

# LUNCH MENU<sub>1</sub>

## Middle Schools & ICS Feb 26th - Mar 1st

Menu May Vary By School Site.  
Our menus are aligned with the USDA's Healthier  
U.S. School Challenge.



- MONDAY** Pho (FU as in FUN!) with **Vegetarian** Option
- TUESDAY** Spice House Rice or Noodles w/ **Vegetarian** Option
- WEDNESDAY** Fiesta Nachos with **Vegetarian** Option
- THURSDAY** Spice House Rice or Noodles w/**Vegetarian** Option
- FRIDAY** Fiesta Nachos with **Vegetarian** Option



### Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti  
Sauce(v)  
Cheese Pizza(v)  
Pepperoni Pizza*

- MONDAY** Sausage Pizza
- TUESDAY** Buffalo Chicken Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** Hawaiian Pizza
- FRIDAY** Meatlover's Pizza



### This Week's Features:



- MONDAY** Turkey or **Lentil(v)** Taco Tot'chos  
Roasted Seasoned Broccoli
- TUESDAY** Glazed Chicken Drumstick  
Mixed Veggie
- WEDNESDAY** WG Popcorn Chicken & Potato Bowl  
Vegetarian Baked Beans
- THURSDAY** WG Pasta with Meat or **Lentil(v) Sauce**  
Roasted Broccoli & Carrots
- FRIDAY** WG Chicken & Waffles  
Wedge Cut Fries



THRIVE SIDES OFFERED  
DAILY WITH LUNCH  
SELECTION

Garden Greens plus a variety of Fresh  
& Canned Fruits & Vegetables. Locally  
Grown items are offered whenever  
seasonally available. Low Fat or Fat Free  
Milk offered with all meals.

### Daily Classic Grill Fare with Fries

*Vegetarian Rainbow Chili(v)  
Vegetarian Burger(v), Regular & Spicy WG Chicken  
Burgers, Hamburger, Cheeseburger*



- MONDAY** Grilled Cheese Sandwich(v)
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** Big City Bites- **Charleston BBQ Pulled Pork Sandwich**
- THURSDAY** Roasted Mushroom Swiss Burger
- FRIDAY** Fishstick Po' Boy Sub(v)



In a hurry? Grab Fast Takes-  
But Don't Forget to Select From the Thrive Bar!

- MONDAY** **Fiesta Dip Box(v)**  
Chef Salad  
Turkey & Cheese Sub  
Crispy WG Chicken Wrap
- TUESDAY** **Strawberry Banana Parfait(v)**  
**Garden Veg Salad(v)**  
American Sub  
Chicken Caesar Wrap  
**Classic Hummus Box(v)**  
Crispy WG Chicken Salad
- WEDNESDAY** Italian Sub  
Buffalo Chicken Wrap  
Protein PowerUp Box  
**Regular(v)** or Chicken Caesar Salad
- THURSDAY** Turkey & Cheese Sub  
Crispy WG Chicken Wrap  
Deli Bento Box  
**Garden Fiesta Salad(v)**  
(Turkey) Ham & Cheese Sub  
Chicken Caesar Wrap
- FRIDAY**

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Director, Office of Adjudication and  
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720-6382 (TTY). USDA is an equal  
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Nutrition Information is available upon request.

