

TITLE: ZENTANGLE – the Art of Pattern

SHORT DESCRIPTION: **Zentangle** is an easy to learn method of creating beautiful images from repetitive patterns.

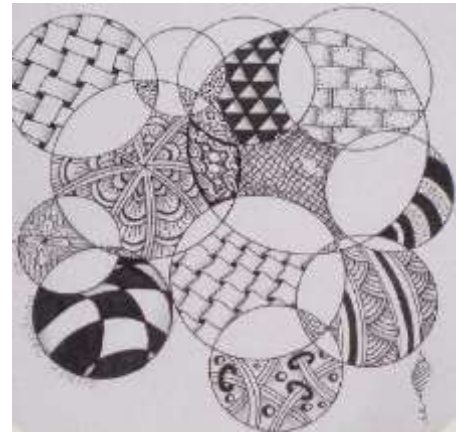
MATERIALS: Plain paper, pencil, colored pencils, erasers

OPTIONAL: Black marker or pen, ruler or stencil

INSTRUCTIONS: On your paper, lightly sketch large overlapping shapes.

Fill the ENTIRE page with large shapes. You may use a ruler or create a stencil of a shape to trace.

Then fill in each shape with a different pattern of your choice. Your entire page should be filled with a variety of patterns.



These are some examples of some more advance patterns you can use in your Zentangle drawing. Or you can make up your own!



LINKS TO LEARN MORE AND EXPLORE:

24 Zentangle Patterns <https://www.youtube.com/watch?v=Ppyiv2ppbcg>

What is the Zentangle Method? <https://zentangle.com/pages/what-is-the-zentangle-method>