


## HEALTHY KIDS COLORADO SURVEY

## Background

The Healthy Kids Colorado Survey (HKCS) collects anonymous health information from middle and high school students throughout the state and is used to better understand youth health and the factors that help young people make healthy choices. This report includes your school's unweighted results from the 2023 HKCS and represents students that participated in the survey in your school. The HKCS is supported by the Colorado Departments of Public Health \& Environment, Education, Public Safety, and the Behavioral Health Administration, and is administered by the Colorado School of Public Health (CSPH).

## Questionnaire and Survey Administration

The HKCS measures comprehensive health topics for adolescents including unintentional injuries and violence; mental health; school safety; substance use; physical activity and nutrition; sexual behavior (optional); and risk and protective factors. Many questions are drawn from the Centers for Disease Control and Prevention Youth Risk Behavior Surveillance System. Other questions have been added with community input to meet additional data needs in Colorado. The standard version of the high school survey has 125 questions.

The survey is administered online in English or Spanish and takes about 30 minutes to complete. Teachers provide instructions to students emphasizing the anonymous and voluntary nature of the survey. Parental consent procedures are followed according to each district's guidelines, with advance notification of the administration. Parents may choose not to allow their child to participate, and students may also decline participation. The HKCS selects a random sample of schools to represent Colorado and is also available to other schools at no cost. Within some schools, a sample of classrooms is selected to participate. In most schools, all students are surveyed.

## Key Definitions and Considerations

Response rate: Response rate, shown on the next tab, is the total number of students who participated in the survey divided by the number of students eligible to participate. The higher the response rate, the more confidence that the results represent your student population. For response rates less than $60 \%$, results should be interpreted with caution as they are likely less representative.
Confidentiality: Responses are suppressed if they might allow students to be identified. A period (.) appears when results are suppressed, specifically if fewer than 3 students responded 'yes' to a question or if results represent $0 \%$ or $100 \%$ of students. In schools with enrollment over 35 , results are suppressed if fewer than 30 students responded to a question.
Significance: When comparing results, for example between different demographic groups, examine the $95 \%$ confidence intervals. If the intervals overlap, there is no evidence to believe the compared results are different from each other. If they do not overlap, there is high confidence that the results are different (i.e., the difference is statistically significant). Judgement is needed to decide whether the size of the difference is meaningful and important.
Risk and Protective Factors: Certain results in this report are categorized as risk and protective factor items, which help us understand the upstream predictors of youth health outcomes. Risk factors are characteristics of community, family, and school environments, and of students and their peer groups, that predict increased likelihood of unwanted health outcomes. Protective factors are behavior patterns and social factors that appear to increase a young person's resistance to unwanted health outcomes. Risk and protective factors are often shared across multiple outcomes, which means they can predict more than one youth health outcome. Reducing risk and increasing protective factors can result in healthier youth across a variety of shared outcomes.

## 2023 HKCS RESULTS: HIGH SCHOOL <br> Strasburg High School

Expanded response options were included for certain demographic questions on the HKCS. In Table 1 below, results for all response options are shown. In Table 2 on the next tab, results for limited response options are shown that are used throughout the report.

Response Rate*: 7.7\%
Table 1. Student demographics by all response options

| Demographic | Number | Number/Total Sample |
| :---: | :---: | :---: |
| Participants |  |  |
| Total | 26 | 100.0\% |
| Gender |  |  |
| Female | 12 | 46.2\% |
| Male | 14 | 53.8\% |
| Nonbinary | 0 | 0.0\% |
| Another identity | 0 | 0.0\% |
| Not Sure | 0 | 0.0\% |
| Grade |  |  |
| 9th Grade | 7 | 26.9\% |
| 10th Grade | 14 | 53.8\% |
| 11th Grade | 2 | 7.7\% |
| 12th Grade | 3 | 11.5\% |
| Race/Ethnicity |  |  |
| White | 15 | 57.7\% |
| Hispanic/Latinx | 4 | 15.4\% |
| Black/African American | 0 | 0.0\% |
| East/Southeast Asian | 0 | 0.0\% |
| South Asian | 0 | 0.0\% |
| American Indian/Alaska Native | 0 | 0.0\% |
| Native Hawaiian/Other Pacific Islander | 0 | 0.0\% |
| Middle Eastern/North African/Arab | 0 | 0.0\% |
| Multiracial | 7 | 26.9\% |
| Another identity | 0 | 0.0\% |
| Sexual Orientation |  |  |
| Straight | 23 | 88.5\% |
| Bisexual | 2 | 7.7\% |
| Gay/Lesbian | 0 | 0.0\% |
| Pansexual | 1 | 3.8\% |
| Asexual | 0 | 0.0\% |
| Another identity | 0 | 0.0\% |
| Not Sure | 0 | 0.0\% |
| Gender Identity |  |  |
| Cisgender | 26 | 100.0\% |
| Transgender | 0 | 0.0\% |


| Demographic | Number | Number/Total Sample |
| :---: | :---: | :---: |
| Not Sure | 0 | $0.0 \%$ |

*The higher the response rate, the more confidence that the results represent your student population. For response rates less than $60 \%$, results should be interpreted with caution.
**Students included in "Another identity" selected this response on the survey and had the option to write in their answer.
***Students included in "Multiracial" selected two or more racial and ethnic identities and represent numerous unique combinations.

## 2023 HKCS RESULTS: HIGH SCHOOL <br> Strasburg High School

Expanded response options were included for certain demographic questions on the HKCS. In Table 1 on the previous tab, results for all response options are shown. In Table 2 below, results for limited response options are shown that are used throughout the report.

All response options are important, valued, and valid. To reduce the amount of data suppressed in the report, certain response options for demographics were either combined or not reported in Table 2 and in subsequent tabs throughout the report. Specifically:
Gender: "Not sure" and "Another identity" are not reported.
Race/Ethnicity: "East/Southeast Asian" and "South Asian" are combined into "Asian"; "Middle Eastern/North African/Arab" and "Another identity" are not reported.
Sexual Orientation: "Pansexual", "Asexual", and "Another identity" are not reported.
Response Rate*: 7.7\%
Table 2. Student demographics by limited response options, as applicable

| Demographic | Number | Number/Total Sample |
| :---: | :---: | :---: |
| Participants |  |  |
| Total | 26 | 100.0\% |
| Gender |  |  |
| Female | 12 | 46.2\% |
| Male | 14 | 53.8\% |
| Nonbinary | 0 | 0.0\% |
| Grade |  |  |
| 9th Grade | 7 | 26.9\% |
| 10th Grade | 14 | 53.8\% |
| 11th Grade | 2 | 7.7\% |
| 12th Grade | 3 | 11.5\% |
| Race/Ethnicity |  |  |
| White | 15 | 57.7\% |
| Hispanic/Latinx | 4 | 15.4\% |
| Black/African American | 0 | 0.0\% |
| Asian | 0 | 0.0\% |
| American Indian/Alaska Native | 0 | 0.0\% |
| Native Hawaiian/Other Pacific Islander | 0 | 0.0\% |
| Multiracial | 7 | 26.9\% |
| Sexual Orientation |  |  |
| Straight | 23 | 88.5\% |
| Bisexual | 2 | 7.7\% |
| Gay/Lesbian | 0 | 0.0\% |
| Not Sure | 0 | 0.0\% |
| Gender Identity |  |  |
| Cisgender | 26 | 100.0\% |
| Transgender | 0 | 0.0\% |
| Not Sure | 0 | 0.0\% |

 caution.

## 2023 HKCS RESULTS: HIGH SCHOOL

## Strasburg High School

| Health Measures* | Risk or Protective Factor Items** | Number of Responses | $\begin{gathered} \text { Total } \\ \%(95 \% \mathrm{Cl}) \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Safety |  |  |  |
| Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else |  | 25 | . (..) |
| Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times |  | 17 | . (...) |
| Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been using marijuana one or more times |  | 17 | . (...) |
| Among students who drove a car or other vehicle during the past 30 days, the percentage who texted, posted, or used their phone in some other way while driving on one or more of the days |  | 17 | 29.4 (5.3-53.6) |
| Bullying |  |  |  |
| Percentage of students who have ever been bullied on school property during the past 12 months |  | 25 | . (..) |
| Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months |  | 2 | . (...) |
| Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months |  | 2 | . (...) |
| Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months |  | 2 | . (...) |
| Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months |  | 2 | . (...) |
| Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months |  | 2 | . (...) |
| Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months |  | 2 | . (..) |
| Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months |  | 2 | . (...) |
| Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months |  | 2 | . (...) |
| Percentage of students who had ever been electronically bullied during the past 12 months |  | 25 | 16.0 ( 0.6 - 31.4 ) |
| Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation | Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities | 5 | ( $\cdot .$. |
| Among students who were teased in the past 12 months, the percentage who were teased because of gender identity | Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities | 5 | . (...) |
| Among students who were teased in the past 12 months, the percentage who were teased because of religion | Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities | 5 | . (...) |
| Among students who were teased in the past 12 months, the percentage who were teased because of disability | Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities | 5 | . (...) |
| Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance | Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities | 5 | . (..) |
| Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity | Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities | 5 | . (...) |
| Violence |  |  |  |
| Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school |  | 25 | . (...) |
| Percentage of students who were in a physical fight one or more times during the past 12 months |  | 24 | . (..) |
| Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with |  | 14 | . (...) |
| Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with |  | 14 | . (...) |
| Consent/Sexual Violence |  |  |  |
| Percentage of students who had a sexual experience where they were unsure if they gave their fully-granted consent to the other person |  | 25 | . (..) |
| Percentage of students who had a sexual experience where they were unsure if they received fully-granted consent from the other person |  | 25 | . (...) |
| Percentage of students who had a revealing or sexual photo or video of themselves texted, e-mailed, or posted electronically without their permission in the past 12 months |  | 25 | . (...) |
| Percentage of students who have made sexual comments, jokes, gestures or looks at someone when unwanted |  | 25 | 12.0 ( 0.0-25.7) |
| Percentage of students who touched, grabbed or pinched someone in a sexual way when unwanted |  | 25 | . (..) |
| Percentage of students who have ever had sex while under the influence of alcohol or drugs |  | 25 | (...) |
| Percentage of students who have ever been physically forced to have sex when they did not want to |  | 25 | ( (...) |
| Mental Health |  |  |  |
| Percentage of students who agree or strongly agree their stress level is manageable most days |  | 25 | 84.0 ( 68.6-99.4) |
| Percentage of students who most of the time or always had poor mental health during the past 30 days |  | 25 | 24.0 ( 6.0 - 42.0) |
| Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months |  | 25 | ( $\cdot . .$. |
| Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities |  | 25 | 12.0 (0.0-25.7) |
| Percentage of students who seriously considered attempting suicide during the past 12 months |  | 25 | . (...) |


| Health Measures* | Risk or Protective Factor Items** | Number of Responses | $\begin{gathered} \text { Total } \\ \%(95 \% \mathrm{CI}) \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Percentage of students who made a plan about how they would attempt suicide during the past 12 months |  | 25 | (...$)$ |
| Percentage of students who attempted suicide one or more times during the past 12 months |  | 25 | 12.0 ( 0.0-25.7) |
| Percentage of students who have an adult to go to for help with a serious problem | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 25 | 92.0 ( $80.6-100.0$ ) |
| Percentage of students who most of the time or always could talk to a friend about feelings during their life | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 25 | 68.0 ( 48.3 - 87.7) |
| Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months |  | 25 | 32.0 ( 12.3 - 51.7) |
| Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health |  | 25 | 48.0 ( 27.0 - 69.0) |
| Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health |  | 25 | 60.0 ( 39.4-80.6) |
| Percentage of students who would tell a friend if they were concerned about their own or someone else's wellbeing or mental health |  | 25 | 32.0 ( 12.3 - 51.7) |
| Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health |  | 25 | 40.0 ( 19.4-60.6) |
| Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health |  | 25 | 24.0 ( 6.0-42.0) |
| Percentage of students who have ever experienced the death of a family member or close friend |  | 25 | 88.0 (74.3-100.0) |
| Racism |  |  |  |
| Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months | Risk Factor: Recent Experiences with Oppression: Racism | 24 | ( (...) |
| Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months | Risk Factor: Recent Experiences with Oppression: Racism | 24 | ( (...) |
| Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months | Risk Factor: Recent Experiences with Oppression: Racism | 24 | ( (...) |
| Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months | Risk Factor: Recent Experiences with Oppression: Racism | 24 | ( (...) |
| Alcohol |  |  |  |
| Percentage of students who have ever had a drink of alcohol other than a few sips |  | 23 | 30.4 ( 10.1-50.8) |
| Percentage of students who had their first drink of alcohol, other than a few sips, before age 13 | Risk Factor: Early Initiation of Substance Use | 23 | ( (...) |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days |  | 23 | (...) |
| Percentage of students who binge drank (4+ drinks, within a couple of hours) on one or more of the past 30 days |  | 23 | (...) |
| Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted | Risk Factor: Availability of Substances in Community | 25 | 52.0 ( 31.0-73.0) |
| Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month) | Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use | 25 | 84.0 ( 68.6-99.4) |
| Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month) | Risk Factor: Parental Attitudes Favorable Toward Substance Use | 25 | 92.0 ( 80.6 - 100.0) |
| Percentage of students who thought 5 or more out of every 10 students in their grade had four or more drinks on at least one day in the past 30 days |  | 23 | 65.2 ( 44.2-86.3) |
| Tobacco |  |  |  |
| Percentage of students who have ever smoked a cigarette, even one or two puffs |  | 23 | ( (...) |
| Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 13 | Risk Factor: Early Initiation of Substance Use | 23 | (...$)$ |
| Percentage of students who smoked cigarettes on one or more of the past 30 days |  | 23 | . (...) |
| Among students who smoked in the past 30 days, the percentage who smoked menthol cigarettes |  | 0 | ( (...) |
| Percentage of students who have used cigars, chewing tobacco, hookah, pipe, or bidis in the past 30 days |  | 22 | ( (...) |
| Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted | Risk Factor: Availability of Substances in Community | 25 | 32.0 ( 12.3 - 51.7) |
| Percentage of students who have ever used an electronic vapor product |  | 23 | 13.0 ( 0.0-27.9) |
| Percentage of students who had used an electronic vapor product before age 13 | Risk Factor: Early Initiation of Substance Use | 23 | . (...) |
| Percentage of students who used an electronic vapor product in the past 30 days |  | 22 | ( $\cdot \cdots$ ) |
| Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted | Risk Factor: Availability of Substances in Community | 25 | 64.0 ( 43.8-84.2) |
| Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products | Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use | 25 | .(..) |
| Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products | Risk Factor: Parental Attitudes Favorable Toward Substance Use | 25 | (...) |
| Among students who have used electronic vapor products, the percentage who used them because a friend or family member used them |  | 3 | . (...) |
| Among students who have used electronic vapor products, the percentage who used them because they were trying to quit other tobacco products |  | 3 | (...) |
| Among students who have used electronic vapor products, the percentage who used them because they cost less than other tobacco products |  | 3 | ( (...) |
| Among students who have used electronic vapor products, the percentage who used them because it is easier to get them than other tobacco products |  | 3 | . (...) |
| Among students who have used electronic vapor products, the percentage who used them because they are less harmful than other tobacco products |  | 3 | ( $\cdot \cdots$ ) |
| Among students who have used electronic vapor products, the percentage who used them because they are available in flavors |  | 3 | ( $\cdot . \cdot$ ) |


| Health Measures* | Risk or Protective Factor Items** | Number of Responses | $\begin{gathered} \text { Total } \\ \%(95 \% \mathrm{Cl}) \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Among students who have used electronic vapor products, the percentage who used them because they can be used in areas where other tobacco products are not allowed |  | 3 | ( (...) |
| Among students who use electronic vapor products, the percentage who most of the time or always reach for them without thinking about it |  | 3 | (...$)$ |
| Percentage of students who probably or definitely will use an electronic vapor product if one of their best friends offers it |  | 23 | . (...) |
| Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm |  | 23 | 87.0 ( 72.1-100.0) |
| Percentage of students who have seen or heard ads for electronic vapor products in the past 30 days |  | 23 | 73.9 ( 54.5-93.3) |
| Among those underage students who tried to buy tobacco or vaping products in a store, the percentage who were not refused because of age |  | 0 | ( (...) |
| Among underage students who used tobacco products in the past 30 days, the percentage who bought them over the internet |  | 0 | ( (...) |
| Among underage students who used tobacco products in the past 30 days, the percentage who bought them through the mail |  | 0 | ( $\cdot \cdot . \cdot)$ |
| Among underage students who used tobacco products in the past 30 days, the percentage who bought them from a gas station, convenience store, grocery store, or drug store |  | 0 | ( (...) |
| Among students who reported current tobacco use, the percentage who ever tried to quit using all tobacco products during the past 12 months |  | 0 | (...$)^{\text {) }}$ |
| Percentage of students who think breathing secondhand vapor has a moderate or great risk |  | 23 | 65.2 ( 44.2-86.3) |
| Percentage of students who were inside their home while someone was smoking a cigarette, cigar, pipe, or using an electronic vapor product for one or more days in the past 7 days |  | 23 | 26.1 ( 6.7-45.5) |
| Marijuana |  |  |  |
| Percentage of students who have ever tried marijuana |  | 22 | ( (...) |
| Percentage of students who tried marijuana for the first time before age 13 | Risk Factor: Early Initiation of Substance Use | 22 | . (...) |
| Percentage of students who used marijuana one or more times during the past 30 days |  | 23 | . (...) |
| Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted | Risk Factor: Availability of Substances in Community | 25 | 36.0 ( 15.8-56.2) |
| Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana | Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use | 25 | ( $\cdot . .$. |
| Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana | Risk Factor: Parental Attitudes Favorable Toward Substance Use | 25 | . (...) |
| Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days |  | 23 | 60.9 ( 39.3-82.4) |
| Among students who used marijuana in the past 30 days, the percentage who smoked it |  | 0 | . (...) |
| Among students who used marijuana in the past 30 days, the percentage who ate it |  | 0 | ( (...) |
| Among students who used marijuana in the past 30 days, the percentage who vaporized it |  | 0 | . (...) |
| Among students who used marijuana in the past 30 days, the percentage who dabbed it |  | 0 | ( (...) |
| Among students who used marijuana in the past 30 days, the percentage who usually smoked it |  | 0 | ( (...) |
| Among students who used marijuana in the past 30 days, the percentage who usually got it from an adult over the age of 21 |  | 0 | ( (...) |
| Percentage of students who used THC concentrates, hash oil, or waxes one or more times during the past 30 days |  | 23 | ( (...) |
| Prescription Pain Medication |  |  |  |
| Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it |  | 23 | 17.4 ( 0.6-34.2) |
| Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 13 | Risk Factor: Early Initiation of Substance Use | 23 | 13.0 ( 0.0-27.9) |
| Percentage of students who took prescription pain medicine not prescribed to them or differently than how a doctor told them to use it one or more times in the past 30 days |  | 23 | . (...) |
| Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them | Risk Factor: Availability of Substances in Community | 25 | 20.0 ( 3.1-36.9) |
| Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription | Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use | 25 | 96.0 ( 87.7-100.0) |
| Other Drugs |  |  |  |
| Percentage of students who have ever used stimulants not prescribed to them or differently than prescribed |  | 22 | . (...) |
| Percentage of students who have ever used cocaine |  | 22 | ( (...) |
| Percentage of students who have ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high |  | 22 | . (...) |
| Percentage of students who have ever used heroin |  | 22 | ( $\cdot \cdots$ ) |
| Percentage of students who have ever used methamphetamines |  | 22 | ( $\cdot . \cdot$ ) |
| Percentage of students who have ever used ecstasy |  | 22 | ( $\cdot \cdots$ ) |
| Percentage of students who have ever used psychedelics |  | 22 | ( (...) |
| Percentage of students who have ever used fentanyl |  | 22 | ( $\cdot . \cdot$ ) |
| Percentage of students who have ever used kratom |  | 22 | ( $\cdot \cdots$ ) |
| Percentage of students who have ever used hemp-derived, intoxicating cannabinoid products like Delta-8 and Delta-10 THC |  | 22 | . (...) |


| Health Measures* | Risk or Protective Factor Items** | Number of Responses | $\begin{gathered} \text { Total } \\ \%(95 \% \mathrm{Cl}) \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Sexual Health |  |  |  |
| Percentage of students who have ever had consensual sex |  | 23 | 13.0 ( 0.0 - 27.9 ) |
| Percentage of students who had consensual sex in the last three months |  | 22 | . (...) |
| Among students who had consensual sex during the past three months, the percentage who used a condom or their partner used a condom the last time they had consensual sex |  | 1 | . (...) |
| Among students who had consensual sex during the past three months, the percentage who used or their partner used any method of contraception the last time they had consensual sex |  | 1 | . (...) |
| Nutrition |  |  |  |
| Percentage of students who ate fruit one or more times per day in the past 7 days |  | 23 | 30.4 ( 10.1-50.8) |
| Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days |  | 23 | 52.2 ( 30.1-74.3) |
| Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days |  | 23 | 17.4 ( 0.6-34.2) |
| Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days |  | 23 | 78.3 (60.0-96.5) |
| Percentage of students who ate breakfast on all of the past 7 days |  | 23 | 52.2 (30.1-74.3) |
| Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home | Risk Factor: Economic Instability | 22 | ( (...) |
| Physical Activity |  |  |  |
| Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days |  | 23 | 56.5 ( 34.6-78.4) |
| Percentage of students who spent $3+$ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork |  | 23 | 65.2 ( 44.2-86.3) |
| Percentage of students who could walk or ride a bike, scooter, or skateboard to school if they wanted to |  | 23 | 65.2 ( 44.2 - 86.3 ) |
| Percentage of students who had a concussion in the past 12 months from playing sports or being physically active |  | 22 | 18.2 ( 0.7 - 35.7 ) |
| Body Image \& Eating Disorders |  |  |  |
| Percentage of students who most of the time or always felt confident with their body image during the past 30 days |  | 23 | 69.6 ( 49.2-89.9) |
| Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days |  | 22 | 27.3(7.1-47.5) |
| Percentage of students who tried to lose weight or keep trom galning weight by going without eating tor 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 davs |  | 23 | . (...) |
| Home Life |  |  |  |
| Percentage of students who usually or definitely feel the rules in their family are clear | Risk Factor: Limited Parent Time to Monitor Youth Behavior | 23 | 95.7 ( 86.6-100.0) |
| Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem | Protective Factor: Family Opportunities for Prosocial Involvement | 23 | 91.3 (78.8-100.0) |
| Percentage of students who usually or definitely have parents or guardians who ask if their homework is done | Risk Factor: Limited Parent Time to Monitor Youth Behavior | 23 | 82.6 ( 65.8-99.4) |
| Percentage of students who usually or definitely have chances to do fun things with their parents or guardians | Protective Factor: Family Opportunities for Prosocial Involvement | 22 | 90.9 (77.9-100.0) |
| Percentage of students who usually or definitely have parents or guardians who ask them what they think before most family decisions | Protective Factor: Family Opportunities for Prosocial Involvement | 23 | 91.3 (78.8-100.0) |
| Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school | Risk Factor: Limited Parent Time to Monitor Youth Behavior | 23 | 95.7 ( 86.6-100.0) |
| Percentage of students who usually or definitely feel safe in their neighborhood | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 23 | . (...) |
| Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week |  | 23 | . (...) |
| School \& Community |  |  |  |
| Percentage of students who agree or strongly agree that they belong at their school | Protective Factor: School Opportunities for Prosocial Involvement | 23 | 78.3 ( 60.0 - 96.5) |
| Percentage of students who most of the time or always enjoyed being in school over the last year | Risk Factor: Limited Commitment to the Value of School | 23 | 39.1 ( 17.6-60.7) |
| Percentage of students who skipped one or more whole days of school during the past four weeks | Risk Factor: Limited Commitment to the Value of School | 23 | 17.4 ( 0.6-34.2) |
| Percentage of students who think most of their classes are fairly, quite, or very interesting | Risk Factor: Limited Commitment to the Value of School | 23 | 69.6 ( 49.2-89.9) |
| Percentage of students who think the things they are learning in school are going to be important or very important for later in life | Risk Factor: Limited Commitment to the Value of School | 23 | 47.8 (25.7-69.9) |
| Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months |  | 22 | 22.7 ( 3.7-41.7) |
| Percentage of students who taked to a teacher about their future plans after high school in the past 12 months |  | 22 | 50.0 ( 27.3 - 72.7 ) |
| Percentage of students who talked to an administrator about their future plans after high school in the past 12 months |  | 22 | ( (...) |
| Percentage of students who talked to a coach about their future plans after high school in the past 12 months |  | 22 | 36.4 (14.5-58.2) |
| Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months |  | 22 | . (...) |
| Percentage of students who usually or definitely feel safe at school | Protective Factor: School Opportunities for Prosocial Involvement | 22 | . (...) |
| Percentage of students who usually or definitely think their teacher notices when they do a good job and lets them know about it | Protective Factor: School Rewards for Prosocial Involvement | 23 | 73.9 (54.5-93.3) |
| Percentage of students who usually or definitely think their school lets their parents or guardians know when they have done something well | Protective Factor: School Rewards for Prosocial Involvement | 23 | 60.9 ( 39.3-82.4) |


| Health Measures* | Risk or Protective Factor Items** | Number of Responses | $\begin{gathered} \text { Total } \\ \%(95 \% \mathrm{Cl}) \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Percentage of students who usually or definitely think their grades are better than most students in class | Risk Factor: Limited Academic Success | 23 | 87.0 (72.1-100.0) |
| Percentage of students who participated in sports (team or individual) during the past 12 months | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 23 | 78.3 ( 60.0-96.5) |
| Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 23 | 91.3 (78.8-100.0) |
| Percentage of students who had paid employment during the past 12 months | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 23 | . (.-.) |
| Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 23 | 34.8 ( 13.7-55.8) |
| Percentage of students who participated in organized community service as a non-paid volunteer during the past 30 days | Protective Factor: Community Opportunities for Prosocial Involvement and Connection | 23 | 52.2 ( 30.1-74.3) |
| Other Health Topics |  |  |  |
| Percentage of students who usually slept somewhere other than their home during the past 30 days | Risk Factor: Economic Instability | 22 | . (.-.) |
| Percentage of students who sleep 8 or more hours per night on average school nights |  | 22 | 40.9 ( 18.6 - 63.2 ) |
| Percentage of students who could fire a loaded gun without adult permission in less than one hour | Risk Factor: Access to Firearms | 22 | 36.4 ( 14.5-58.2) |
| Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member |  | 22 | 50.0 ( 27.3 - 72.7 ) |
| Percentage of students who have experienced problems with their mouth or teeth in the past 12 months, not including braces or injuries |  | 22 | 18.2 ( 0.7 - 35.7 ) |
| Percentage of students who had ever been told by a doctor or nurse that they had asthma |  | 22 | 27.3 ( 7.1-47.5) |
| Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months |  | 22 | . (.-.) |

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent $0 \%$ or $100 \%$ of students. In schools with enrollment over 35 , results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth
**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.
***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.

