

# HIGH SCHOOL LUNCH



## Lunch Pricing

Milk Only: \$0.50  
 Student Lunch: \$3.75  
 Staff Lunch: \$4.50

4 DIFFERENT LINES AVAILABLE DAILY!

2 oz. Meat / Meat Alternate  
 2 oz. Whole Grains  
 8 oz. Milk  
 1/2 c. Fruit  
 1 c. Vegetables  
 Offered with every lunch

8 OZ LOW FAT OR FAT FREE MILK OFFERED EVERY DAY WITH LUNCH!

OUR FANTASTIC FRUIT TRAY AND RAINBOW VEGGIE TRAY AVAILABLE EVERY DAY WITH LUNCH



Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE	ALL REDUCED STATUS STUDENTS RECEIVE FREE LUNCH THIS YEAR!		1 CHICKEN CAESAR WRAPS ASSORTED CHIPS PEPPER STRIPS WITH HUMMUS ASSORTED FRUIT	2 HOUSE MADE PIZZA SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT
5 MIKES CHEESE BITES MARINARA SAUCE GARLIC KNOT DILL ROASTED CARROTS ASSORTED FRUIT	6 BREADED CHICKEN SANDWICH OVEN ROASTED POTATOS STEAMED CORN ASSORTED FRUIT	7 BRUNCH! FRENCH TOAST STICKS TURKEY SAUSAGE HASH BROWN CELERY STICKS ASSORTED FRUIT	8 HOUSE MADE MACARONI & CHEESE GARLIC KNOT ROASTED BROCCOLI ASSORTED FRUIT	9 HOUSE MADE PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
12 CHICKEN & CHEESE QUESADILLA BROWN RICE ROASTED BROCCOLI ASSORTED FRUIT	13 HAM & PROVALONE GRINDER WITH LETTUCE & TOMATO DORITOS ASSORTED FRUIT  EARLY DISMISSAL!	14 CHICKEN PARM SANDWICH ON A ROLL CAPE COD CHIPS STEAMED CORN ASSORTED FRUIT  HAPPY VALENTINES DAY!	15 CHEESEBURGER ON A WHEAT ROLL SWEET POTATO FRIES VEGETARIAN BAKED BEANS ASSORTED FRUIT	16 HOUSE MADE PIZZA SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT
19  PRESIDENT'S DAY RECESS NO SCHOOL!	20  PRESIDENT'S DAY RECESS NO SCHOOL!	21 CHICKEN TENDERS POTATO WEDGES ROASTED GREEN BEANS DINNER ROLL ASSORTED FRUIT	22 POPCORN CHICKEN OVEN BAKED FRIES DINNER ROLL STEAMED CARROTS ASSORTED FRUIT	23 HOUSE MADE PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
26 GRILLED CHEESE ONION RINGS CINNAMON CARROTS ASSORTED FRUIT	27 PASTA WITH MEAT SAUCE HONEY WHEAT BISQUIT ROMAINE CAESAR SALAD ASSORTED FRUIT	28 MEATBALL GRINDER ASSORTED CHIPS HOUSE MADE PASTA SALAD ASSORTED FRUIT	29 GENERAL TSO CHICKEN FRIED RICE GARLIC KNOT STIR FRY VEGGIE ASSORTED FRUIT	This Institution Is an Equal Opportunity Provider