



HAMPTON TOWNSHIP SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH MENU FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AVAILABLE DAILY:				
Now Hiring Food Service Employees Contact: Jenna Ossler metzfoodservice@ht-sd.org 412-492-6390	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
			1 Whole Grain Mini Corn Dogs Or Daily Alternative Entrée FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk	2 ✔ Whole Grain Pizza Sticks w/ Pizza Dipping Sauce Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll				
#3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
5 WG Mini Maple Pancakes w/ Sausage & Syrup Or Daily Alternative Entrée FEATURED VEGETABLE: Honey Glazed Carrots Choice of Fruit(s) & Milk	6 Beef & Cheese Burrito On Whole Grain Tortilla Salsa and Sour Cream On Side Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk	7 Penne Pasta w/ Meat Sauce & Breadstick Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk	8 Chicken Patty On Whole Grain Bun Or Daily Alternative Entrée FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk	9 Whole Grain ✔ French Bread Pizza Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll				
#3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
✔ 12 Toasted Cheese Sandwich On Texas Toast Or Daily Alternative Entrée FEATURED VEGETABLE: Tomato Soup Choice of Fruit(s) & Milk	13 Walking Taco WG Tortilla Chips, Beef, Cheddar Cheese Lettuce, Salsa, Sour Cream On Side Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk	14 Fish Sticks w/ Whole Grain Rolls Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk Special Treat: Heart Cookie	15 Meatball Hoagie On Whole Grain Hoagie Bun Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk	NO SCHOOL Professional Development Day
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll				
#3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
NO SCHOOL President's Day	20 Chicken & Cheese Soft Tacos On Whole Grain Tortillas Salsa and Sour Cream On Side Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk	21 ✔ Macaroni & Cheese w/ Breadstick Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk	22 Cheeseburger On Whole Grain Bun Or Daily Alternative Entrée FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk	23 Whole Grain ✔ Stuffed Crust Pizza Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk
AVAILABLE DAILY:				
Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll				
#3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls				
26 WG French Toast Sticks w/ Sausage & Syrup Or Daily Alternative Entrée FEATURED VEGETABLE: Oven Baked Smiley Fries Choice of Fruit(s) & Milk	27 Nachos Grande WG Tortilla Chips, Beef, Cheese Sauce Lettuce, Salsa, Sour Cream On Side Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk	28 General Tso's Chicken w/ Brown Rice Or Daily Alternative Entrée FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk	29 Hot Dog On Whole Grain Bun Or Daily Alternative Entrée FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk	

What is a Meal?
 You Must Choose at Least 3 of the 5 Components Available for the School Lunch Price.
Minimum of a 1/2 cup Serving of Fruit or Minimum of a 1/2 Cup of Vegetable Must Accompany a Reimbursable Lunch

Meat or Meat Alternate
 Grain/ Bread
 Choice of Vegetable(s)
 Choice of Fruit(s)
 Choice of Milk

Daily Vegetable Selection May Include:
 Baby Carrots, Celery Sticks, Cucumbers, Green Peppers, Salad

Daily Fruit Selection May Include:
 Apples, Apple Slices, Bananas, Grapes, Oranges, Cantaloupe, Honeydew, Strawberries, Applesauce, Diced Peaches, Diced Pears, Mixed Fruit
 100% Juice - Apple, Fruit Punch, Grape, Orange

Daily Milk Selection May Include:
 1% White,
 Fat-Free: White, Chocolate, Vanilla
 Lactose Free Available Upon Request

Leave Your Lunchbox at Home!

Daily Entrée Options Include:
✔ #2 WG Uncrustable Peanut Butter & Jelly w/ Cheese Stick & Dinner Roll

#3 Talbot Salad
 Ham & Cheese Cups w/ WG Dinner Rolls

#4 Chicken Tenders w/ WG Dinner Rolls

February Nutritious Friend
 Queen Tangerine

**Menu Subject to Change
Based on Product Availability**

**Food Service Director
Jenna Ossler**
 412-492-6390
metzfoodservice@ht-sd.org

LUNCH PRICES:

Student \$2.50
 Adult \$4.00

✔ Vegetarian

Please Make Checks Payable to: HTSD Cafeteria Fund
**Money May Also Be Deposited Into Your
 Child's Account Online at www.payschoolscentral.com**

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