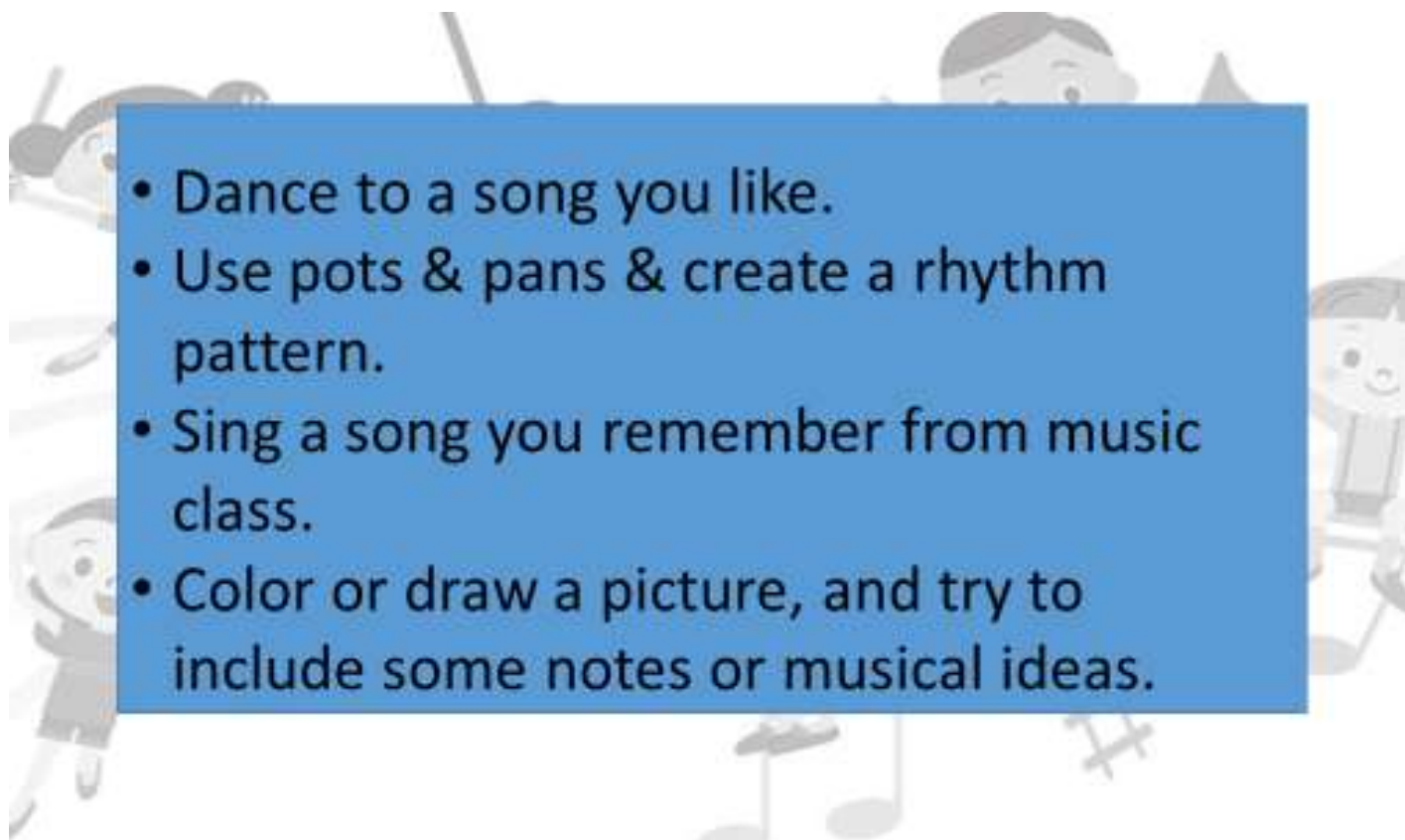


Four Easy Music Activities

Recommended for Grades K-2

Summary: Dance, create a pattern, sing a song, draw a musical picture.

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- Dance to a song you like.
 - Use pots & pans & create a rhythm pattern.
 - Sing a song you remember from music class.
 - Color or draw a picture, and try to include some notes or musical ideas.

What You Need:

- Something that can play music to dance to (or sing and dance)
- Things to make a rhythm with – doesn't have to be pots and pans, you can use your knees!
- Your memory.
- Paper and something to color or draw with.

INSTRUCTIONS:

- Start by dancing. It doesn't have to be fancy. Just tapping your toes to the beat can be a very simple dance. Add your arms. Find a partner if you can and dance together!
- Then gather some things in your kitchen that make fun sounds. Ask an adult if it is ok to use them. See if you can make a rhythm pattern. Remember, a pattern repeats, not just random sounds. Repeat your pattern six times and stop. Can you play soft and loud? Be sure to put your kitchen things away!
- Sing a song you remember from music class. Can't remember a song? No worries, make one up! If you do this, you're now a composer. Use your imagination!
- Draw a picture that has some music ideas. Maybe you can draw yourself in your musical adventures today. Have fun thinking about music and try to make music every day!

Music Terms and Definitions:

Pattern: A group of sounds that repeat.

Composer: A person who makes up songs. If you write a song, YOU are a composer. As you learn about music, you will be able to write your songs down for anyone to sing or play.

Just for fun activity: Here's a song a lot of kids like to sing and dance to: <https://video.link/w/Fyl2>

Lesson plan used with the permission of Alexander School MUSIC Education during COVID:19 quarantine