

NEW FD MEALPLANNER

Starting December 12, 2022 FD Meal Planner will replace the My School Menu Platform.

FD MEALPLANNER is a mobile platform that brings menu planning, nutrition information, meal ingredients and real time allergen information to the fingertips of students, parents and school district staff.

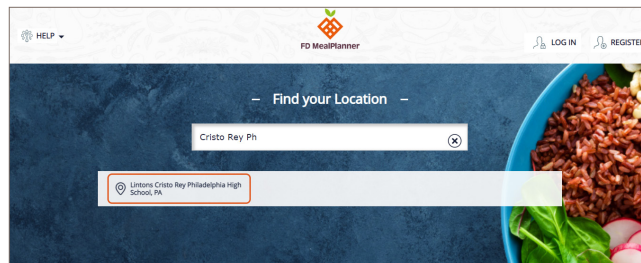
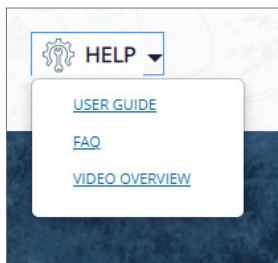
This user friendly menu viewing tool also allows you to build your own profile, or a profile for your entire family of students, and then save your account preferences--making future **FD MEALPLANNER** visits a breeze.

Simply visit WWW.FDMEALPLANNER.COM to get started, or download the **FD MEALPLANNER** app to your mobile device free of charge by visiting the App Store (for iOS devices) or Google Play (for Android devices).

In the search bar, under **FIND YOUR LOCATION**, type your school name and click on the search icon. All matching cafeterias with the name you typed and the state they belong to will appear. For more information, please visit the **HELP** section which includes a user guide, FAQs and even a quick video tutorial on how to get started.



IN ORDER TO VIEW SPECIFIC ALLERGEN, NUTRITIONAL AND INGREDIENT INFORMATION FOR OUR CURRENT MONTHLY MENU OFFERINGS, PLEASE VISIT WWW.FDMEALPLANNER.COM OR SCAN THE QR CODE.



SELECT LANGUAGE | PRINT

LUNCH CHANGE MEAL PERIOD OR LOCATION

DECEMBER 2022 BUILD A MEAL

Whitsons Food Service Management
Now part of the Whitsons family of companies.

WHITSONS Culinary Group

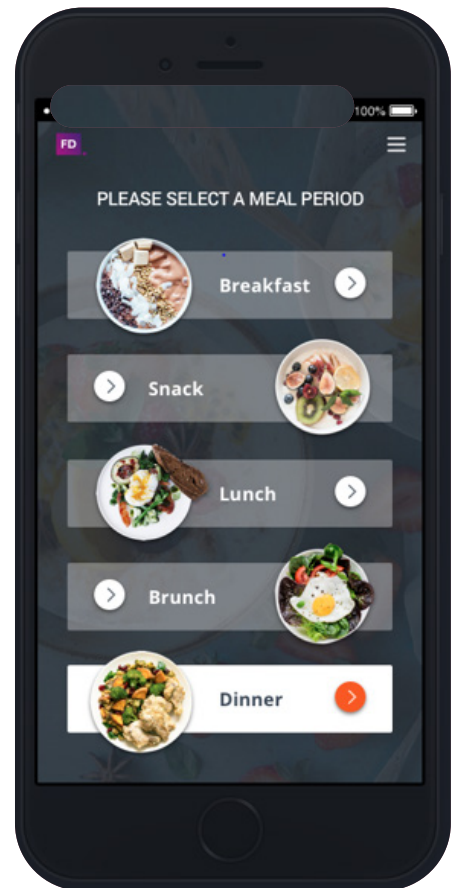
Download our mobile app! | GET IT ON the App Store | GET IT ON Google Play

WHITSONS Culinary Group | SIMPLY ROOTED MAGAZINE

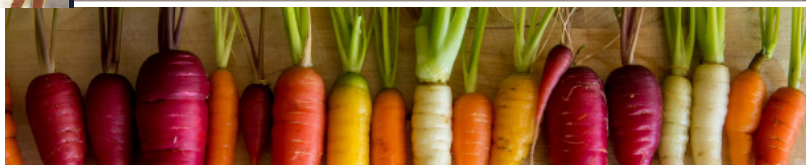
Icon Key | Build A Meal | PRINTABLE MENU

Please click on any menu item to see its nutritional and allergens

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREE 5 Turkey Burger Chicken Caesar Salad Grilled Cheese Sandwich SIDE Oven Baked Fries Garden Salad Fresh Pear 100% Apple Juice	ENTREE 6 Nachos Grande Tuna Salad Melt Southwest Chicken Salad SIDE Garden Salad Pineapple Cup 100% Apple Grape Juice CONDIMENT Sautéed Corn & Black Bean Salsa	ENTREE 7 Chicken and Waffles Turkey Salad Plate with Dinner Rolls Chicken Club Sandwich SIDE Sweet Potato Fries Garden Salad Fresh Orange 100% Orange Juice	ENTREE 8 Philly Cheese Steak American Beauty Buffalo Chicken Salad with Dinner Rolls SIDE Green Beans Garden Salad Fresh Apple 100% Fruit Punch Juice	ENTREE 9 Chicken Parmesan Sandwich Fiesta Taco Salad Classic Cheese Pizza SIDE Crispy Potato Puffs Garden Salad Fresh Banana 100% Apple Grape Juice
ENTREE 12 Chili Cheese Dog Buffalo Chicken Salad with Dinner Rolls Turkey Sandwich SIDE Baked Beans	ENTREE 13 Walking Taco Chicken Fajita Wrap Chicken Waldorf Salad with Dinner Rolls SIDE Fiesta Corn	ENTREE 14 Baked Chicken Tenders BLT Sandwich Cobb Salad SIDE Homemade Mac & Cheese Side	ENTREE 15 Ranch & Chicken Quesadilla Philly Cheesesteak Wrap Salad Plate With Crispy Chicken SIDE Oven Baked Fries Classic Ranches	ENTREE 16 Mozzarella Sticks Fiesta Taco Salad Chicken Caesar Wrap SIDE Oven Baked Fries Classic Ranches



LINTONSO Food Service Management



WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

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