

# HEALTH & WELLNESS



9th

10th

11th

12th

## COURSES

Principles of Human Services

Counseling & Mental Health

*Recommended Additional Elective*  
Child Development

Lifetime Nutrition  
Interpersonal Studies

*Recommended Additional Elective*  
Child Development

Applied Nutrition and Dietetics

*Recommended Additional Elective*  
Child Development

## Postsecondary Options

HIGH SCHOOL/INDUSTRY CERTIFICATION	CERTIFICATE/LICENSE*	ASSOCIATE'S DEGREE	BACHELOR'S DEGREE	MASTER'S/DOCTORAL PROFESSIONAL DEGREE
Pre-Professional Certificate in Nutrition	Licensed Dietitian	Human Services/ Science		
	Child Development Associate (CDA)	Human Development & Family Studies		
	Licensed Professional Counselor	Family and Consumer Sciences		Marriage and Family Therapy/ Counseling
	Community Health Workers	Community Health Services	Child and Family Services	Family Studies

For more information on postsecondary options for this program of study, visit [TXCTE.org](http://TXCTE.org).

The Family and Community Services program of study introduces students to knowledge and skills related to social services, including child and human development and consumer sciences. CTE learners may learn about or practice managing social and community services or teaching family and consumer sciences. Students may follow career paths in social work or therapy for children, families, or school communities.

OCCUPATIONS	MEDIAN WAGE	ANNUAL OPENINGS	% GROWTH
Child, Family, and School Social Workers	\$41,350	2,221	17%
Social and Community Services Managers	\$65,146	608	33%
Marriage and Family Therapists	\$42,266	217	35%
Social and Human Service Assistants	\$32,448	2,822	25%

### WORK BASED LEARNING AND EXPANDED LEARNING OPPORTUNITIES

**Exploration Activities:**  
Participate in Family, Career and Community Leaders of America

**Work Based Learning Activities:**  
Volunteer at a community center or intern for a community nonprofit organization



The Human Services Career Cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services.

Successful completion of the Health & Wellness program of study will fulfill requirements of the Public Service Endorsement.

