

## **Additional Resource Links for Goal Setting and Vision Boards**

Slide 3

What are Goals? Watch [Innoventure Jr: Goal Setting](#)

Slide 10

[Goal Setting Template](#) can be used to write down goals and keep track of them.

Slide 11

[Daily Log Goals Template](#) optional short term goal resource Short Term Goal Optional Resource

Slide 12

[Target Your Short Term Goal](#) optional short and long reflection

Name \_\_\_\_\_ Date \_\_\_\_\_ Score \_\_\_\_\_

## Target Your Short-Term Goals

1. Did you reach your goal?
2. Who benefited/gained from this goal?
3. Was this an easy or hard goal? Why?
4. What did you gain, learn and or improve by meeting this goal?
5. What difference did it make in your life or the lives of others?
6. How do you feel about accomplishing this goal?



Goal Setting Worksheet for Children

Create up to three goals for yourself.

Goal 1

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Goal 2

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Goal 3

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Write down what you will do to reach your goals.

Goal 1-Action Plan

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Goal 2-Action Plan

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Goal 3-Action Plan

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What are some positive qualities about you that will help you reach your goals? \_\_\_\_\_

\_\_\_\_\_

What might get in the way of you reaching your goals? \_\_\_\_\_

\_\_\_\_\_

How will you monitor your progress towards your goal? (i.e. sticker chart) \_\_\_\_\_

\_\_\_\_\_

## Daily Log for Goal Setting

[illegible]