

EMPATHETIC LEARNER | COLLABORATOR | SELF-AWARE LEARNER | RESILIENT LEARNER | COMMUNICATOR | CRITICAL THINKER



# PORTRAIT OF A GRADUATE

### EMPATHETIC LEARNER

Empathetic YUHSD graduates will have the ability to sense other people's emotions coupled with the ability to imagine what someone else may be thinking or feeling regardless of personal experience.

A collaborator exhibits a balance of leading and listening, providing as well as receiving feedback to build positive relationships within their team. A collaborator demonstrates inclusivity, cooperation, awareness, and accountability to accomplish goals and support a group vision.

## COLLABORATOR

# SELF-AWARE LEARNER

Self-awareness is how clearly we recognize our own values, goals, purpose, role in the community, attributes, and impact on others. Deeper self-awareness includes being able to understand how others view us based upon their own perspectives.

Being a resilient learner enables one to evaluate scenarios, overcome adversity, demonstrate appropriate problem-solving skills, and display perseverance when adapting to an ever-changing world.

### RESILIENT LEARNER

# COMMUNICATOR

Effective communicators can express and interpret verbal and non-verbal information through reading, writing, speaking and listening through a variety of methods adapted for different environments and audiences.



A critical thinker is an inquisitive, analytic, self-disciplined, and motivated person that takes the initiative to solve complex problems through observation, experience, and reasoning.

CRITICAL THINKER

# BASIC COMPETENCIES

#### **EMPATHETIC LEARNER**

**Resonate:** YUHSD students can recognize, understand, and share their thoughts and feelings.

**Respond:** YUHSD students can identify their feelings as they occur during different situations and how to self regulate their responses.

**Reflect:** YUHSD students can reflect on their feelings after different situations and how to respond in the future.

#### **COMMUNICATOR**

Professionalism: YUHSD students can communicate effectively with a familiar audience and within familiar circumstances in a respectful manner.

<u>Deliberation</u>: YUHSD students can recognize different communication styles for different situations.

**Engagement:** YUHSD students can respond to a request for information in a timely manner.

**Guidance:** YUHSD students can understand information they are receiving and/or delivering in order to have the ability to apply constructive criticism and feedback.

<u>Awareness</u>: YUHSD students can identify their wants and needs and share opinions respectfully.



#### **COLLABORATOR**

Goal Setting & Feedback: YUHSD students can manage time and productively stay on task while providing and receiving feedback to and from teacher and peers.

Cooperation & Conflict Resolution: YUHSD students can cooperate, communicate, and compromise with others so that all voices are heard, conflicts are resolved with guidance, and trust is built among the team.

**Preparedness & Group Roles:** YUHSD students can participate in groups and follow group norms to fulfill assigned roles when working with others.

**Community Partnerships:** YUHSD students can collaborate in their community and provide service in order to address a need.

#### **RESILIENT LEARNER**

**Perseverance:** YUHSD students can work towards a resolution, with assistance, when encountering obstacles

Agency: YUHSD students can identify and overcome obstacles, work through points of confusion, collect and use information and demonstate resilency through perseverance, reflection, and a sense of purpose.

**Confidence:** YUHSD students can authentically display effort when presented with obstacles by changing habits, while using self-reflection, self-acceptance, and re-evaluating goals.

Advocacy: YUHSD students can authentically display effort when presented with obstacles by changing habits, while using self-reflection, self-acceptance, and re-evaluating goals.

### **SELF-AWARE LEARNER**

**Goal Setting:** YUHSD students can complete goal setting through a process that includes planning with steps, monitoring progress, revising as needed, and reflecting with guidance.

**Capacity:** YUHSD students can identify personal, cultural, and communication assets.

**Bias:** YUHSD students can recognize the interrelatedness of feelings, values, and thoughts in order to identify their own prejudices and bias

Mindfulness: YUHSD students can notice behaviors, tones of voice, and other personal reactions they and others might have to certain situations or ideas.

**Self-Efficacy:** YUHSD students can demonstrate self-efficacy in order to maintain control over their own behavior.

<u>Purpose</u>: YUHSD students can identify and pursue interests and can take steps to develop a sense of purpose.

**Identity:** YUHSD students can identify multiple aspects of their identity.

#### **CRITICAL THINKER**

Question & Research: YUHSD students can ask questions based upon observations and conduct research to explore possible answers.

Analyze & Infer: YUHSD students can analyze data and predict possible outcomes.

Innovate & Lead: YUHSD students can create original ideas by considering multiple perspectives and are willing to change their mind.

# PROFICIENT COMPETENCIES

#### **EMPATHETIC LEARNER**

Resonate: YUHSD students can demonstrate the ability to resonate with other people's feelings, experiences, and actions.

Respond: YUHSD students can demonstrate the ability to respond respectfully to other people's feelings, experiences, and actions as they occur.

**Reflect:** YUHSD students can reflect and connect other individual's responses to situations and feelings with their own experiences.

#### **COMMUNICATOR**

Professionalism: YUHSD students can communicate effectively with a familiar and unfamiliar audience and within familiar and unfamiliar circumstances with cultural awareness and sensitivity.

**Deliberation:** YUHSD students can demonstrate the ability to adapt to different communication styles and choose the most appropriate method for different situations

**Engagement:** YUHSD students can initiate a request for information in a timely manner.

**Guidance:** YUHSD students can evaluate information they are receiving and/or delivering in order to formulate constructive criticism and feedback.

**Awareness:** YUHSD students can self-advocate for their wants and needs and acknowledge differences in opinions



#### **COLLABORATOR**

Goal Setting & Feedback: YUHSD students can create and articulate group goals and reflect on group's progress while providing and receiving effective and constructive feedback to and from teachers and peers.

Cooperation & Conflict Resolution: YUHSD students can balance leading and listening while maintaining focus on group outcomes and effectively navigating team dynamics using conflict resolution.among the team.

Preparedness & Group Roles: YUHSD students can arrive prepared for collaborative work with materials, points of confusion, and questions for instructor while choosing and fulfilling appropriate roles within the group.

**Community Partnerships:** YUHSD students can assess areas of need in their community, design a collaborative plan, and can reflect on the quality and impact of their community service and civic engagement.

#### **RESILIENT LEARNER**

<u>Perseverance</u>: YUHSD students can develop a resolution, by working independently, when encountering adversity.

Agency: YUHSD students can demonstrate the ability to evaluate and overcome adversity, through critical thinking, in order to exhibit resilency through perseverance, reflection, and a sense of purpose.

Confidence: YUHSD students can demonstrate the dedication and ability to overcome obstacles through making sacrifices, using self-reflection, self-acceptance, and re-evaluating goals.

Advocacy: YUHSD students can demonstrate the ability to overcome barriers through advocacy, self-discovery, and creativity, that leads to logical adjustments in the decision making process.

### **SELF-AWARE LEARNER**

**Goal Setting:** YUHSD students can complete goal setting through a process that includes planning with steps, monitoring progress, revising as needed, and reflecting.

**Capacity:** YUHSD students can apply personal, cultural, and communication strengths to deepen their sense of capacity in an academic setting.

**Bias:** YUHSD students can regularly identify and interrupt their own prejudices and implicit biases and reflect on the impact on others.

Mindfulness: YUHSD students can notice behaviors, tones of voice, and other personal reactions they and others might have to certain situations or ideas and be able to respond appropriately.

**Self-Efficacy:** YUHSD students can demonstrate self-efficacy in order to maintain control over their own behavior and intrinsic motivation

<u>Purpose</u>: YUHSD students can demonstrate a sense of purpose by planning, prioritizing, and pursuing interests.

**Identity:** YUHSD students can identify and recognize multiple aspects of their identity and how they intersect in relation to self and others

#### **CRITICAL THINKER**

**Question & Research:** YUHSD students can ask relevant questions and conduct research using credible sources to explore evidence-based answers.

Analyze & Infer: YUHSD students can analyze data, identify biases, and utilize information to predict evidence-based outcomes.

Innovate & Lead: YUHSD students can create new and innovative ideas using a variety of credible sources, have the self-discipline to follow through, and be flexible if a change of course is needed.

# ADVANCED COMPETENCIES

#### **EMPATHETIC LEARNER**

**Resonate:** YUHSD graduates will demonstrate the ability to engage in face-to-face communication while maintaining respectful discourse with others for the betterment of their community.

**Respond:** YUHSD graduates will demonstrate the capacity to link emotions, thoughts, and actions across cultures and generations for the betterment of their community.

**Reflect:** YUHSD graduates will expand their comfort zones through self reflection and take initiative to better their community.

#### **COMMUNICATOR**

**Professionalism:** YUHSD graduates will demonstrate the ability to initiate communication with all audiences and circumstances with cultural awareness and sensitivity.

**Deliberation:** YUHSD graduates will demonstrate the ability to design and/or modify different communication styles and choose the most appropriate method for different situations.

**Engagement:** YUHSD graduates will anticipate the need for information.

**Guidance:** YUHSD gradautes will demonstrate the ability to evaluate and apply information they are receiving and/or delivering in order to seek constructive criticism and feedback for self-improvement.

**Awareness:** YUHSD graduates will demonstrate the ability to advoate for others as well as critically adapt their own opinions over time.



#### **COLLABORATOR**

**Goal Setting & Feedback:** YUHSD graduates will engage in a common mission and align personal goals with the group vision by seeking out others with expertise who can contribute to the team.

Cooperation & Conflict Resolution: YUHSD graduates will empower other members of the team to strive toward the group's vision while evaulating situations to respectfully disagree, willingly compromise, and successfully negotiate in order to resolve conflicts.

Preparedness & Group Roles: YUHSD graduates will initiate research beyond the task in order to advance the group's mission while identifying and adapting their roles in order to account for the group's needs; step out of their comfort zones.

Community Partnerships: YUHSD graduates will plan, contribute, reflect and influence others to create a positive impact on their community through civic engagement.

#### **RESILIENT LEARNER**

**Perseverance:** YUHSD graduates will demonstrate the ability to use adversity, as a driving force, to continue to develop into successful and productive citizens.

Agency: YUHSD graduates will demonstrate the ability to utilize adversity as a means to navigate life experiences and develop solutions through appropriate research, reflection and a sense of purpose.

**Confidence:** YUHSD graduates will overcome adversity through tenacity and devotion to themselves and their ideals and goals.

**Advocacy:** YUHSD graduates will succeed in any circumstance that presents a hindrance or deterrent by implementing skills rooted in introspection, interpretation and advocacy.

### **SELF-AWARE LEARNER**

**Goal Setting:** YUHSD graduates will integrate goal setting skills in the pursuit of long-term aspirations.

<u>Capacity</u>: YUHSD graduates will apply personal, cultural, and communication strengths to deepen their sense of capacity in professional and personal settings.

**Bias:** YUHSD graduates will utilize knowledge of prejudices and biases to properly enact positive change.

Mindfulness: YUHSD graduates will notice behaviors, tones of voice, and other personal reactions they and others might have to certain situations or ideas and be able to mediate.

**Self-Efficacy:** YUHSD graduates will demonstrate self-efficacy in order to maintain control over their own motivation, behavior, and social environment.

<u>Purpose</u>: YUHSD graduates will integrate their purpose and interests into long-term aspirations.

**Identity:** YUHSD graduates will foster healthy relationships in order to establish a sense of community.

#### **CRITICAL THINKER**

Question & Research: YUHSD graduates will identify/develop important questions/problems, express them with clarity, and research a variety of credible sources to gather evidence and data to help them explore answers/solutions

**Analyze & Infer:** YUHSD graduates will analyze the significance of evidence and data, and disregard bias to make informed decisions.

Innovate & Lead: YUHSD graduates will initiate the development, pursuit, and refinement of new and innovative ideas, and communicate them effectively with others.

# PORTRAIT OF A GRADUATE

THE TEAM

