagel, WG, IW - OKI	2BG	150	75	0.00	135	2	*N/A*	0.50	0.00	0	14.50	1.50	2.50	*N/A*	15.0	*N/A*	0.90	

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990784 Cream Cheese, Cup - OKI	1	150	35	2.00	58	1	*N/A*	3.51	0.00	10	0.50	0.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990646 Craisins - OKI	1/2c	300	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			515	4.31	442	57	5	12.53	0.00	92	84.54	6.66	16.53	*481	*313.9	*0.60	*1.43
% of Calories				7.53%		44.3%	3.9%	21.9%	0.0%		65.7%		12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/28/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991234 Biscuit, WG, Turkey Sausage - OKI	1BG, 1MMA	200	107	1.33	173	2	*N/A*	4.67	0.00	20	10.67	0.67	5.33	*N/A*	*84.0	*N/A*	*0.67
991013 Bar, Round, Oatmeal, Apple Cinnamon - OKI	2BG	100	90	1.50	80	5	*N/A*	4.00	0.00	7	13.00	1.33	1.67	*N/A*	10.0	*N/A*	0.47
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
Weighted Daily Average			404	3.73	362	40	0	10.26	0.00	36	66.42	5.01	15.66	*530	*391.2	*7.33	*1.37
% of Calories				8.31%		39.6%	0%	22.9%	0.0%		65.8%		15.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/29/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991733 Frudel, Cherry, IW - OKI	2BG	200	133	0.33	180	7	6	3.33	0.00	0	25.33	1.33	3.33	*N/A*	0.0	*N/A*	1.07
991453 Parfait, Yogurt, Vanilla - OKI	1BG, 1MMA	100	67	0.00	37	6	5	1.33	0.00	0	11.36	0.67	1.67	*N/A*	97.0	*N/A*	0.23
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990648 Apple, Fresh, 138CT, - OKI	1/2c	300	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	150	50	0.75	60	6	*N/A*	1.25	0.00	7	5.50	0.00	4.00	249	150.0	0.60	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	150	39	0.06	48	6	*N/A*	0.09	0.00	2	5.62	0.00	3.82	231	138.3	0.00	0.03
Weighted Daily Average			411	1.18	341	47	11	6.21	*0.00	10	77.33	*4.87	14.14	*545	*392.5	*42.10	1.58
% of Calories				2.58%		45.7%	10.7%	13.6%	*0.0%		75.3%		13.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		453	4	475	47	5	10.20	*0.00	56	76.22	*5.87	*16.82	*517	*410.9	*12.94	*1.52

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

% of Calories			8.01%		41.5%	4.4%	20.3%	*0.0%		67.3%		*14.9%			
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Menu Name:	1 Entree Hot Lunch	Include Cost:	No
Site:		Report Style:	Detailed
Use Alternate Menu Name:	No		

Thursday - 02/01/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991782 Chicken, Drumstick, Teriyaki, Ginger - OKI	2MMA	300	245	2.72	574	8	0	10.17	0.00	102	15.23	1.42	20.64	*0	*12.2	*0.00	*1.07
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	300	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
991174 Edamame, 3/4c - OKI	3/4c	300	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			701	3.26	922	41	4	18.80	0.00	115	86.79	11.79	46.27	*487	*386.0	*0.80	*5.34
% of Calories				4.19%		23.4%	2.3%	24.1%	0.0%		49.5%		26.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/02/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990587 Sandwich, Hamburger - OKI	2BG, 2MMA	300	266	2.70	490	3	*N/A*	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990746 Tater, Tots, 3/4c - OKI	3/4c	300	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990679 Mustard, PKT - OKI	1	300	4	0.02	65	0	*N/A*	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			583	3.96	1031	29	0	15.44	0.00	37	83.49	7.70	28.22	*536	*390.9	*7.53	*3.73
% of Calories				6.11%		19.9%	0%	23.8%	0.0%		57.3%		19.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 02/05/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990578 Chicken, Nuggets, WG - OKI	2MMA, 1BG	300	240	2.50	440	1	*N/A*	14.01	0.00	25	16.01	3.00	14.01	*N/A*	30.0	*N/A*	1.90
991674 Crackers, Herb - OKI	1BG	300	90	0.00	190	2	2	3.00	0.00	0	15.00	1.00	1.00	*N/A*	7.0	*N/A*	2.00
991428 Carrots, Fresh, Baby, 3/4c, IW - OKI	3/4c	300	39	0.03	86	5	*N/A*	0.14	0.00	0	9.11	3.21	0.71	15247	35.4	2.88	0.98
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			535	3.07	1071	37	2	18.13	0.00	33	72.98	8.56	23.88	*15734	377.1	*3.68	*4.95
% of Calories				5.16%		27.7%	1.5%	30.5%	0.0%		54.6%		17.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/06/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991195 Taco, Beef, Filling - OKI	2MMA	300	167	4.50	316	0	*N/A*	12.00	0.70	42	1.96	1.00	13.00	*48	26.0	*0.00	2.00
991777 Tortilla, WG, 6-IN, 2BG - OKI	2BG	300	180	2.99	379	2	*N/A*	4.99	0.00	0	29.94	0.00	3.99	*N/A*	*N/A*	*N/A*	*N/A*
990744 Corn, 3/4c - OKI	3/4c	300	99	0.00	1	4	*N/A*	1.48	0.00	0	23.61	2.95	2.95	*N/A*	*N/A*	*N/A*	*N/A*
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			601	8.04	843	31	0	19.36	0.70	50	82.59	*3.95	28.82	*535	*318.2	*36.80	*2.12
% of Calories				12.04 %		20.6%	0%	29.0%	1.0%		55.0%		19.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/07/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991684 Ravioli, Breaded, WG, Marinara - OKI	3.5BG, 2MMA	300	396	1.50	1052	10	1	4.01	*0.00	5	71.40	9.38	21.02	*194	*180.2	*3.44	*4.48
991423 Broccoli, Hot, 3/4c - OKI	3/4c	300	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			603	2.19	1217	38	1	5.46	*0.00	13	112.70	16.14	32.15	*1290	*530.6	*97.33	*5.46
% of Calories				3.27%		25.2%	0.7%	8.1%	*0.0%		74.8%		21.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/08/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991794 Breadsticks, Cheezy, WG - OKI	2BG, 2MMA	300	260	5.00	410	2	2	10.00	0.00	25	29.00	3.00	14.00	*N/A*	297.0	*N/A*	1.00
990807 Sauce, Marinara, PC - OKI	1/4c	300	30	*N/A*	263	*N/A*	*N/A*	0.51	*N/A*	*N/A*	6.07	*N/A*	1.01	*N/A*	*N/A*	*N/A*	*N/A*
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	300	14	0.04	78	1	*N/A*	0.16	0.00	0	2.88	1.55	0.67	435	38.8	3.01	0.19
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			481	*5.59	1011	*32	*2	11.78	*0.00	*33	72.68	*7.45	24.98	*922	*634.5	*3.81	*1.24
% of Calories				*10.46 %		*26.6%	*1.7%	22.0%	*0.0%		60.4%		20.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/09/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991299 Sandwich, Philly Cheesesteak - OKI	2MMA	300	147	4.31	390	0	*N/A*	8.89	0.00	46	0.50	0.00	14.39	*N/A*	*N/A*	*N/A*	*N/A*
991589 Roll, Hoagie, WG - OKI	2BG	300	150	0.00	105	1	*N/A*	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44
990689 Salad, Lemon Chickpea, 3/4c - OKI	1 c	300	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			835	7.74	1194	32	0	34.53	*0.00	54	95.70	14.62	40.43	*747	*415.0	*19.89	*3.39
% of Calories				8.34%		15.3%	0%	37.2%	*0.0%		45.8%		19.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 02/12/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991789 Chicken, Popcorn, Buffalo - OKI	2MMA, 1BG	300	336	3.67	1808	0	0	22.10	0.00	42	21.05	2.10	15.75	*N/A*	*15.8	*0.00	*2.10
991674 Crackers, Herb - OKI	1BG	300	90	0.00	190	2	2	3.00	0.00	0	15.00	1.00	1.00	*N/A*	7.0	*N/A*	2.00
991742 Carrots, Celery, 3/4c - OKI	3/4c	300	35	0.04	83	4	*N/A*	0.24	0.00	0	8.05	2.66	0.95	12031	40.4	5.50	0.30
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			616	4.26	2339	33	2	26.24	0.00	50	74.37	7.00	25.77	*12518	*366.9	*6.30	*4.44
% of Calories				6.22%		21.4%	1.3%	38.3%	0.0%		48.3%		16.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/13/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991778 Jambalaya, Chicken - OKI	8OZ	300	477	1.78	331	*3	*N/A*	8.74	*0.00	57	71.85	4.43	25.28	*367	*32.8	*18.79	*1.37
991795 Greens, Seasoned, 3/4c - OKI	3/4c	300	49	0.07	71	*N/A*	*N/A*	0.55	0.00	0	9.61	5.36	4.00	13668	299.2	59.54	1.59
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			682	2.39	550	*28	*0	10.18	*0.00	65	108.54	*9.79	38.17	*14521	*624.2	*115.12	*3.09
% of Calories				3.15%		*16.4%	*0%	13.4%	*0.0%		63.7%		22.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/14/2024

Reimbursable Meal Total 300

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991781 Chicken, Drumstick, BBQ - OKI	2MMA	300	216	2.72	367	0	*N/A*	10.17	0.00	102	9.29	0.00	19.99	*0	8.8	*0.00	0.78
991792 Cookie, Red Velvet, WG - OKI	1BG	300	180	1.50	180	17	16	5.00	0.00	25	32.00	3.00	3.00	*N/A*	30.0	*N/A*	1.80
991791 Bar, Chocolate, Cherry, WG - OKI	1BG	300	110	1.00	65	7	5	3.00	0.00	5	19.00	2.00	2.00	*N/A*	34.0	*N/A*	1.00
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	300	19	0.04	3	3	*N/A*	0.22	0.00	0	4.47	1.56	0.73	2322	5.2	94.71	0.32
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			707	5.84	875	55	21	19.48	0.00	140	101.81	11.01	34.28	*2809	389.0	*101.36	4.19
% of Calories				7.43%		31.1%	11.9%	24.8%	0.0%		57.6%		19.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/15/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991673 Meatloaf, Beef, Cheeseburger - OKI	2MMA	300	193	6.09	396	5	*N/A*	12.18	0.51	41	8.12	1.02	11.16	*N/A*	*N/A*	*N/A*	*N/A*
991187 Toast, Texas, 2BG - OKI	2BG	300	180	0.00	220	0	*N/A*	6.00	0.00	0	28.00	2.00	6.00	*N/A*	20.0	*N/A*	2.20
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	300	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			733	6.63	982	35	0	23.91	0.51	49	103.05	8.83	29.40	*487	*328.3	*0.80	*3.16
% of Calories				8.14%		19.1%	0%	29.4%	0.6%		56.2%		16.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/16/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	300	92835	1796.79	10481	1497	*N/A*	3893.07	8984.01	206632	598.92	598.80	4791.60	*N/A*	106310.7	*N/A*	598.80
990689 Salad, Lemon Chickpea, 3/4c - OKI	1 c	300	112021	841.62	169912	2285	*N/A*	6747.69	*0.00	0	10330.89	3180.90	3694.50	*63283	*27874.5	*3707.70	*519.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	20664	25.53	232	2840	*N/A*	76.62	0.00	0	5303.04	603.60	253.20	14860	1161.0	2019.90	60.30
990668 Milk, 1/2PNT, 1% - OKI	1c	100	10000	149.91	12000	1100	*N/A*	250.16	0.00	1500	1099.96	0.00	799.90	49895	29999.9	120.00	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	11000	0.00	18000	1800	*N/A*	0.00	0.00	500	1999.89	0.00	799.90	49895	29999.9	120.00	0.00

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	7711	12.70	9525	1154	*N/A*	18.14	0.00	454	1124.91	0.00	764.30	46266	27669.1	0.00	6.80
Weighted Daily Average			254231	2826.55	220150	10676	0	10985.68	*8984.01	209085	20457.61	4383.30	11103.40	*224199	*223015.1	*5967.60	*1184.90
% of Calories				10.01%		16.8%	0%	38.9%	*31.8%		32.2%		17.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 02/19/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990827 Chicken & Waffles - OKI	2BG, 2MMA	300	99041	750.42	172575	900	*N/A*	5102.40	0.00	9004	9002.73	1200.60	4802.40	*N/A*	12605.1	*N/A*	870.30
990662 Bean, BBQ, Salad, 3/4 c- OKI	3/4c	300	73310	0.00	204736	866	0	628.47	0.00	0	13653.69	3062.10	3517.50	*0	*20815.5	*0.00	*618.60
991439 Applesauce, Cup, Peach - OKI	1/2c	300	14950	0.00	0	3588	0	0.00	0.00	0	4185.99	299.10	0.00	*N/A*	1494.9	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	2800	0.96	37869	407	*N/A*	1.59	0.03	38	670.35	70.80	56.70	*N/A*	1959.3	*N/A*	6.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	10000	149.91	12000	1100	*N/A*	250.16	0.00	1500	1099.96	0.00	799.90	49895	29999.9	120.00	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	11000	0.00	18000	1800	*N/A*	0.00	0.00	500	1999.89	0.00	799.90	49895	29999.9	120.00	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	7711	12.70	9525	1154	*N/A*	18.14	0.00	454	1124.91	0.00	764.30	46266	27669.1	0.00	6.80
Weighted Daily Average			218812	913.99	454705	9816	0	6000.76	0.03	11495	31737.52	4632.60	10740.70	*146057	*124543.7	*240.00	*1501.70
% of Calories				3.76%		17.9%	0%	24.7%	0.0%		58.0%		19.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/20/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990811 Sandwich, Hot Dog - OKI	2BG, 2MMA	300	280	3.00	530	3	*N/A*	12.50	0.00	50	29.00	3.00	13.00	*N/A*	132.0	*N/A*	2.12
991212 Pickle, Spears - OKI	3/4c	300	19	0.00	1012	0	*N/A*	0.00	0.00	0	67.50	0.00	0.00	*N/A*	41.2	*N/A*	0.00
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990679 Mustard, PKT - OKI	1	300	4	0.02	65	0	*N/A*	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			470	3.56	1851	30	0	13.74	0.00	58	126.40	*3.22	22.17	*487	*468.5	*36.80	2.35
% of Calories				6.82%		25.5%	0%	26.3%	0.0%		107.6%		18.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/21/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991769 Sandwich, Gyro, Pita, WG - OKI	2MMA, 1.5BG	300	342	6.04	563	0	0	18.10	0.00	111	22.02	1.01	19.11	*N/A*	*56.0	*N/A*	*2.00
991772 Tomato, Slices, Fresh, 3/4c - OKI	3/4c	300	23	0.04	6	3	*N/A*	0.25	*N/A*	0	4.86	1.50	1.10	1041	12.5	17.13	0.34
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991773 Sauce, Tzatziki, Bulk - OKI	2 Tbsp	300	61	4.05	162	1	0	4.56	0.00	0	3.04	0.00	1.01	*N/A*	2.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			598	10.70	864	31	0	24.00	*0.00	119	64.72	6.72	29.59	*1528	*375.0	*23.78	*2.61
% of Calories				16.10 %		20.7%	0%	36.1%	*0.0%		43.3%		19.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/22/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991030 Sandwich, Chicken, Breaded - OKI	3BG, 2MMA	300	389	2.50	699	4	*N/A*	16.00	0.00	25	41.87	4.99	19.98	*N/A*	79.8	*N/A*	3.29
990746 Tater, Tots, 3/4c - OKI	3/4c	300	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			704	3.66	1177	35	0	22.13	0.00	33	98.01	10.25	30.42	*487	*372.9	*0.80	*3.34
% of Calories				4.68%		19.9%	0%	28.3%	0.0%		55.7%		17.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/23/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991735 Tortellini, Alfredo - OKI	2BG, 2MMA	300	292	2.79	489	4	0	6.07	0.00	50	42.61	4.04	15.16	*N/A*	174.6	*N/A*	4.06
991423 Broccoli, Hot, 3/4c - OKI	3/4c	300	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			490	3.53	654	29	0	7.58	0.00	58	80.87	8.60	26.65	*1146	516.7	*94.78	5.00
% of Calories				6.48%		23.7%	0%	13.9%	0.0%		66.0%		21.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 02/26/2024

Reimbursable Meal Total 300

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991146 Chicken, Orange, & Rice - OKI	2BG, 2MMA	300	462	3.54	506	13	*N/A*	19.24	0.00	40	54.66	3.32	17.26	*N/A*	*19.1	*0.00	*2.02
991174 Edamame, 3/4c - OKI	3/4c	300	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			748	4.08	644	41	0	25.87	0.00	49	94.17	10.69	37.89	*487	*392.8	*0.80	*4.59
% of Calories				4.91%		21.9%	0%	31.1%	0.0%		50.4%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/27/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991305 Pizza, Fiestada - OKI	2BG, 2MMA	300	360	6.00	710	8	*N/A*	14.00	0.00	25	43.00	4.00	17.00	91	241.0	0.00	3.10
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	300	19	0.04	3	3	*N/A*	0.22	0.00	0	4.47	1.56	0.73	2322	5.2	94.71	0.32
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			535	6.59	860	36	0	15.12	0.00	33	74.55	*5.56	26.61	*2900	*538.4	131.51	3.54
% of Calories				11.09 %		26.9%	0%	25.4%	0.0%		55.7%		19.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/28/2024 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990594 Pizza, Turkey Sausage, - OKI	2BG, 2MMA	300	280	4.00	450	8	*N/A*	10.00	0.00	30	33.00	5.00	2.00	50	220.0	0.00	2.60
990692 Greens, Mixed, Raw, Chopped 3/4c - OKI	3/4c	300	11	0.01	20	1	*N/A*	0.11	0.00	0	2.09	0.95	0.99	5404	26.3	6.71	0.63
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			474	4.59	730	37	0	11.20	0.00	38	72.14	10.40	11.55	*5940	557.3	*13.36	3.52
% of Calories				8.72%		31.2%	0%	21.3%	0.0%		60.9%		9.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/29/2024 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991793 Chicken, Smothered - OKI	2MMA	300	194	3.47	527	1	0	11.91	*0.00	70	6.25	0.35	16.27	*0	13.3	*1.30	*0.06
991779 Muffin, Corn, WG, 2.4oz, SB - OKI	2BG	300	190	1.00	190	17	16	6.00	0.00	0	32.02	1.00	3.00	*N/A*	9.0	*N/A*	1.00
991770 Okra, Breaded, WG - OKI	1BG	300	179	1.00	219	2	*N/A*	6.98	0.00	0	23.93	3.99	2.99	*N/A*	*N/A*	*N/A*	*N/A*
991796 Succotash, Southern, 3/4c - OKI	3/4c	300	424	0.18	2350	27	*N/A*	4.93	*0.00	0	97.80	18.65	15.14	*2580	*50.8	*122.68	*1.14
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			1133	6.20	3418	72	16	30.72	*0.00	78	188.07	24.99	45.29	*3067	*370.3	*124.78	*2.22
% of Calories				4.92%		25.4%	5.6%	24.4%	*0.0%		66.4%		16.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		23108	*182.69	33195	*1009	*2	825.72	*427.87	*10556	2570.89	*438.25	1067.94	*20804	*16948.2	*334.65	*131.18
% of Calories			*7.12%		*17.5%	*0.0%	32.2%	*16.7%		44.5%		18.5%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Menu Name:

3 Entree Lunch (Hot, Hot Vegetarian, Cold)

Include Cost:

No

Site:

Report Style:

Detailed

Use Alternate Menu Name:

No

Thursday - 02/01/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991782 Chicken, Drumstick, Teriyaki, Ginger - OKI	2MMA	200	163	1.81	383	5	0	6.78	0.00	68	10.15	0.94	13.76	*0	*8.2	*0.00	*0.71
991783 Veggie, Tenders, Teriyaki - OKI	2MMA	50	42	0.08	98	0	*N/A*	2.37	0.00	0	2.95	1.17	2.17	*N/A*	*8.3	*N/A*	*0.40
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	250	142	0.00	175	4	3	1.67	0.00	4	26.67	2.50	4.17	*N/A*	0.0	*N/A*	1.42
991206 Bagel, Cinn, Yogurt, WG - OKI	2BG, 2MMA	50	77	0.50	72	4	*N/A*	2.65	0.00	1	10.69	1.00	2.50	*N/A*	63.3	*N/A*	0.50
990784 Cream Cheese, Cup - OKI	1	50	12	0.67	19	0	*N/A*	1.17	0.00	3	0.17	0.00	0.17	*N/A*	*N/A*	*N/A*	*N/A*
991174 Edamame, 3/4c - OKI	3/4c	300	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			721	3.60	885	42	3	21.27	0.00	84	90.19	12.99	43.39	*487	*453.6	*0.80	*5.60
% of Calories				4.49%		23.3%	1.7%	26.6%	0.0%		50.0%		24.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/02/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990587 Sandwich, Hamburger - OKI	2BG, 2MMA	200	177	1.80	326	2	*N/A*	5.99	0.00	19	18.58	1.99	11.98	*N/A*	61.2	*N/A*	2.26
990610 Sandwich, Burger, Veggie, - OKI	2BG, 2MMA	50	48	0.08	113	1	*N/A*	1.08	0.00	0	5.81	0.83	3.66	*N/A*	*8.3	*N/A*	*0.23
990859 Wrap, Chicken, Ranch - OKI	2BG, 2MMA	50	45	0.61	42	0	*N/A*	1.40	0.00	7	4.97	0.50	3.00	*N/A*	*6.7	*N/A*	*0.36
990746 Tater, Tots, 3/4c - OKI	3/4c	300	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990679 Mustard, PKT - OKI	1	250	4	0.01	55	0	*N/A*	0.22	0.00	0	0.18	0.08	0.16	*N/A*	1.7	*N/A*	0.07
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			587	3.75	1012	30	0	14.88	0.00	35	84.94	8.02	28.86	*536	*374.9	*7.53	*3.18
% of Calories				5.75%		20.4%	0%	22.8%	0.0%		57.9%		19.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 02/05/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990578 Chicken, Nuggets, WG - OKI	2MMA, 1BG	200	160	1.67	294	1	*N/A*	9.34	0.00	17	10.67	2.00	9.34	*N/A*	20.0	*N/A*	1.27

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991674 Crackers, Herb - OKI	1BG	200	60	0.00	127	1	1	2.00	0.00	0	10.00	0.67	0.67	*N/A*	4.7	*N/A*	1.33
991304 Veggie, Chicken, Tenders - OKI	2MMA	50	40	0.08	87	0	*N/A*	2.33	0.00	0	2.67	1.17	2.17	*N/A*	8.3	*N/A*	0.40
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	100	70	0.33	83	0	*N/A*	2.33	0.00	0	11.33	1.33	*N/A*	1	6.0	*N/A*	0.67
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	50	27	1.10	74	0	0	1.69	0.00	9	0.17	0.00	2.85	*N/A*	33.9	*N/A*	0.00
990745 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	300	37	0.02	82	5	*N/A*	0.14	0.00	0	8.69	3.06	0.68	14543	33.7	2.74	0.94
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990686 Ketchup, Pkt - OKI	1	250	9	0.00	80	2	*N/A*	0.07	0.00	0	2.16	0.10	0.08	*N/A*	0.8	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			558	3.75	1084	36	1	18.79	0.00	34	75.96	9.56	*23.84	*15031	411.2	*3.54	*4.67
% of Calories				6.05%		25.8%	0.7%	30.3%	0.0%		54.5%		*17.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 02/06/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991195 Taco, Beef, Filling - OKI	2MMA	200	111	3.00	211	0	*N/A*	8.00	0.47	28	1.31	0.67	8.67	*32	17.3	*0.00	1.33

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991776 Taco, Filling, Bean, Refried, Cheese, Shred - OKI	2MMA	50	31	1.00	43	0	*N/A*	1.67	0.00	5	2.25	0.33	1.50	*N/A*	*33.2	*N/A*	*0.00
991777 Tortilla, WG, 6-IN, 2BG - OKI	2BG	250	150	2.49	316	2	*N/A*	4.16	0.00	0	24.95	0.00	3.33	*N/A*	*N/A*	*N/A*	*N/A*
991035 Salad, Pasta, Creamy 2MMA, 2BG - OKI	2MMA, 2BG	50	77	2.11	94	1	*N/A*	4.07	*0.00	*10	7.33	0.90	3.16	*619	*69.1	*6.74	*0.05
990744 Corn, 3/4c - OKI	3/4c	300	99	0.00	1	4	*N/A*	1.48	0.00	0	23.61	2.95	2.95	*N/A*	*N/A*	*N/A*	*N/A*
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990705 Sauce, Taco, PKT - OKI	1	250	4	0.00	79	0	*N/A*	0.02	0.00	0	0.87	0.16	0.05	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			627	9.15	891	32	0	20.28	*0.47	*51	87.40	*5.01	28.53	*1138	*411.9	*43.54	*1.51
% of Calories				13.13 %		20.4%	0%	29.1%	*0.7%		55.8%		18.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/07/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991684 Ravioli, Breaded, WG, Marinara - OKI	3.5BG, 2MMA	250	330	1.25	876	8	1	3.34	*0.00	4	59.50	7.82	17.52	*161	*150.1	*2.86	*3.73
991686 Salad, Specialty, Chicken, Cheese - OKI	2BG, 2MMA	50	62	1.18	95	1	0	2.94	*0.00	10	5.61	0.52	2.99	*939	*39.4	*1.11	0.56
991423 Broccoli, Hot, 3/4c - OKI	3/4c	300	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			598	3.11	1137	38	1	7.73	*0.00	22	106.41	15.10	31.64	*2197	*540.0	*97.87	*5.27
% of Calories				4.68%		25.4%	0.7%	11.6%	*0.0%		71.2%		21.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/08/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991794 Breadsticks, Cheezy, WG - OKI	2BG, 2MMA	250	217	4.17	342	2	2	8.33	0.00	21	24.17	2.50	11.67	*N/A*	247.5	*N/A*	0.83
990807 Sauce, Marinara, PC - OKI	1/4c	300	30	*N/A*	263	*N/A*	*N/A*	0.51	*N/A*	*N/A*	6.07	*N/A*	1.01	*N/A*	*N/A*	*N/A*	*N/A*
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	47	0.76	125	1	0	1.60	0.00	7	4.67	0.33	3.01	*N/A*	41.3	*N/A*	0.33
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	300	14	0.04	78	1	*N/A*	0.16	0.00	0	2.88	1.55	0.67	435	38.8	3.01	0.19
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			484	*5.51	1068	*33	*2	11.70	*0.00	*36	72.52	*7.28	25.66	*922	*626.3	*3.81	*1.40
% of Calories				*10.25 %		*27.3%	*1.7%	21.8%	*0.0%		59.9%		21.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/09/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991299 Sandwich, Philly Cheesesteak - OKI	2MMA	200	98	2.87	260	0	*N/A*	5.93	0.00	30	0.33	0.00	9.59	*N/A*	*N/A*	*N/A*	*N/A*
991589 Roll, Hoagie, WG - OKI	2BG	200	100	0.00	70	1	*N/A*	1.33	0.00	0	19.33	1.33	3.33	*N/A*	17.3	*N/A*	0.96
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	50	47	0.83	177	1	*N/A*	1.67	0.00	5	5.33	0.67	3.33	*N/A*	74.7	*N/A*	0.33
991033 Wrap, Chicken, Caesar - OKI	2BG, 2MMA	50	63	*0.61	93	*0	*N/A*	3.23	*0.00	*7	5.30	*0.50	3.16	*N/A*	*6.7	*N/A*	*0.36
990689 Salad, Lemon Chickpea, 3/4c - OKI	1 c	300	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			846	*7.75	1298	*33	*0	35.80	*0.00	*51	96.49	*15.12	40.46	*747	*487.7	*19.89	*3.61
% of Calories				*8.24%		*15.6%	*0%	38.1%	*0.0%		45.6%		19.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 02/12/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991789 Chicken, Popcorn, Buffalo - OKI	2MMA, 1BG	200	224	2.45	1206	0	0	14.73	0.00	28	14.03	1.40	10.50	*N/A*	*10.5	*0.00	*1.40
991790 Veggie, Chicken, Tenders, Buffalo - OKI	2MMA	50	43	0.08	243	0	0	2.67	0.00	0	3.00	1.17	2.17	*N/A*	*8.3	*N/A*	*0.40
991674 Crackers, Herb - OKI	1BG	200	60	0.00	127	1	1	2.00	0.00	0	10.00	0.67	0.67	*N/A*	4.7	*N/A*	1.33
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	35	0.17	42	0	*N/A*	1.17	0.00	0	5.67	0.67	*N/A*	1	3.0	*N/A*	0.33
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	67	1.00	77	3	0	2.58	0.00	5	8.00	0.67	2.33	*0	83.0	*0.00	0.78
991742 Carrots, Celery, 3/4c - OKI	3/4c	300	35	0.04	83	4	*N/A*	0.24	0.00	0	8.05	2.66	0.95	12031	40.4	5.50	0.30
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
991775 Dressing, Blue Cheese, PKT - OKI	1 each	250	157	3.30	313	1	1	16.48	0.00	16	1.65	0.00	0.82	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			776	7.58	2348	37	3	40.77	0.00	58	80.67	8.46	*25.51	*12519	*453.6	*6.30	*4.59
% of Calories				8.79%		19.1%	1.5%	47.3%	0.0%		41.6%		*13.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 02/13/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991778 Jambalaya, Chicken - OKI	8OZ	200	318	1.18	221	*2	*N/A*	5.82	*0.00	38	47.90	2.95	16.85	*244	*21.9	*12.53	*0.91
991780 Beans, Rice, Cajun, 2BG - OKI	2MMA, 2BG	50	60	0.01	73	*1	*0	0.37	*0.00	0	11.86	1.43	2.03	*18	*3.4	*4.04	*0.09
991206 Bagel, Cinn, Yogurt, WG - OKI	2BG, 2MMA	50	77	0.50	72	4	*N/A*	2.65	0.00	1	10.69	1.00	2.50	*N/A*	63.3	*N/A*	0.50
991795 Greens, Seasoned, 3/4c - OKI	3/4c	300	49	0.07	71	*N/A*	*N/A*	0.55	0.00	0	9.61	5.36	4.00	13668	299.2	59.54	1.59
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990784 Cream Cheese, Cup - OKI	1	50	12	0.67	19	0	*N/A*	1.17	0.00	3	0.17	0.00	0.17	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			671	2.97	603	*32	*0	11.45	*0.00	50	107.31	*10.74	34.43	*14417	*680.0	*112.91	*3.22
% of Calories				3.98%		*19.1%	*0%	15.4%	*0.0%		64.0%		20.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/14/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991781 Chicken, Drumstick, BBQ - OKI	2MMA	200	144	1.81	245	0	*N/A*	6.78	0.00	68	6.20	0.00	13.33	*0	5.9	*0.00	0.52
991304 Veggie, Chicken, Tenders - OKI	2MMA	50	40	0.08	87	0	*N/A*	2.33	0.00	0	2.67	1.17	2.17	*N/A*	8.3	*N/A*	0.40
991791 Bar, Chocolate, Cherry, WG - OKI	1BG	250	92	0.83	54	6	4	2.50	0.00	4	15.83	1.67	1.67	*N/A*	28.3	*N/A*	0.83
991792 Cookie, Red Velvet, WG - OKI	1BG	250	150	1.25	150	14	13	4.17	0.00	21	26.67	2.50	2.50	*N/A*	25.0	*N/A*	1.50
991655 Sandwich, Salad, Chicken, Cranberry - OKI	2BG, 2MMA	50	73	1.15	119	2	1	3.04	0.00	13	7.73	0.81	3.47	*14	*7.2	*0.09	0.43
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	300	19	0.04	3	3	*N/A*	0.22	0.00	0	4.47	1.56	0.73	2322	5.2	94.71	0.32
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			700	5.75	917	54	18	20.14	0.00	114	100.60	12.15	32.43	*2823	*391.0	*101.45	4.30
% of Calories				7.39%		30.9%	10.3%	25.9%	0.0%		57.5%		18.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/15/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991673 Meatloaf, Beef, Cheeseburger - OKI	2MMA	200	129	4.06	264	3	*N/A*	8.12	0.34	27	5.41	0.68	7.44	*N/A*	*N/A*	*N/A*	*N/A*
991187 Toast, Texas, 2BG - OKI	2BG	200	120	0.00	147	0	*N/A*	4.00	0.00	0	18.67	1.33	4.00	*N/A*	13.3	*N/A*	1.47
990607 Pasta, Macaroni & Cheese - OKI	2BG, 2MMA	50	73	2.00	117	0	*N/A*	3.34	0.00	10	7.41	1.01	3.26	*N/A*	*72.3	*N/A*	*0.00
990619 Sandwich, BBQ Chicken - OKI	2BG, 2MMA	50	49	0.19	109	0	*N/A*	0.98	0.00	7	6.27	0.33	3.32	*N/A*	*8.3	*N/A*	0.36
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	300	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			731	6.80	1003	34	0	22.16	0.34	52	104.69	9.17	30.26	*487	*402.3	*0.80	*2.79
% of Calories				8.37%		18.6%	0%	27.3%	0.4%		57.3%		16.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/16/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	250	258	4.99	29	4	*N/A*	10.81	24.96	574	1.66	1.66	13.31	*N/A*	295.3	*N/A*	1.66
990605 Wrap, Chicken, Jerk - OKI	2BG, 2MMA	50	45	0.61	115	0	*N/A*	1.40	0.00	7	4.96	0.50	3.00	*0	*6.7	*0.00	0.36
990689 Salad, Lemon Chickpea, 3/4c - OKI	1 c	300	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			841	9.03	843	35	0	35.85	*24.96	589	72.82	14.78	37.34	*747	*691.0	*19.89	*3.98
% of Calories				9.66%		16.6%	0%	38.4%	*26.7%		34.6%		17.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 02/19/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990827 Chicken & Waffles - OKI	2BG, 2MMA	200	220	1.67	384	2	*N/A*	11.34	0.00	20	20.01	2.67	10.67	*N/A*	28.0	*N/A*	1.93
990833 Waffles, WG, 2BG - OKI	2BG	50	30	0.00	45	1	*N/A*	1.00	0.00	2	4.67	0.33	0.67	*N/A*	4.0	*N/A*	0.33
991557 Yogurt, Vanilla, Cup - OKI	1MMA	50	15	0.00	8	2	2	0.00	0.00	0	3.18	0.00	0.50	*N/A*	48.5	*N/A*	0.00
990677 Sunflower Seeds, IW- OKI	1MMA	50	20	0.17	23	0	*N/A*	0.17	0.00	0	*N/A*	0.33	0.83	*N/A*	3.3	*N/A*	0.17
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	50	27	1.10	74	0	0	1.69	0.00	9	0.17	0.00	2.85	*N/A*	33.9	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	35	0.17	42	0	*N/A*	1.17	0.00	0	5.67	0.67	*N/A*	1	3.0	*N/A*	0.33
990704 Syrup, PKT - OKI	1	250	101	0.00	18	18	*N/A*	0.00	0.00	0	25.16	0.00	0.00	*N/A*	0.8	*N/A*	0.02
990662 Bean, BBQ, Salad, 3/4 c- OKI	3/4c	300	244	0.00	682	3	0	2.09	0.00	0	45.51	10.21	11.72	*0	*69.4	*0.00	*2.06
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			847	3.64	1534	53	2	18.35	0.00	39	*134.63	15.44	*35.32	*488	*494.7	*0.80	*4.90
% of Calories				3.87%		25.0%	0.9%	19.5%	0.0%		*63.6%		*16.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 02/20/2024

Reimbursable Meal Total 300

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990811 Sandwich, Hot Dog - OKI	2BG, 2MMA	200	187	2.00	353	2	*N/A*	8.33	0.00	33	19.33	2.00	8.67	*N/A*	88.0	*N/A*	1.41
991300 Pizza, Boli - OKI	2BG, 2MMA	50	52	1.00	6	1	*N/A*	2.16	4.99	115	0.33	0.33	2.66	*N/A*	59.1	*N/A*	0.33
991035 Salad, Pasta, Creamy 2MMA, 2BG - OKI	2MMA, 2BG	50	77	2.11	94	1	*N/A*	4.07	*0.00	*10	7.33	0.90	3.16	*619	*69.1	*6.74	*0.05
991212 Pickle, Spears - OKI	3/4c	300	19	0.00	1012	0	*N/A*	0.00	0.00	0	67.50	0.00	0.00	*N/A*	41.2	*N/A*	0.00
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			499	5.65	1738	29	0	15.47	*4.99	*166	123.81	*3.47	23.55	*1106	*556.2	*43.54	*1.94
% of Calories				10.19 %		23.2%	0%	27.9%	*9.0%		99.2%		18.9%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/21/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991769 Sandwich, Gyro, Pita, WG - OKI	2MMA, 1.5BG	200	228	4.03	375	0	0	12.07	0.00	74	14.68	0.67	12.74	*N/A*	*37.3	*N/A*	*1.33
991774 Sandwich, Falafel, Pita, WG - OKI	1.5BG, 2MMA	50	72	0.19	160	1	0	2.75	0.00	0	9.38	1.89	2.56	*N/A*	19.2	*N/A*	0.67
991686 Salad, Specialty, Chicken, Cheese - OKI	2BG, 2MMA	50	62	1.18	95	1	0	2.94	*0.00	10	5.61	0.52	2.99	*939	*39.4	*1.11	0.56

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991772 Tomato, Slices, Fresh, 3/4c - OKI	3/4c	300	23	0.04	6	3	*N/A*	0.25	*N/A*	0	4.86	1.50	1.10	1041	12.5	17.13	0.34
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
991773 Sauce, Tzatziki, Bulk - OKI	2 Tbsp	250	51	3.37	135	1	0	3.80	0.00	0	2.53	0.00	0.84	*N/A*	1.7	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			608	9.38	905	33	0	22.89	*0.00	92	71.86	8.80	28.60	*2467	*414.5	*24.89	*3.17
% of Calories				13.88 %		21.7%	0%	33.9%	*0.0%		47.3%		18.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/22/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991030 Sandwich, Chicken, Breaded - OKI	3BG, 2MMA	200	260	1.67	466	3	*N/A*	10.66	0.00	17	27.91	3.33	13.32	*N/A*	53.2	*N/A*	2.20
991771 Sandwich, Veggie, Chicken - OKI	2BA, 2MMA	50	62	0.33	103	0	0	2.50	0.00	0	6.64	0.83	3.16	*N/A*	18.3	*N/A*	0.57
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	47	0.76	125	1	0	1.60	0.00	7	4.67	0.33	3.01	*N/A*	41.3	*N/A*	0.33
990807 Sauce, Marinara, PC - OKI	1/4c	50	5	*N/A*	44	*N/A*	*N/A*	0.08	*N/A*	*N/A*	1.01	*N/A*	0.17	*N/A*	*N/A*	*N/A*	*N/A*
990746 Tater, Tots, 3/4c - OKI	3/4c	300	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	300	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990686 Ketchup, Pkt - OKI	1	300	11	0.00	96	2	*N/A*	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			688	*3.92	1216	*35	*0	20.98	*0.00	*32	96.38	*9.75	30.10	*487	*405.9	*0.80	*3.14
% of Calories				*5.13%		*20.3%	*0%	27.4%	*0.0%		56.0%		17.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/23/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991735 Tortellini, Alfredo - OKI	2BG, 2MMA	250	243	2.32	407	3	0	5.06	0.00	42	35.51	3.37	12.64	*N/A*	145.5	*N/A*	3.38
991033 Wrap, Chicken, Caesar - OKI	2BG, 2MMA	50	63	*0.61	93	*0	*N/A*	3.23	*0.00	*7	5.30	*0.50	3.16	*N/A*	*6.7	*N/A*	*0.36
991423 Broccoli, Hot, 3/4c - OKI	3/4c	300	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	300	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			504	*3.67	665	*28	*0	9.80	*0.00	*57	79.06	*8.42	27.28	*1146	*494.3	*94.78	*4.68
% of Calories				*6.55%		*22.2%	*0%	17.5%	*0.0%		62.7%		21.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 02/26/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991146 Chicken, Orange, & Rice - OKI	2BG, 2MMA	200	308	2.36	337	9	*N/A*	12.83	0.00	27	36.44	2.21	11.50	*N/A*	*12.7	*0.00	*1.35
991446 Tofu, Orange, Rice - OKI	2MMA, 2BG	50	77	0.26	39	*2	*N/A*	2.16	0.00	0	10.87	0.86	4.28	*35	*142.7	*0.04	*0.55
991655 Sandwich, Salad, Chicken, Cranberry - OKI	2BG, 2MMA	50	73	1.15	119	2	1	3.04	0.00	13	7.73	0.81	3.47	*14	*7.2	*0.09	0.43
991174 Edamame, 3/4c - OKI	3/4c	300	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
991439 Applesauce, Cup, Peach - OKI	1/2c	300	50	0.00	0	12	0	0.00	0.00	0	13.95	1.00	0.00	*N/A*	5.0	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
Weighted Daily Average			744	4.32	633	*41	*1	24.66	0.00	48	94.55	11.26	39.89	*535	*536.3	*0.94	*4.91
% of Calories				5.23%		*22.0%	*0.5%	29.8%	0.0%		50.8%		21.4%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Base Menu Spreadsheet

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

Tuesday - 02/27/2024		Reimbursable Meal Total 300															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991404 Sandwich, Fiestada, Big Daddy's - OKI	2BG, 2MMA	200	213	4.67	400	4	1	9.33	0.00	27	20.67	2.00	12.00	53	193.3	0.00	1.67
991127 Quesadilla, chile, cheese - OKI	2BG, 2MMA	50	54	1.15	67	0	*N/A*	2.33	0.00	5	5.36	0.74	2.80	*N/A*	*N/A*	*N/A*	*N/A*
991206 Bagel, Cinn, Yogurt, WG - OKI	2BG, 2MMA	50	77	0.50	72	4	*N/A*	2.65	0.00	1	10.69	1.00	2.50	*N/A*	63.3	*N/A*	0.50
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	300	19	0.04	3	3	*N/A*	0.22	0.00	0	4.47	1.56	0.73	2322	5.2	94.71	0.32
991316 Juice, Orange - OKI	1/2c	300	60	0.00	15	11	*N/A*	0.00	0.00	0	13.00	*N/A*	1.00	*N/A*	*N/A*	36.00	0.10
990784 Cream Cheese, Cup - OKI	1	50	12	0.67	19	0	*N/A*	1.17	0.00	3	0.17	0.00	0.17	*N/A*	*N/A*	*N/A*	*N/A*
990705 Sauce, Taco, PKT - OKI	1	250	4	0.00	79	0	*N/A*	0.02	0.00	0	0.87	0.16	0.05	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			534	7.57	787	36	1	16.62	0.00	44	69.32	*5.45	27.13	*2862	*554.1	*131.51	*2.61
% of Calories				12.76 %		27.0%	0.7%	28.0%	0.0%		51.9%		20.3%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/28/2024 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990594 Pizza, Turkey Sausage, - OKI	2BG, 2MMA	200	187	2.67	300	5	*N/A*	6.67	0.00	20	22.00	3.33	1.33	33	146.7	0.00	1.73
990624 Pizza, Cheese, 4x6, Schwans - OKI	2BG, 2MMA	50	47	0.58	78	1	*N/A*	1.83	0.00	2	5.50	0.67	2.67	*N/A*	51.7	*N/A*	0.42
991387 Salad, Pasta, Buffalo, Ranch, Chicken - OKI	1c	50	60	1.15	107	0	*N/A*	2.55	0.00	9	6.15	0.70	3.19	*87	*33.6	*0.04	*0.07
990692 Greens, Mixed, Raw, Chopped 3/4c - OKI	3/4c	300	11	0.01	20	1	*N/A*	0.11	0.00	0	2.09	0.95	0.99	5404	26.3	6.71	0.63
990652 Pear, Fresh, 150ct, - OKI	1/2c	300	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990678 Sauce, Ranch, PKT - OKI	1	300	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			487	4.99	765	35	0	12.25	0.00	39	72.78	10.10	16.74	*6011	*569.2	*13.41	*3.13
% of Calories				9.22%		28.7%	0%	22.6%	0.0%		59.8%		13.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/29/2024

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991793 Chicken, Smothered - OKI	2MMA	200	129	2.32	351	1	0	7.94	*0.00	47	4.17	0.23	10.85	*0	8.9	*0.86	*0.04
991779 Muffin, Corn, WG, 2.4oz, SB - OKI	2BG	200	127	0.67	127	11	11	4.00	0.00	0	21.35	0.67	2.00	*N/A*	6.0	*N/A*	0.67
991770 Okra, Breaded, WG - OKI	1BG	200	120	0.66	146	1	*N/A*	4.65	0.00	0	15.95	2.66	1.99	*N/A*	*N/A*	*N/A*	*N/A*

Weighted Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	50	47	0.83	177	1	*N/A*	1.67	0.00	5	5.33	0.67	3.33	*N/A*	74.7	*N/A*	0.33
991676 Sandwich, Turkey, Swiss, Croissant, Square - OKI	2BG, 2MMA	50	64	1.47	124	1	1	2.60	0.00	13	6.17	0.67	4.10	*0	48.5	*0.00	0.30
991796 Succotash, Southern, 3/4c - OKI	3/4c	300	424	0.18	2350	27	*N/A*	4.93	*0.00	0	97.80	18.65	15.14	*2580	*50.8	*122.68	*1.14
990653 Applesauce, Cup - OKI	1/2c	300	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	33	0.50	40	4	*N/A*	0.83	0.00	5	3.67	0.00	2.67	166	100.0	0.40	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	26	0.04	32	4	*N/A*	0.06	0.00	2	3.75	0.00	2.55	154	92.2	0.00	0.02
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	37	0.00	60	6	*N/A*	0.00	0.00	2	6.67	0.00	2.67	166	100.0	0.40	0.00
Weighted Daily Average			1055	6.67	3407	68	11	26.68	*0.00	72	178.84	24.55	45.30	*3067	*486.1	*124.35	*2.50
% of Calories				5.69%		25.8%	4.2%	22.8%	*0.0%		67.8%		17.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		672	*5.65	1178	*38	*2	20.41	*1.46	*84	*95.30	*10.74	*31.25	*3344	*496.9	*40.64	*3.58
% of Calories			*7.57%		*22.6%	*1.2%	27.3%	*2.0%		*56.7%		*18.6%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.