BCSD EMPLOYEE NEWSLETTER

BUILDING CONNECTIONS IN BRADFORD- AUGUST 2023

DATES TO REMEMBER!

Aug 3-District Back to School Meeting 8:30a.m. -10:00a.m. Aug 4- ESE Back to School Meeting Aug 10- Students Return

2023-24 SCHOOL CALENDAR



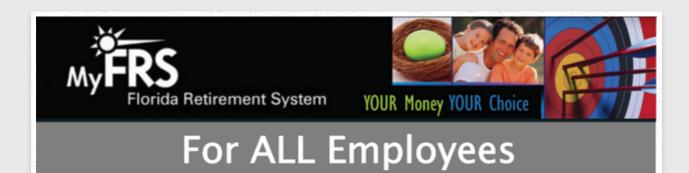
23-24 Bradford School Calendar.pdf



PAYROLL CALENDAR

PAYCHECK FAQ (CLICK TAB)

Understanding my paycheck



FRS RETIREMENT WORKSHOP

WHEN

THURSDAY, AUG. 31ST, 4-5:30PM

WHERE

501 WEST WASHINGTON STREET STARKE, FL

MORE INFORMATION

Using FRS to Plan for Your Retirement

REGISTER USING THE LINKS BELOW

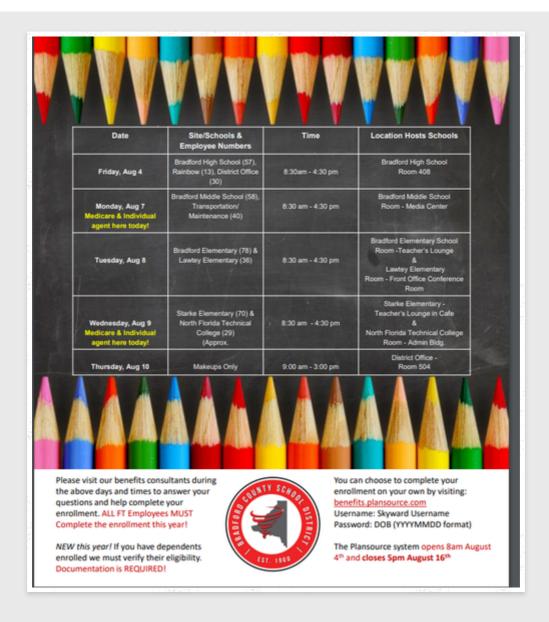
In Person Registration--<u>FRS.Workshops@ey.com</u> Zoom Online Registration-

https://ey.zoom.us/webinar/register/WN_EguKTaAeRQiHzLj_RL6n1w

FLORIDA RETIREMENT FINANCIAL GUIDANCE

Call the toll-free MyFRS Financial Guidance Line at 1-866-446-9377, Option 2 (TRS 711), Monday through Friday from 8 am - 6 pm EST.

BCSD HEALTH & WELLNESS



23-24 EMPLOYEE BENEFITS GUIDE

Insurance and Health Saving Account Benefits Guide



PLANSOURCE LOG ON INSTRUCTIONS FOR INSURANCE INFORMATION

A helping hand when you need it.

Rely on the support, guidance and resources of your Employee Assistance Program.



There are times in life when you might need a little help coping or figuring out what to do. Take advantage of the Employee Assistance Program, which includes WorkLife Services and is available to you and your family in connection with your group insurance from Standard Insurance Company (The Standard). It's confidential — information will be released only with your permission or as required by law.

Connection to Resources, Support and Guidance

You, your dependents (including children to age 26)? and all household members can contact the program's master's-level counselors 24/7. Reach out through the mobile EAP app or by phone, online, live chat, and email. You can get referrals to support groups, a network counselor, community resources or your health plan. If necessary, you'll be connected to emergency services.

Your program includes up to three counseling sessions per issue. Sessions can be done in person, on the phone, by video or text.

EAP services can help with:



Depression, grief, loss and emotional well-being



Family, marital and other relationship issues



Life improvement and goal-setting



Addictions such as alcohol and drug abuse



Stress or anxiety with work or family



Financial and legal concerns

Identity theft and fraud

resolution



Online will preparation and other legal documents



Contact EAP

888.293.6948 (TTY Services: 711) 24 hours a day, seven days a week

healthadvocate.com/standard3

NOTE: It's a violation of your company's contract to share this information with individuals who are not eligible for this service.

With EAP, personal assistance is immediate, confidential and available when you need it.

WorkLife Services

WorkLife Services are included with the Employee Assistance Program. Get help with referrals for important needs like education, adoption, daily living and care for your pet, child or elderly loved one.

Online Resources

Visit healthadvocate,com/standard3 to explore a wealth of information online, including videos, guides, articles, webinars, resources, self-assessments and calculators.



Virtual Visits Deliver Care Anytime, Anywhere



Virtual visits let you speak securely by online video with your family doctor, specialist or mental health therapist. Your cost share is as little as \$0'!

Many Florida Blue doctors and therapists now offer virtual visits. If yours doesn't or if they aren't available, you can schedule a virtual visit using Teladoc, the nation's largest virtual health care company. Just sign up on the Teladoc website or app and speak with a U.S. board-certified doctor within minutes. Or schedule an appointment with one of Teladoc's licensed behavioral health therapists. Your cost shill as little as \$0!!

Medical

| Primary Care Try a virtual visit with a primary care doctor when you have a non-emergency illness like: | | Specialists Consider a virtual visit for follow-up care from your: | |
|--|--------------------|---|----------------------|
| | | | |
| Sinus infections | Other minor issues | Gastroenterologist | Or other specialists |

It's easy

- Call your in-network doctor and ask if they offer virtual visits. They already know you and have access to
 your medical records.
- ⊗ If your primary care doctor doesn't offer virtual visits or if you need care after hours, Teladoc offers primary care 24/7. Teladoc also offers specialist care for dermatology and mental health.
 - Register by downloading the Teladoc mobile app, visit Teladoc.com or call 800-TELADOC (835-2362).
 - Fill out your medical history.
 - Request a visit. State the reason for your visit and your preferred time.
 - Enter the virtual waiting room for your appointment.

During a virtual visit, you can be diagnosed, treated and prescribed medication. If you use Teladoc, details of your visit can be shared with your family doctor at your request.





Mental Health Care

Use a virtual visit with a mental health doctor or therapist to help you find peace of mind when you're experiencing:

- Anxiety
- 64
- Fami
 - Eating disorders

It's easy

- Call your Florida Blue network mental health doctor or therapist and ask if they offer virtual visits. If they do, you can schedule an appointment right away!
- If your doctor doesn't offer virtual visits or if you need care after hours, Teladoc offers mental health visits from 9 a.m. - 9 p.m.
 - . Register by downloading the Teladoc mobile app, visit Teladoc.com or call 800-TELADOC (835-2362).
 - · Fill out your medical history.
 - Select your therapist from a list of providers. Fill out an emotional health questionnaire and choose your preferred dates and times.
 - · A Teladoc therapist will schedule an appointment and confirm it with you.

Your Cost Share as Low as \$0

| In-network | | | |
|--|---------------------------------------|--|--|
| Family doctor Mental health doctor or therapist | As low as \$0° | | |
| Specialist | Same cost share as an office visit | | |
| Teladoc | | | |
| General medicine doctor Mental health therapist | As low as \$0¹ | | |
| Dermatology | Same cost-share as a specialist visit | | |

'SO cost share does not apply to Health Savings Account (HSA) plans. Please refer to your health policy for specific benefits for virtual visits.
Florida Blue and Florida Blue HMO are Independent Licensees of the Blue Cross and Blue Shield Association. BLUE CROSS*, BLUE SHIELD* and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans. Teladoc doesn't offer a crisis hotline. Appointments must be scheduled.

Teladoc is an independent company contracted by Florida Blue to provide physician visits via phone or online video to members with non-emergent medical issues. Teladoc is only available in the U.S. Teladoc* is a trademark of Teladoc, lnc.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingúistica. Llame al 1-800-352-2583 (TTY: 1-877-955-8773).
ATANSYON: Si w pale Kreyòl ayisyen, ou ka reserwa yon ed gratis nan lang pa w. Refe 1-800-352-2583 (pou moun ki pa tande byen: 1-800-955-8770).
104125-1021R

BLUE CROSS BLUE SHIELD LOG-ON

BCBSFL Log-on for ID Cards, Physician Look-up, Medication

SIGN UP FOR BCBSFL REWARDS

Earn \$\$ towards a prepaid card for health expenses

PERSONNEL ITEMS OF INTEREST

ID BADGES BY APPOINTMENT ONLY

Do you need a new ID badge? Changing schools? Changing positions? Call or email HR. (904) 966-6031 or hr@mybradford.us

GRAMMARLY-SUPPORTS YOUR WRITING AND SPELLING SKILLS!



Grammarly: Grammar Checker a...

chrome.google.com

Improve your writing with Grammarly's communication assistance-including spell check, grammar check, punctuation check, and more.

HOW TO APPLY FOR POSITIONS ON SKYWARD FAST TRACK

Interested in a new position? Here's how to apply!

PARA TO PRO- BECOME A TEACHER!

NO COLLEGE, SOME COLLEGE, OR A BACHELOR'S DEGREE ALREADY?? We need you!

ATTENTION - NEW CERTIFICATION RENEWAL REQUIREMENTS

TEACHER CERTIFICATION

Links to video instructions for renewals, subject add-ons, upgrade from temporary to professional.

CERTIFICATION RENEWAL INSTRUCTIONS

5-Year Professional Certification Renewal Instructions

HOW MANY INSERVICE POINTS DO I NEED TO RENEW?

EVERYONE needs 20 points in the area of SWD (teaching students with disabilities). Certain certifications need 40 points in reading instruction. Click here for more information.

DO I NEED TO BE READING ENDORSED?

WHO needs to be Reading Endorsed or to be Reading Certified? • Any teacher who will be providing Tier 3 interventions in Reading K-12 • Any teacher who will be teaching reading to third grade retained students including Summer Reading Camps.

READING ENDORSEMENT/CERTIFICATION REQUIREMENTS

Check here to see if you need reading certification.

40 HOUR READING REQUIREMENT FOR RENEWAL

For renewal certain certificate coverages need courses that address use of explicit, systematic, and sequential approaches to reading instruction, developing phonemic awareness, and implementing multisensory intervention strategies.

FREE ONLINE PD-READING, ESE, MTSS, AND MUCH MORE!

Free professional development. Online and self-paced. Includes 40 hours of reading and 20 hours of ESE/SWD.

MYNEFEC

NEFEC is here to serve you. Check out Events including Reading Competency Courses, ESOL and much more!

PRE-K SPECIALISTS & PRE-K PARAPROFESSIONALS PD

Scroll to these courses! Developmentally Appropriate Practices in Inclusive Pre-K Settings. Child Outcomes Summary Process. Increasing Outcomes for All Pre-K Children.

HUMAN RESOURCES- HOURS OF OPERATION

HR Hours: 8:00 a.m. to 4:00 p.m.

Monday-Friday

Please call to make an appointment for badges.

Please make an appointment for detailed retirement or benefits questions.



BRADFORD COUNTY SCHOOL DISTRICT

 Non-discrimination Policy https://www.bradfordschools.org/domain/315



hr@mybradford.us



m bradfordschools.org