



Elk Bugle



Elk River High School
900 School Street NW
Elk River, MN 55330
Phone: 763-241-3434
Fax: 763-241-3421
www.isd728.org/erhs

February 2024

Key Dates

February

Feb. 2 Staff Dev. Day/
No School

Feb. 5 Spring Sports
Registration Begins

Feb. 5 -9 Snow Week

Feb. 19 Presidents Day /
No School

Upcoming Dates

March 1 Swing Dance
6pm

March 14 Conferences
4-6:30 pm

March 19 Conferences
4-6:30 pm

March 21 MSHSL Jazz
Concert 7am - 2pm

March 21 Spring Choral
Concert 7:00 pm

Snow Week 2024 starts on Monday February 5 and culminates on Friday, February 9 with the Blizzard Ball. We are highlighting 18 different clubs and activities at Elk River High School all week! At the Pepfest on Friday, February 9 we will be crowning the Snow Week royalty and holding the Blizzard Ball on Friday evening from 7:00-10:00 pm. Each day will have a different theme, come ready to celebrate!

SNOW WEEK



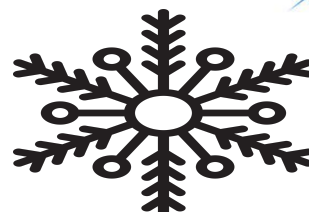
Monday, Feb. 5 - PJ's or The Prom

Tuesday, Feb. 6 - Thrift It Tuesday - thrift shop best We will also be hosting a clothing drive so bring your donations!

Wednesday, Feb. 7 - Wear Pink

Thursday, Feb. 8 - Twins or Triplets Day

Friday, Feb. 9 - Elk River Spirit Day - Show off your Elk River pride!



DECA Online Store

Follow us on:

Twitter @Elk_River_Elks

Facebook @elkrivhighschool

MEET THE SNOW WEEK AMBASSADORS



NHS - Kari Pederson and Libby Kubicka



STUDENT NEWS - Taylor Welch and Arionna Engberg



MULTICULTURAL- Odell Kruah and Mbango Ndobedi



PRISM - Oliver Hoffman and Willow Christensen



LINK - Olivia Smith and Natalie Berthiaume



YELLOW RIBBON - Anna Murphy and Lily Sofio



DECA- Emme Jorgenson and Easton Johnson



TRAP TEAM - Sloan Sherrett and Brianna Sherman

BAND - Henry Rumreich and Haley Erickson



TECHNICAL THEATRE- Lillie Beaudry and Sophia Tritabaugh





THEATER CLUB - Tristan Stushek and Echo Christopherson

STUDENT COUNCIL - Lucas Dahlberg and not pictured Lily Burkness

CHOIR - Alix Petz and Isabella Hegvik

Not Pictured:

BOOK CLUB - Maddisen Glover and Catelyn Anderson

YEARBOOK - Taylor Rice and Sydney Nivala

ROBOTICS - Karabella Bergstrom and Isaac Sydow

ENVIRONMENTAL CLUB - Zoe Schnarr and Piper Anderson

FIGURE SKATING - Grace Loechler and Alissa Borum





Dear Families,

Ensuring the safety of our students and staff is our highest priority. We are pleased to announce a collaborative effort between the Sherburne County Sheriff's Office, the Wright County Sheriff's Office, Rogers Police Department, Elk River Police Department, and Elk River Public Schools to share a crucial message regarding proper gun storage and safety.

Last year, 156 children in the U.S. gained access to a firearm and experienced unintentional shootings. In Minnesota alone, an average of 41 children and teens lose their lives to gun-related incidents each year, with 58% of these tragic events being suicides. The importance of proper gun storage cannot be overstated, as improper handling may lead to devastating consequences—ranging from accidental injuries to intentional harm.

Preventing children from accessing unsecured firearms is required under Minnesota Statute Section 609.666: *"A person is guilty of a gross misdemeanor who negligently stores or leaves a loaded firearm in a location where the person knows, or reasonably should know, that a child is likely to gain access, unless reasonable action is taken to secure the firearm against access by the child."*

We ask that you consider following the **Be SMART** message in your home. It emphasizes the importance of secure gun storage. Consider secure gun storage as an important step you can take to help protect your family, school and community. **Be SMART** stands for:

- Secure all guns in your homes and vehicles.
- Model responsible behavior around guns.
- Ask about unsecured guns in other homes.
- Recognize the role of guns in suicide.
- Tell your peers to Be SMART.

In addition to following the Be SMART message, you can take action by visiting the besmartforkids.org website to watch and share the Be SMART educational video and access Be SMART printable resources.

Sincerely,

Sheriff Joel Brott, Sherburne County

Joel Brott

Sheriff Sean Deringer, Wright County

Sean Deringer

Chief Ron Nierenhausen, City of Elk River

Ron Nierenhausen

Chief Dan Wills, City of Rogers

Dan Wills

Superintendent Dan Bittman, Elk River Schools

Dan Bittman

8th Annual Community Cultural Potluck

Thursday, February 29th, 2024

5:30-7:30 PM

Salk Middle School

Come join us to celebrate cultural diversity through food, music, dance, and fun!

Bring a dish to share!

FREE EVENT



All ISD728 families and district staff are welcome! Fun opportunity to meet and learn about all the different cultures in our ISD 728 community. Ballet Folklorico Rosa Quetzal, friendship bracelet, face painting, games, cultural fashion show and more.

QUESTIONS? Email: Troy.johnson@isd728.org

ISD 728 COMMUNITY EDUCATION

CAREER EXPLORATION FAIR

26 MONDAY FEBRUARY

FREE ADMISSION

Three photos showing students and staff participating in career exploration activities. The first photo shows a student in a wheelchair interacting with a staff member. The second photo shows a student sitting at a table with a laptop. The third photo shows a group of students and staff gathered around a table.

4:30 to 6:00 p.m.

Elk River High School
900 School Street, Elk River

EXPLORE CAREER OPTIONS!
TALK 1 ON 1 WITH REPRESENTATIVES FROM:
schools, community education, science, engineering, parks & recreation, public services, health care, large businesses, small businesses, military, technology, marketing, communications, finance, law, transportation and much more!

RSVP TODAY at: tinyurl.com/CareerFair24

DISTRICT 728 Community Education
EXPERIENCE MORE!

A QR code located at the bottom left of the flyer, linking to the event registration page.

It's Time For



Spring Sports

Registration Begins February 5th

[Registration Link](#)

[MSHSL Sports Clearance Form](#) - all athletes must have a current physical on file before they can participate.

Season Start Dates

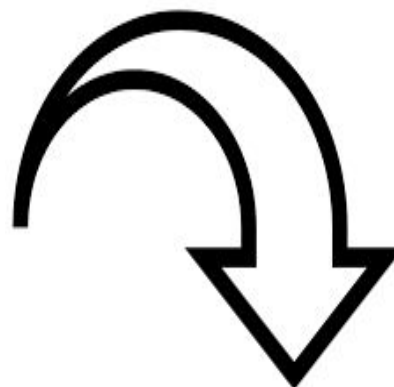
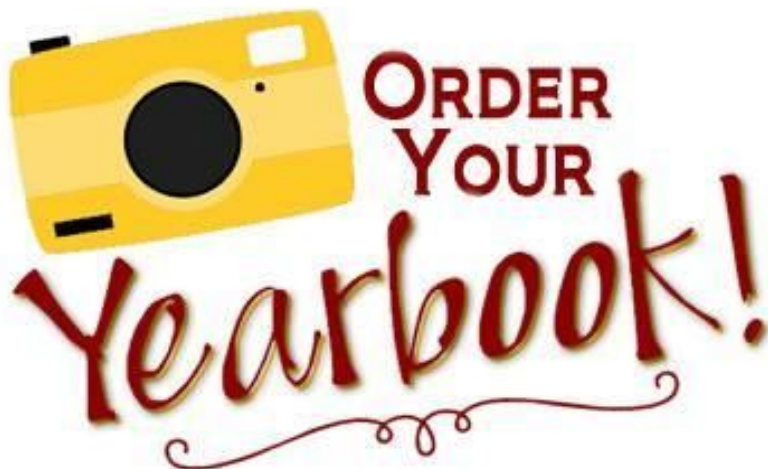
February 26th
Adapted Bowling

March 11th
Softball
Track and
Field

March 18th
Baseball
Boys Golf
Girls Golf
Trap

March 25th
Boys Tennis

April 1st
Boys Lacrosse
Girls Lacrosse



Use the Link Below:

<https://www.jostens.com/apps/store/customer/1062734/Elk-River-High-School/>



Parking Permits

Parking permits are required in all students vehicles if they have classes on campus and are driving to school. Please visit the transportation page on our website for more information regarding the online application.

ERHS Counselors

Mrs. Ashley Cloutier, last names A-E

ashley.cloutier@isd728.org

Ms. Trista Rudstrom, last names F-K

trista.rudstrom@isd728.org

Mrs. Erin Shermak, last names L-Ri

erin.shermak@isd728.org

Mr. Jase Meyer, last names Rj-Z

jase.meyer@isd728.org

Mrs. Michelle Reimer, Intervention and
Prevention Counselor

michelle.reimer@isd728.org

Mrs. Kim Davison, College/Career
Counselor, AVID Coordinator

kimberly.davison@isd728.org

MILITARY VISITS

Feb. 2 Air Force Reserve

Feb. 7 Air Force

Feb. 15 National Guard

Feb. 28 Navy

COLLEGE VISITS

Feb. 6 Saint John's University &
College of Saint Benedict

Feb. 7 Minneapolis College of
Art and Design

Feb. 13 MN State University -
Mankato

Feb. 22 North Hennepin
Community College

Feb. 26 Upper Iowa University

Feb. 27 MN North College

Career Center

Stop in the Career Center on Tuesday and Thursday mornings from 7:00 to 7:25 to meet with Mrs. Davison about career and college planning. You can grab some planning materials or ask questions about life after high school..


ERHS College Admission and Military Visits

Did you know around 50 college admission representatives and all branches of the military visit ERHS each year? This is a convenient way to learn more about admission, programs, degrees, and financial aid by talking with an expert from that particular college or military branch. College admission visits will be held in the Career Center. Please visit this [form](#) for a list of upcoming events and sign up to attend. [Military visits](#) will be during lunch in the Commons and students do not need to sign up to attend. Additions are added often, so be sure to check back.

Career and College Planning with Minnesota Career Information System (MCIS)

MCIS is an online career and college tool ISD 728 is using to help students build their Personal Learning Plan. Students will work on their MCIS Grade Level Checklists throughout the year during Advisory, but planning doesn't need to stop there! Students are encouraged to continue utilizing MCIS throughout their year and even at home! This is a valuable online tool that learners can use for standardized test preparation, researching undergraduate and graduate programs, finding tuition assistance, personal budgeting, college savings information, and inventories to help students plan their next steps. Additionally, users will find advice on resumes, cover letters, interviewing, networking, and more!

Especially exciting for students who are planning to take an ACT or SAT is the **FREE on-demand test prep!** Intuitive practice tests let students retake tests, track progress over time, view grade averages, and create task lists. The result? They are better equipped to turn their dreams into reality! Students can access MCIS through their school account with Rapid Identity.



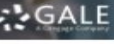
College and Career Planning: No Waiting!

- ★ Full-length, timed practice exams for ACT, SAT, PSAT, and more.
- ★ An intuitive search of 4,000+ accredited schools with quick results on school location, tuition, academics, admission requirements, campus life, and much more.
- ★ Financial aid tools to help students and parents plan, budget, and identify college-funding resources.
- ★ Career development tools that map career interests, help with job search guidance, and provide resume and interviewing advice.

KEEP ON PREPPING

Access practice tests for AP, ACT, SAT, GRE, and more with Gale Presents: Peterson's Test and Career Prep.

GET STARTED



Improve Your Score

There's a reason why practice makes perfect. Prep for standardized tests, cram for an upcoming exam, or refresh your academic skills, all with Peterson's award-winning educational content.

Find A School

Find the colleges and universities of your dream! Search through nearly 4,200 two- and four-year accredited schools and find your perfect fit.

Explore Careers

Whether you're preparing to enter the workforce for the first time, considering a career change, or just looking to brush up on your skills, we're here to help. Create or update a resume or use the career advice tutorials to learn about everything from job searching and interviewing to negotiating salaries.


Vocational Test Prep

All that stands between you and a new career is a test. Prepare for your certification, credentialing, or licensing exams for vocations in fields such as nursing, law enforcement, public safety, teaching, and more.

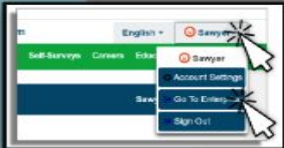
Follow these steps to access your FREE student account!

- #### 1


Open MCIS and Log In from your dashboard


- #### 2


Click your name, then "Go to Enterprise"


- #### 3


Hover over "My Portfolio"


- #### 4

Click "Test Prep"


- #### 5

Practice and Explore!









From the Health Office.....

All students going home ill during the school day **MUST be seen in Health Services in order for their absence to be excused:**

If your student is reaching out to you requesting to go home, please have them go to the Health Office with a pass from their teacher. If it is passing time, please ensure they check in with the teacher of their next class. Health Services staff will need to speak to a parent prior to the student being checked out from school.

I need to stay home if....

I have a fever	I am vomiting	I have diarrhea	I have a rash	I have an infection requiring antibiotics	I have been in the hospital
					
Temperature of 100° or higher.	Within the past 24 hours.	Within the past 24 hours.	Body rash with itching or fever.	A persistent fever or chills, severe headache or neck stiffness, eye redness and crusting (pus) persistent ear pain or wetness (discharge) persistent facial pain and runny nose, difficulty breathing, a persistent cough, or coughing up blood or pus.	Hospital stay and/or emergency room visit.

I am ready to go back to school when I am.....

Fever free without the assistance of medication for 24 hours (i.e. Tylenol, Motrin, Advil).	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash, itching, or fever. I have been evaluated by my doctor if needed.	12 hours after the first antibiotic dose, symptoms have resolved and/or as directed by your healthcare provider.	Released by my medical provider to return to school.
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Communicable Disease & Infections:

Influenza season is just around the corner and as we know, illnesses are prevalent in our schools. Health Services offices are structured to keep students in school as much as possible so they can meet their educational goals. Unfortunately, there are times when students *need* to stay home to get well in order to prevent exposure and the spread of illness to others. If your child has been diagnosed with a communicable disease, such as influenza, strep throat, COVID-19, please report these confirmations to the Health Services Personnel in your child's school building. Reporting forms are no longer available on the district website for COVID-19.

Resources:

- [Influenza Information from Minnesota Department of Health](#)
- [COVID-19 Information from Minnesota Department of Health](#)
- [Communicable Diseases & Infections from Minnesota Department of Health](#)

Hearing & Vision Screenings for Students:

ISD 728 is no longer scheduling mass vision and hearing screenings. However, if you have a vision and/or hearing concern regarding your child, a request for screening can be made by completing [this online reqhttps://docs.google.com/forms/d/e/1FAIpQLScmis97AI2ZrZRK9Mvz2AhRaz6B98GCR6ODqJGUC8qN7mLCog/viewform](https://docs.google.com/forms/d/e/1FAIpQLScmis97AI2ZrZRK9Mvz2AhRaz6B98GCR6ODqJGUC8qN7mLCog/viewform) [uest form](#). Screenings will be performed by request only.

Resources

ERHS Main Office	763.241.3434	erhs.office@isd728.org
ERHS Attendance Office	763.241.3555	
ERHS Activities/Athletics Office	763.241.3427	erhs.activities@isd728.org
ERHS Counseling Office	763.241.3424	erhs.counseling@isd728.org
ERHS Health Office	763.241.3423	



Please Note: Class of 2024 Graduation is Thurs. June 6th @ 7 pm

[Elk River High School Website](#)

ER

WHAT IS....ELK TIME

Click the link above for more information. Or visit the ERHS website under the Academics tab.