

Menu Name : Cologne Academy Lunch Menu	Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads
Grade Level / Age Group : K-8 Grades	Meal Pattern : NSLP      Meal: Lunch

**February - 2024**

What's Cooking in CKC?		Thursday, February 1, 2024	Friday, February 2, 2024
<b>Hot Meal</b>	Teriyaki Dipping Sauce - Light Teriyaki sauce, with a fresh CKC twist. A hint of sweetness and savoriness elevates the Asian Chicken Dumplings to the next level.  Tots & Beef Crunch - Seasoned Beef Crumble with Smashed Tater Tots served over crunchy Tostitos.	<b>Sesame Chicken</b>	<b>Twisted Cheesy Breadsticks</b>
		Steamed Seasoned Brown Rice	Cold Italian Dip
		Assorted Salad Bar	Assorted Salad Bar
<b>Hot Veg</b>		Fresh Orange	Crisp Varietal Apple
<b>Cold</b>		Choice Milk	Choice Milk
		<b>Grilled Cheese Sandwich</b>	<b>Buttermilk Pancakes w/ Syrup &amp; Colby Cheese Omelet</b>
		<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>

Monday, February 5, 2024		Tuesday, February 6, 2024		Wednesday, February 7, 2024		Thursday, February 8, 2024		Friday, February 9, 2024	
<b>Hot Meal</b>	<b>Cool Ranch Crunch Burger</b>	<b>Asian Chicken Dumplings</b>	<b>Soft Tortilla Taco</b>	<b>Mandarin Orange Chicken</b>	<b>Cheese Pizza Quesadilla</b>				
	Top your Burger with Cool Ranch Chips & Ketchup	Teriyaki Dipping Sauce	Seasoned Beef, Cheese & Crema	Steamed Brown Rice	Assorted Salad Bar				
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Crisp Varietal Apple				
	Cinnamon Apples	Chilled Pears	Banana	Fresh Orange	Choice Milk				
<b>Hot Veg</b>	Choice Milk	Choice Milk	Choice Milk	Choice Milk					
<b>Cold</b>	<b>Bean &amp; Cheese Burrito</b>	<b>Egg Fried Rice &amp; WG Roll</b>	<b>Cheesy Pull Aparts</b>	<b>French Pizza Bread</b>	<b>Grilled Cheese Sandwich</b>				
	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>				

Monday, February 12, 2024		Tuesday, February 13, 2024		Wednesday, February 14, 2024		Thursday, February 15, 2024		Friday, February 16, 2024	
<b>Hot Meal</b>	<b>Chicken Tenders &amp; Ketchup</b>	<b>All Beef Hot Dog</b>	<b>Smoky Texas Chicken Drumstick</b>	<b>Tots &amp; Beef Crunch</b>	<b>No School</b>				
	Cracker Crisps	WG Bun, Ketchup	WG Bakery Roll	Seasoned Beef & Smashed Tater Tots served on Tostitos					
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Crema					
	Cinnamon Apples	Chilled Pears	Banana	Assorted Salad Bar					
<b>Hot Veg</b>	Choice Milk	Berry Crackers & Choice Milk	Grahmas & Choice Milk	Fresh Orange & Choice Milk					
<b>Cold</b>	<b>Cheese Hot Pocket &amp; Sauce</b>	<b>Veggie Garden Burger</b>	<b>Cheesy Quesadilla</b>	<b>Stuffed Dipping Bites/ Italian Dip</b>					
	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>					

Monday, February 19, 2024		Tuesday, February 20, 2024		Wednesday, February 21, 2024		Thursday, February 22, 2024		Friday, February 23, 2024	
<b>Hot Meal</b>	<b>No School</b>	<b>Mongolian Meatballs</b>	<b>Hearty Tinga Wrap</b>	<b>Golden Chicken Patty Sandwich</b>	<b>Brunch Lunch</b>				
		Seasoned Rice & Fresh Green Onions	WG Tortilla, Chicken Tinga & Shred Chz	Bakery Bun & Ketchup	French Toast Sticks w/ Syrup				
		Assorted Salad Bar	Coleslaw - <i>Dare you to try in your Tinga wrap</i> :)	Assorted Salad Bar	Assorted Salad Bar				
		Chilled Pears	Assorted Salad Bar & Banana	Fresh Orange	Crisp Varietal Apple				
<b>Hot Veg</b>		Choice Milk	Choice Milk	Choice Milk	Choice Milk				
<b>Cold</b>		<b>Pizza Calzone</b>	<b>Stuffed Breadsticks w/ Dip</b>	<b>Veggie Garden Burger &amp; Mayo</b>	<b>Grilled Cheese Sandwich</b>				
		<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>				

Monday, February 26, 2024		Tuesday, February 27, 2024		Wednesday, February 28, 2024		Thursday, February 29, 2024	
<b>Hot Meal</b>	<b>Crunchy Tender Roll-up</b>	<b>Sweet &amp; Sour Chicken</b>	<b>Walking Taco</b>	<b>Chicken Tikka Drumstick</b>			
	Wg Tortilla, Chicken Tenders	Steamed Seasoned Rice	Nacho Chz Doritos, Seasoned Beef	WG Bakery Roll			
	Shred Chz & Boom Sauce	Assorted Salad Bar	w/ Shred Chz	Assorted Salad Bar			
	Assorted Salad Bar	Chilled Pears	Assorted Salad Bar	Fresh Orange			
<b>Hot Veg</b>	Cinnamon Apples & Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk			
<b>Cold</b>	<b>Cheesy Pull Aparts</b>	<b>Pizza Crunchers</b>	<b>Bean Taco Wrap</b>	<b>Egg Fried Rice</b>			
	<b>Wowbutter &amp; Jelly sandwich</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/ Mayo</b>	<b>Chicken Caesar Wrap</b>			

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



March 2024 Menu (Subject to Change)

<b>Hot Meal</b>	Friday, March 1, 2024			
	<b>Cheese Stuffed Hot Pocket</b>			
	Warm Red Sauce			
	Assorted Salad Bar			
	Crisp Varietal Apple			
Choice Milk				
Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet				
Grilled Chicken & Cheese Bun				
<b>Week V</b>				
Hot Veg				
Cold				

	Monday, March 4, 2024	Tuesday, March 5, 2024	Wednesday, March 6, 2024	Thursday, March 7, 2024	Friday, March 8, 2024
<b>Hot Meal</b>	<b>Premium Chicken Nuggets</b>	<b>Hot Italian Sub</b>	<b>Butter Chicken</b>	<b>Fritos Enchilada Nachos</b>	<b>Brunch Lunch</b>
	Ketchup	'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun	Steamed Seasoned Rice	Top your Fritos Corn chips with delicious Chicken Enchilada	Buttermilk Pancakes & Syrup
	WG Dinner Roll	Assorted Salad Bar	Assorted Salad Bar	Shred cheese & boom sauce	Fruited Yogurt Cup
	Assorted Salad Bar	Chilled Pears	Banana	Assorted Salad Bar	Assorted Salad Bar
	Cinnamon Apples & Choice Milk	Choice Milk	Choice Milk	Fresh Orange & Choice Milk	Crisp Varietal Apple & Choice Milk
Hot Veg	Grilled Cheese Sandwich	Cheese Quesadilla	Veggie Garden Burger & Mayo	Veggie Bean Burrito	French Bread Pizza
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
<b>Week VI</b>					

	Monday, March 11, 2024	Tuesday, March 12, 2024	Wednesday, March 13, 2024
<b>Hot Meal</b>	<b>Mac &amp; Cheetos</b>	<b>CKC Sticky Drumstick</b>	<b>All Beef Hot Dog</b>
	<i>Cheetos in the Mac or on the Side?? You decide :)</i>	Wheat Thins	WG Bun, Ketchup
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar
	Chilled Pears	Chilled Pears	Strawberry Bites
	Cinnamon Apples & Choice Milk	Choice Milk	Banana & Choice Milk
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/ Sauce	Veggie Bean Burrito
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo
<b>Week I</b>			