

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



Menu subject to change based on food availability. Variety of milk available at all meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1 Entrée choice</b> Tangerine chicken rice 51g Chicken pot sticker 21g BBQ chicken baked potato 63g <b>Grain/Vegetable/Fruit Choice:</b> Fresh baked maple biscuit 33g Fresh mixed green salad 2g Asian vegetable blend 6g Apple 22g or Craisins 28g	<b>2 Entrée choice</b> Cheeseburger 34g Hamburger 32g Grilled cheese sandwich 31g <b>Grain/Vegetable/Fruit Choice:</b> Seasoned fries 24g Veggie sticks 3g Apple 22g or Craisins 28g
			<b>5 Entrée choice</b> Nashville hot chicken 17g Dill pickle chicken 17g Cowboy caviar 56g <small>SERVED W/ICORN CHIPS</small> <b>Grain/Vegetable/Fruit Choice:</b> Macaroni & cheese 23g Roasted ranch broccoli 5g Honey dill baby carrots 7g Tajin orange/grapefruit 41g OR Raisins 30g	<b>6 Entrée choice</b> Pork-24g, chicken-26g, lentil-14g Crisпитos plate 61g (2 crisпитos + refried beans) <b>Grain/Vegetable/Fruit Choice:</b> Spanish rice 24g Garden fresh salad 3.5g Zesty black beans 34.5g Tajin orange/grapefruit 41g OR Raisins 30g
<b>12 Entrée choice</b> Bacon swiss chicken sand 31g Turkey croissant sandwich 28g Cowboy caviar 56g <small>SERVED W/ICORN CHIPS</small> <b>Grain/Vegetable/Fruit Choice:</b> Garden salsa sunchips 19g Fresh broccoli salad 28g Potato tots 17g Apple 22g or pear cup 13g	<b>13 Entrée choice</b> Beef (2) 39g, Chicken (2) 35g Vegetarian quesadilla 52g <b>Grain/Vegetable/Fruit Choice:</b> Spanish rice 24g Refried beans 31g Fresh mixed greens salad 2g Apple 22g or Diced pear cup 13g	<b>14 Entrée choice</b> Chicken alfredo pasta 43g <small>SERVED W/WO A BREADSTICK 15g</small> Buffalo chicken pizza 35g Selfie cheese pizza 28g Cobb chef salad 11g <small>SERVED WITH SUNCHIPS 19g</small> <b>Grain/Vegetable/Fruit Choice:</b> Ranch baby carrot sticks 8g Roasted parm cauliflower 5g Apple 22g or Diced pear cup 13g	<b>15 Entrée choice</b> Korean Gochujang drums 14g Fish sticks (4) 18g BBQ pork baked potato 42g <b>Grain/Vegetable/Fruit Choice:</b> Fresh baked maple biscuit 33g Garden fresh salad 3.5g Asian vegetable blend 6g Apple 22g or Craisins 28g	<b>16 Entrée choice</b> Chicken filet sandwich 43g Spicy chicken filet sandwich 46g Spicy grilled cheese sand 26g <b>Grain/Vegetable/Fruit Choice:</b> Seasoned fries 24g Celery & carrot sticks 2g Apple 22g or Craisins 28g
19  President's day holiday! No school!	<b>20 Entrée choice</b> Beef grande nachos 40g Chicken tinga nachos 31g Chicken & cheese quesadilla 34g <b>Grain/Vegetable/Fruit Choice:</b> Spanish rice 24g Seasoned pinto beans 32g Elote 25g Orange 21g OR Blue raspberry fruit sorbet 19g	<b>21 Entrée choice</b> Chicken spaghetti 26g Pizza cheesy sticks (2) 33g Selfie pepperoni pizza 38g Turkey bacon salad 10g <small>SERVED WITH SUNCHIPS</small> <b>Grain/Vegetable/Fruit Choice:</b> Garlic breadstick 15g Spicy cucumber salad 2g Ranch roasted broccoli 5g Orange 21g OR Blue raspberry fruit sorbet 19g	<b>22 Entrée choice</b> Chicken wings (6) 2g Steak strips (4) 18g Buff chicken baked potato 42g <b>Grain/Vegetable/Fruit Choice:</b> Fresh baked maple biscuit 33g Celery & carrot sticks 2g Potato tots 17g Orange 21g OR Blue raspberry fruit sorbet 19g	<b>23 Entrée choice</b> BBQ pulled pork sandwich 46g BBQ chicken sandwich 42g Spicy tuna sandwich 47g <b>Grain/Vegetable/Fruit Choice:</b> Shoestring fries 22g Veggie sticks 3g Baked beans 29g Orange 21g OR Blue raspberry fruit sorbet 19g
<b>26 Entrée choice</b> Spicy meatball sub 37g Meatloaf sandwich 36g Cowboy caviar 56g <small>SERVED W/ICORN CHIPS</small> <b>Grain/Vegetable/Fruit Choice:</b> Garden salsa sunchips 19g Green beans w/bacon 5g Fresh broccoli salad 28g Apple 22g or Tajin grapefruit 33g	<b>27 Entrée choice</b> Pork tamale plate (2 tamales + refried beans) Beef Fiestada stuffed sandwich <b>Grain/Vegetable/Fruit Choice:</b> Spanish rice Zesty black beans Honey dill baby carrots Apple 22g or Tajin grapefruit 33g	<b>28 Entrée choice</b> Penne w/chicken meatballs 33g Thin crust pepperoni pizza 34g Four meat pizza Cobb chef salad <small>SERVED WITH SUNCHIPS</small> <b>Grain/Vegetable/Fruit Choice:</b> Garlic breadstick Ranch baby carrot sticks Spicy cucumber salad Apple 22g or Tajin grapefruit 33g	<b>29 Entrée choice</b> General Tso's noodle bowl 51g Steak strips (4) 18g BBQ chicken baked potato 63g <b>Grain/Vegetable/Fruit Choice:</b> Fresh baked maple biscuit 33g Fresh mixed green salad 2g Asian vegetable blend 6g Apple 22g or Tajin grapefruit 33g	Milk white 12g, chocolate 23g, strawberry 22g Condiments (1): ketchup 3g, mustard 1g, mayo 1g BBQ sauce 10g, Gen Tso sauce 16g, sour cream 1g pepper gravy 8g, salsa 1g, cilantro/onion 3g, pickles 1g, house made ranch dip 5g For chef salads: Lite ranch 7g, honey mustard 7g, Italian 4g, rasp vinegar 12g, croutons 9g