

## Purpose of Project:

In creating this video, my main audience is families and individuals who are currently navigating or have gone through the difficulties of parental divorce. I want to provide guidance and support to both parents and children, helping parents understand the emotional impact on their kids. Simultaneously, I aim to offer advice directly to children on coping strategies and effective communication during these challenging times. The tone throughout is inclusive and empathetic, as I strive to build a sense of community for families going through divorce.

## Relationship to FCS and/or related careers:

Standard 1: Understand human growth and development.

The discussion on the emotional impact of parental divorce on children aligns with the objective of understanding how life events, such as divorce, can affect the psychological and emotional development of individuals.

Standard 2: Develop and apply interpersonal skills to strengthen family relationships.

The emphasis on effective communication, both for parents and children, directly connects to the objective of developing interpersonal skills within family relationships. Encouraging open communication and addressing unhealthy behaviors aligns with fostering positive family dynamics.

## Research:

Through my research I found that there's a significant difference between the amount of articles relating to parents and divorce, then there are children and divorce. I hope for that to change, due to the fact that the impact divorce leaves on the child is monumental.

## Statistics:

According to the U.S. Census Bureau, 50% of the nation's 60 million children under 13 live with a biological parent and that parent's current partner.

After reaching a 40-year record low for two consecutive years (2020 and 2021 at 14.0 divorces per 1,000 married women), the divorce rate rose slightly in 2022 to 14.56 divorces per 1,000 married women.

# Research Sources:

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