

# FEBRUARY 2024

## BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free  
 Adult Breakfast: \$ 4.00  
 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday



<p><b>Popcorn Chicken</b> <span>5</span>                  Biscuits                  Coleslaw                  Roasted Potato Wedges                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Meatball Sub</b> <span>6</span>                  w/ Marinara &amp; Cheese                  Roasted Carrots                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Fresh Pizza</b> <span>7</span>                  Pepperoni or Cheese                  Sweet Potato Fries                  Caesar Salad                  Fresh Fruit &amp; Salad Bar</p>	<p><b>BBQ Pulled Pork Sandwich</b> <span>1</span>                  Zucchini Parmesan                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Cheese Lasagna Rollup</b> <span>2</span>                  Marinara Sauce                  Green Beans                  Garlic Bread                  Fresh Fruit &amp; Salad Bar</p>
<p><b>Brunch for Lunch</b> <span>12</span>                  French Toast Sticks                  Scrambled Eggs                  Sausage                  Roasted Home fries                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Spaghetti and Meat sauce</b> <span>13</span>                  Or Marinara                  Green Beans                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Fresh Pizza</b> <span>14</span>                  Pepperoni or Cheese                  Sweet Potato Fries                  Caesar Salad                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Ultimate Nachos</b> <span>8</span>                  Beef or Bean                  Corn                  Cheddar Cheese Sauce                  Rice, Salsa and Sour Cream                  Fresh Fruit &amp; Salad Bar</p>	<p><b>100% Beef Burger Or Veggie Burger</b> <span>9</span>                  Potato Salad                  Curly Fries                  Fresh Fruit &amp; Salad Bar</p>
<p><b>Mac and Cheese</b> <span>19</span>                  Sweet Peas                  Bread Roll                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Generals Chicken</b> <span>20</span>                  w/ Broccoli                  Fried Rice                  Spring Rolls                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Fresh Pizza</b> <span>21</span>                  Pepperoni or Cheese                  Sweet Potato Fries                  Caesar Salad                  Fresh Fruit &amp; Salad Bar</p>	<p><b>Chicken or Cheese Quesadillas</b> <span>15</span>                  Spanish Rice &amp; Beans                  Corn, Fresh Pico de Gallo                  Salsa, Sour Cream                  Fresh Fruit &amp; Salad Bar</p>	<p><b>BMU Bowls</b> <span>16</span>                  Chicken Nuggets                  Mashed Potato, Corn, Gravy                  Biscuits                  Fresh Fruit &amp; Salad Bar</p>
<p><b>Spring Break</b> <span>26</span></p>	<p><b>Spring Break</b> <span>27</span></p>	<p><b>Spring Break</b> <span>28</span></p>	<p><b>Spring Break</b> <span>29</span></p>	<p><b>Traditional Grilled Cheese or Grilled Ham &amp; Cheese Or Pesto Tomato Grilled Cheese</b> <span>22</span>                  Tomato Soup                  Grilled Asparagus</p> <p><b>Crispy Chicken Sandwich On a Bun</b> <span>23</span>                  Potato Wedges                  Fresh Fruit &amp; Salad Bar</p>

**Breakfasts Available Everyday**  
 Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads  
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.  
[paul.pellegrino@oesu.org](mailto:paul.pellegrino@oesu.org)

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12

Peanut Butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.