TITLE: Make a Kitchen Band

Summary: Create a kitchen band using objects in your home.

What You Need:

- Be sure to have permission from an adult for each object you use.
- Gather things from your kitchen that make a noise. (Pots, pans, cans, wooden spoons, etc.)
- Check recyclables from the trash – milk jugs, boxes, cardboard tubes
- Be careful of things that might dent, bend or break!
- Listen for different sounds and combine them to make music.
- How can you make music with a steady beat, not just noise, using these objects?
- Can you move around the room while playing it, or just stay still?
- Can you sing a song and accompany yourself on your kitchen band?
- Can you play along with a song on the radio or phone?
- Be sure you clean up and put all your kitchen band objects back where you got them when finished!

How many different ways can you play it? Be creative.
Can you play quietly? Can you play loud but carefully? – no dented pots!
Can you create a rhythm and keep it steady?
OPTIONAL: Find a partner and play together in cooperation – each one takes and turn and then together. Then take turns directing your partner. Don't forget to show dynamics (soft and loud).

Music Terms:
Steady Beat: A regular pulse that comes at equal intervals. (examples: your heartbeat or the ticking of a clock)
Dynamics: the volume of music

Just for fun Activities: Can you or you and your partner play along with this song for kitchen band? You will need a box, silverware (cutlery), can, and a lid. https://video.link/w/wnZ2 Alla Turka- using household items