

Meal Costs:
Breakfast: Free
Lunch
Free/Reduced: Free
Full Price: \$2.50

**MENU IS SUBJECT
 TO CHANGE**



Ashley Sprankle
Food Service
Director
717-624-2157
Ext. 1015

*This institution is an
 equal opportunity
 provider.*

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Oatmeal Chocolate Chip Bar or assorted cereal, juice or fruit, assorted milk Spaghetti with Meatballs WG garlic knot Steamed Asparagus or Fresh baby carrots Fz Strawberry cup or Fresh apple slices	2 Grahams w/ yogurt or assorted cereal, juice or fruit, assorted milk Personal Pepperoni Pizza Steamed peas or mixed green salad Diced pears or Fresh banana
5 Donut or assorted cereal, juice or fruit, assorted milk Baked chicken tenders Dinner roll Steamed carrots or Celery sticks Mixed Fruit or Apple slices	6 Wheat Cinnamon Roll or assorted cereal, juice or fruit, assorted milk Tomato Soup with Grilled Cheese Steamed brussel sprouts or sliced cucumbers Mandarin oranges or sliced strawberries	7 Egg & Cheese Hash Brown or assorted cereal, juice or fruit, assorted milk Baked Fish Sticks Cornbread Steamed mixed vegetable or fresh baby carrots Fz peach cup or fresh grapes	8 Cocoa Bread or assorted cereal, juice or fruit, assorted milk French Toast Sticks Sausage Patties Hash Browns or fresh cauliflower Baked Apples or Fresh orange	9 Waffle or assorted cereal, juice or fruit, assorted milk French Bread Pizza Steamed green beans or mixed green salad Diced peaches or fresh apple
12 Pop Tart with Cheese Stick or assorted cereal, juice or fruit, assorted milk Chicken Poppers WG crackers French Fries or Fresh baby carrots Fz Strawberry cup or fresh orange	13 Apple Munchkins or assorted cereal, juice or fruit, assorted milk Soft Shell Beef Taco with Salsa & Cheese Ranchero Beans or Celery sticks Diced pears or Fz blueberries	14 Mini Pancakes or assorted cereal, juice or fruit, assorted milk Mac & Cheese Little Smokies Stewed Tomatoes or fresh cucumbers Mixed Fruit or Fresh Apple	15 Oatmeal Chocolate Chip Bar or assorted cereal, juice or fruit, assorted milk Stuffed Crust Pizza Steamed Corn or Mixed green salad Applesauce or Fresh banana <i>Valentine's Treat</i>	16 No School President's Day Holiday
19 No School President's Day 	20 Wheat Cinnamon Roll or assorted cereal, juice or fruit, assorted milk Chicken Pattie Sandwich Steamed broccoli or fresh baby carrots Mandarin oranges or Fresh apple slices	21 Egg & Cheese Hash Brown or assorted cereal, juice or fruit, assorted milk Meatball Sub with Marinara and mozzarella Steamed peas or sliced cucumbers Fz peach cup or Fresh orange	22 Cocoa Bread or assorted cereal, juice or fruit, assorted milk Salisbury Steak w/ gravy WG dinner roll Mashed Potatoes or fresh baby tomatoes Diced Peaches or Sliced Strawberries	23 Waffle or assorted cereal, juice or fruit, assorted milk Mozzarella Pizza Crunchers Steamed carrots or Mixed green salad Fz strawberry cup or Fresh grapes
26 Pop Tart with Cheese Stick or assorted cereal, juice or fruit, assorted milk Chicken Nuggets WG dinner roll Steamed brussel sprouts or fresh baby carrots Diced Pears or Fresh Apple	27 Apple Munchkins or assorted cereal, juice or fruit, assorted milk Walking Beef Taco Refried beans or sliced cucumbers Mixed Fruit or Fresh orange	28 Mini Pancakes or assorted cereal, juice or fruit, assorted milk Chicken Alfredo Bake WG breadstick Steamed mixed vegetable or fresh broccoli Applesauce or Fresh grapes	29 Oatmeal Chocolate Chip Bar or assorted cereal, juice or fruit, assorted milk Pulled Pork Sandwich Baked Beans or fresh celery sticks Mandarin Oranges or Fz blueberries	1 Grahams w/ yogurt or assorted cereal, juice or fruit, assorted milk Cheese Pizza Steamed green beans or mixed green salad Fz peach cup or Fresh banana

Lunch Alternates
Monday (CTE/NOE):
 Yogurt Munchable
(CVIS): Pizza Wedge
Tuesday: Corn Dog
Wednesday: Mozzarella
 Sticks with Marinara
Thursday: Grilled Cheese
Friday: Cheeseburger

Daily Alternate:
 PB & J Uncrustable

**Check out our new
 alternate available on
 Wednesdays!**



**Daily Milk Choices May
 Include:**
 Low Fat White
 Low Fat Chocolate
 Lactaid Milk
 Soy Milk