



LWSD Breakfast Menu

FEB

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pancake & Sausage
On A Stick

Choice of
Cereal Bowl or Bar(v)

2

Whole Grain Apple Frudel(v)

Choice Of
Cereal Bowl Or Bar(v)

3

Mini Maple Waffles(v)

Choice Of
Cereal Bowl or Bar(v)

4

Mini Confetti Whole Grain
Pancake(v)

Choice Of
Cereal Bowl or Bar(v)

5

Ultimate Cinnamon Breakfast
Round(v)

Choice Of
Cereal Bowl or Bar(v)

Whole Grain (WG) Cereals Offered with Reduced Sugar Formulation

6

Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

7

Creamy Strawberry Yogurt(v)

Choice Of
Cereal Bowl or Bar(v)

8

Ultimate Oatmeal ChocChip
Breakfast Round(v)

Choice Of
Cereal Bowl or Bar(v)

9

Fruit Muffin w/Toast(v)

Choice Of
Cereal Bowl or Bar(v)

10

Whole Grain Bagel w/CC(v)

Choice Of
Cereal Bowl or Bar(v)

Non Fat White & 1% White Milk Offered

11

Eggo Waffles(v)

Choice Of
Cereal Bowl or Bar(v)

12

Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

13

Creamy Strawberry Yogurt(v)

Choice Of
Cereal Bowl or Bar(v)

14

NO SCHOOL
Mid Winter Break

15

NO SCHOOL
Mid Winter Break



16

Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

17

Ultimate Cinnamon Breakfast
Round(v)

Choice Of
Cereal Bowl or Bar(v)

18

Mini Maple Waffles(v)

Choice Of
Cereal Bowl or Bar(v)

19

Fruit Muffin w/Toast(v)

Choice Of
Cereal Bowl or Bar(v)

(v) = Meatless Option
WG = Whole Grain

20

Whole Grain French Toast Sticks(v)

Choice Of
Cereal Bowl or Bar(v)

21

Creamy Strawberry Yogurt(v)

Choice Of
Cereal Bowl or Bar(v)

22

Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

23

Whole Grain Blueberry Bagel
w/CC(v)

Choice Of
Cereal Bowl or Bar(v)

24

Mini Cinnis(v)

Choice Of
Cereal Bowl or Bar(v)

Menu Subject To Change Without Notice

This institution is an equal opportunity provider.