

LUNCH MENU ⁵

Middle Schools & **ICS**

Feb 19th - 23rd

Our menus are aligned with the USDAs
Healthier U.S. School Challenge.
Menu May Vary By School



- MONDAY** NO SCHOOL
- TUESDAY** Spice House with **Vegetarian** Option
- WEDNESDAY** Fiesta WG Nachos with **Vegetarian** Option
- THURSDAY** Spice House with **Vegetarian** Option
- FRIDAY** Fiesta WG Nachos with **Vegetarian** Option



Every Day Choices
Cheese Stuffed WG Breadsticks
with Spaghetti Sauce(v)
Cheese WG Pizza(v)
Pepperoni WG Pizza

- MONDAY** NO SCHOOL
- TUESDAY** Buffalo Chicken WG Pizza
- WEDNESDAY** Supreme WG Pizza
- THURSDAY** Hawaiian WG Pizza
- FRIDAY** Meatlover's WG Pizza



- MONDAY** NO SCHOOL
- TUESDAY** Chicken Alfredo Macaroni Pasta
Mixed Vegetables
- WEDNESDAY** Pork Posole with WG Tostitos
Wedge Fries
- THURSDAY** Turkey & Gravy Over Mashed Potatoes
- FRIDAY** **WG Fishsticks(v)** and Chips



THRIVE SIDES
OFFERED DAILY WITH
LUNCH **ENTREES**

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally
Grown items are offered whenever
seasonally available.
Low Fat or Fat Free Milk offered with all
meals.

Daily Classic Grill Fare with Fries



Vegetarian Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burgers, Hamburger, Cheeseburger

- MONDAY** NO SCHOOL
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** BBQ Pulled Pork Sandwich Roasted
- THURSDAY** Mushroom Swiss Burger
- FRIDAY** **Fishstick Po' Boy Sub(v)**



Be sure to get your fruit or vegetable
from the Thrive Bar to make your Fast
Takes selection a complete meal!

- MONDAY** NO SCHOOL
- TUESDAY** **Strawberry Banana Parfait(v)**
Hearty Garden Veg Salad(v)
American Sub
Chicken Caesar Wrap
- WEDNESDAY** **Classic Hummus Box(v)**
Crispy WG Chicken Salad
Italian Sub
Buffalo Chicken Wrap
- THURSDAY** Protein PowerUp Box
Regular(v) or Chicken Caesar Salad
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- FRIDAY** Deli Bento Box
Garden Fiesta Salad(v)
(Turkey) Ham & Cheese Sub
Chicken Caesar Wrap

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
nue, SW, Washington, DC 20250-9410
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Nutrition Information is available upon request.

