



Sexual Health Request Form – Grade 5

Dear Families:

The Lake Washington School District provides sex education for students starting in grade four and continuing through high school. The sex education content is listed in the chart below.

If you wish to waive your student from any of the topics listed below; initial next to each topic in the appropriate column. Please know that the lessons are designed to build off each other, as a result, there might be conversations including information from previously taught lessons. Once this form is completed, return it to your child's teacher.

5 th Grade Lesson Topics	FLASH Lesson Number	Initials for Opt-Out
Introduction	#1	
Family	#2	
Self-Esteem *	#3	
Friendship*	#5	
Decision-Making*	#6	
Consent and Bystander Skills	#7	
Reporting Sexual Abuse	#8	
Reproductive System Day 1	#9	
Reproductive System Day 2	#10	
Puberty Day 1	#11	
Puberty Day 2	#12	
Intro to HIV Saying No (HIV Prevention)	#14 & #15 OR KNOW Curriculum	

**Topic may be covered.*

Sincerely,

5th Grade Team

I/We request that our student be excused from the above planned topics in sex education for the current school year.

Student _____ Grade _____

Parent Signature _____ Date _____

RETURN THIS FORM TO THE SCHOOL BY: **Date**