

**Kings Canyon USD**  
**MIDDLE SCHOOL LUNCH**  
**MIDDLE SCHOOL MENU**  
**LUNCH MENU**  
**February 2024**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			Feb - 1  WGR Beef Rib Q Cheese Enchiladas Steamed Broccoli Chicken Fajita Salad SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Feb - 2  PIZZA MAX STIX CHEESE Cheese Quesadilla Spicy Chix Strip Salad SALAD Harvest CARROTS GLAZED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Feb - 5  Cheezy Bites 6-12 WGR Hot Dog CHINESE CHIX SALAD CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Feb - 6  Chicken & Gravy Beef/Cheese Taco Stick SALAD Harvest Taco Salad GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Feb - 7  WGR Chicken Burger WGR Corn Dog Spicy Chix Strip Salad SALAD Harvest POTATO WEDGES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Feb - 8  Ravioli 6-12 Chicken Smackers Chicken Fajita Salad Vegetable Medley SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Feb - 9  WGR Grilled Cheese WGR French Bread Pizza SOUTHWEST SALAD BAKED BEANS SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Feb - 12  HOLIDAY	Feb - 13  Taco, CrispUps, 6-12 Cheeseburger Buddies CHINESE CHIX SALAD SALAD Harvest BEANS REFRIED SPICY Fruit Cup, Variety MILK - Variety* Assorted Condiments	Feb - 14  WGR Grilled Cheese Chicken Smackers Spicy Chix Strip Salad Vegetable Medley SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Feb - 15  SPAGHETTI & MEAT SAU WGR Hot Dog SOUTHWEST SALAD SALAD Harvest CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Feb - 16  Mac and Cheese WGR Pizza Wedge CHEF SALAD, VEGETARI SALAD Harvest POTATO WEDGES 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Feb - 19  HOLIDAY	Feb - 20  Taco, CrispUps, 6-12 WGR Grilled Cheese Spicy Chix Strip Salad SALAD Harvest GREEN BEANS, SPANISH 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Feb - 21  WGR Chicken Burger Beef/Cheese Taco Stick CHINESE CHIX SALAD BAKED BEANS SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Feb - 22  Chicken & Gravy Cheeseburger Buddies Chicken Fajita Salad CARROTEENIES SALAD Harvest RAISINS MILK - Variety* Assorted Condiments	Feb - 23  Bean/Cheese Burrito WGR Pizza Wedge SOUTHWEST SALAD SWEET POTATO FRIES SALAD Harvest Fruit Cup, Variety MILK - Variety* Assorted Condiments

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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MIDDLE SCHOOL LUNCH  
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LUNCH MENU  
February 2024

Dec 8, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26	Feb - 27	Feb - 28	Feb - 29	
Beef/Cheese Taco Stick WGR Hot Dog CHINESE CHIX SALAD CARROT STICKS GREEN BEANS, SPANISH 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	CHICKEN,OVEN FRIED Bean/Cheese Burrito SOUTHWEST SALAD Mashed Potatoes/Gravy SALAD Harvest Fruit Cup, Variety MILK - Variety* Assorted Condiments	ORANGE CHICKEN; 6-12 WGR Grilled Cheese SALAD CHICKEN CAESAR SALAD Harvest BAKED BEANS Fruit Cup, Variety MILK - Variety* Assorted Condiments	WGR Beef Rib Q Cheese Enchiladas Steamed Broccoli Chicken Fajita Salad SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	

This institution is an equal opportunity provider.

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