

Bristol Warren Regional School Committee
Health & Wellness Subcommittee Meeting
Minutes Approved

BWRSD Health and Wellness Committee Mtg. Minutes, June 6, 2023

Present:

Committee Members: Sarah Bullard (chair), Lisa Colwell (co-chair), Nicky Piper (committee member), Ellen Estrella (District Nurse, MHHS), Julie Pirri (District Nurse), Greg Conti (Health & PE Teacher, Rockwell), Karin Wetherill (RI Healthy Schools Coalition), Melissa Goldstein (BHEZ Director), Laurie Heyden (School Psychologist)

Not Present: Karen Cabral, committee member

Chairperson Bullard opened the meeting at 4pm.

The committee reviewed meeting dates for the 2023/24 school year and agreed to the suggested dates of:

Tuesday September 19, 2023

Tuesday December 5, 2023

Tuesday March 5, 2024

Tuesday June 4, 2024

The committee discussed the District AED policy (Policy EBBC) at length, suggesting necessary changes. Chairperson Bullard will make changes and share with Ms. Estrella for review before submitting to the Policy Committee.

Nurses Pirri and Estrella presented the proposed Sunscreen Use/Sun Safety Policy (Draft JFLIG) for discussion. Chairperson Bullard will submit the draft to the Policy Subcommittee for a first reading with the recommendation of the Wellness Committee. The Parent/Guardian form will be included with back to school materials for elementary and middle school families.

Chairperson Bullard shared information about a US Dept. of Education webinar she had attended – “Lessons from the Field – Supporting Student Mental Health: What Works in School.” The webinar recording is available for review at:

<https://safesupportivelearning.ed.gov/events/webinar/lessons-field-webinar-supporting-student-mental-health-what-works-schools>

Bristol Warren Regional School Committee
Health & Wellness Subcommittee Meeting
Minutes Approved

Members of the committee shared updates as follows:

- Karin Wetherill shared information about school meals for all funding not being included in the state budget and the importance of district families completing free/reduced applications. RIHSC can send representatives to back to school events to promote and assist completion of forms. Karin also shared that the one time unpaid lunch debt forgiveness went through at the state level for approval by school committees.
- Karin and Melissa Goldstein shared free lunch options over the summer: Bristol and Warren Town Camps; St. Michaels eat-in lunch every Friday; Hugh Cole School; Hope & Main “Nourish Our Neighbors” program.
- Melissa also shared that the HEZ Family Navigators can help connect families to food resources. Families can contact Jess (jwilliams@ebcap.org) or Mack (moneill@ebcap.org) for more information.

The meeting was adjourned at 4:43pm.