

Wellness Committee Meeting Minutes

* Agenda

- Ice Breaker: What is a habit that you do to benefit your own wellness?
- YAC taste testing results presented by Bobbie Jo
- Share & Discuss “Homework” What did you find that could help improve our Wellness Policy?
- What kind of presentation/speaker would you like to see for the last meeting?

* Attendees

Melanie Garms, Bobbie Jo Grummons, Bridgitt Looney, Erica Pawletzki, Kristine Schaefer, Lauren Stordahl

* Updates

- Bond Passed = Cafeteria expansion/renovations for these schools:
 - East Ridge High
 - Park High
 - Woodbury High
 - Oltman Middle
 - Bailey Elementary
 - Grey Cloud Elementary

* Action Items

- FS make minor adjustments to Wellness Policy to include ‘food truck’ verbiage
 - Send to School Board for approval
- FS to have a meeting with elementary principals to explain statements within the Wellness Policy

* Final Announcements

- The YAC taste testing results are in! The students liked:
 - Whole grain donut holes
 - Whole grain chicken & waffles
 - Cool Tropics fruit & veggie based slushies
- Ideas for the next meeting were discussed
 - Kitchen Tour / Facility Tour
 - Taste Testing
 - Farm to School - Child Nutrition