**FEBRUARY 2024**  
*Ansonia High School*

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
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| French Toast Sticks  
Turkey Sausage  
Hash Brown Potatoes  
Orange Wedges  
Milk Choice | Pasta with Meat Sauce  
Garlic Bread  
Steamed Broccoli  
Apple Slices  
Milk Choice | Grilled Chicken Sandwich  
With Cheese  
Lettuce and Tomato  
Sweet Potato Fries  
Mixed Fruit cup  
Milk Choice | Cheese Calzone  
Marinara Sauce  
Steamed Carrots  
Diced Pears  
Milk Choice | Jamaican Beef Patty  
Rice and Beans  
Roasted Broccoli  
Diced Peaches  
Milk Choice |
| Professional Development | Chicken Fajitas  
Seasoned Pinto Beans  
Cheddar Cheese and Salsa  
Orange Wedges  
Milk Choice | Meatball Grinder  
Seasoned Green Beans  
Apple Slices  
Milk Choice | General Tso Chicken  
Brown Rice  
Seasoned Green Peas  
Diced Pears  
Milk Choice | Steak and Cheese Grinder  
Onion Rings  
Orange Wedges  
Milk Choice |
| Winter Recess | Crunchy Beef Tacos  
Black Beans  
Cheddar Cheese and Salsa  
Apple Sauce  
Milk Choice | Grilled Cheese Sandwich  
Oven Baked Fries  
Orange Wedges  
Milk Choice | Popcorn Chicken  
Mashed Potatoes  
Sweet Corn and Dinner Roll  
Diced Pears  
Milk Choice | Winter Recess |
| Waffle Bites  
Turkey Sausage  
Hash Brown Potatoes  
Diced Peaches  
Milk Choice | Pasta with Meat Sauce  
Garlic Knots  
Steamed Broccoli  
Diced Pears  
Milk Choice | Crispy Chicken Sandwich  
Lettuce and Tomato  
Sweet Potato Fries  
Apple Sauce  
Milk Choice | Teriyaki Chicken  
Steamed Brown Rice  
Broccoli  
Mixed Fruit Cup  
Milk Choice | Chicken Taco Bowl  
Seasoned Lime Rice  
Black Beans  
Salsa and Cheese  
Apple Slices |

**DID YOU KNOW?** All Students are able to receive a balanced delicious breakfast each school day at NO COST

**Daily Entrée Options:** Assorted Boar’s Head Sandwiches, Chef Salad, and Bagel/Yogurt & String Cheese Meal  
**Daily Fresh ½ C Veggie Cup Choices and 1/2C Fresh Fruit Choices**  
**Milk Choices include 1% White, Fat Free Chocolate and Lactaid**