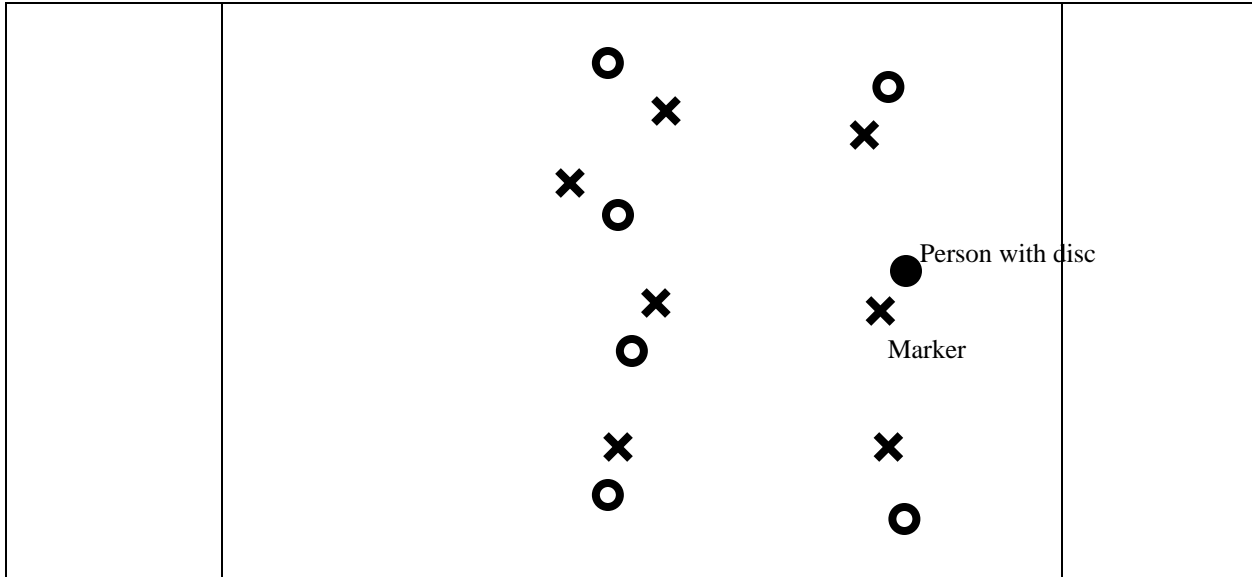


*A typical horizontal "stack"*

1. Starts ~ 15 yards from thrower.
2. Nobody hangs out deep or too close to the disc.
3. Note all of the open field space!
4. Generally speaking, cuts should be vertical (up and down field) and not across field.
5. Note the marker's position.
6. Note where the defenders are.



*Typical cuts out of a stack.*

1. This is one example. Cuts marked in order. Others stay out of the way!
2. The entire stack should move down field as the disc is advanced.
3. If any of these cuts is unsuccessful, go back to the stack.
4. Note that virtually all cuts involve a change in direction!

