

Sound Track of My Life

Recommended for Grades 3-5

From: Lesson plan used with the permission of Rhonda Chalone: COVID 19 Music Teacher Links

Summary: Thinking of songs that describe your life. Creating a CD cover.



Brainstorm a list of the most meaningful moments in your life (thus far). What events have shaped who you are, what you believe, and how you view the world? Some examples can be: the day you were born, your first day of kindergarten, winning an important sporting event, acing a test, performing in a concert, a special family vacation, etc.

1. Select at least 8 of the most important moments from your list and put them in chronological order (according to date).
2. Link each of these events to a different song. It can match the feelings and emotions of the event or the activity itself.
3. Write two sentences for each song explaining why you chose that particular song to go with each event.
4. Write a paragraph introducing yourself to the "listener." This should just be a brief, autobiographical paragraph about who you are. In the second paragraph, explain your soundtrack to your listeners. What is this soundtrack doing/explaining about you? What do you want the listeners to get out of hearing/reading about your soundtrack? Finally, in your conclusion, thank the listeners for "sharing" these meaningful life experiences with you.
5. Design an "album cover" either with pictures you find or ones that you draw yourself. On the back of the cover include the list of songs you chose.

Your final product should look like a card: fold a piece of paper in half. The front should be the album design. The inside will include your introduction to the listener. The back page will be your song list in order. On a separate piece of paper, you will explain why you chose each song.

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What You Need:

- Paper
- Pencil

Start by listing 8 important events from your life in the order they go in. Select 8 songs that match the emotion or feelings of the events. This is autobiographical (a story about yourself). Describe each song in two sentences. Draw an "album" cover (the cover of a CD or artwork that goes on the top of your collection of songs)

Music Terms and their Definition:

Soundtrack: All the music from an entire movie, video game or television show

Album cover: The cover of a CD or artwork that goes on top of your collection of songs

Just for fun Activities: This is song and dance that could describe a special day in your life.

<https://video.link/w/JNv3> It's your birthday