

HAWLEY SCHOOLS

FEBRUARY 2024 -

ALLERGEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DF = DAIRY FREE EF = EGG FREE GF = GLUTEN FREE			1 DF: Chicken Nuggets & Peas EF: Chicken Nuggets & Peas GF: GF Chicken Nuggets & Peas	2 DF: Hot Ham Sandwich with Chips EF: Hot Ham & Cheese Sandwich with Chips GF: Hot Ham & Cheese on GF Bread with Tortilla Chips
5 DF: Chicken Breast Fries EF: Chicken Breast Fries GF: Chicken Breast Potato smiles	6 DF: Hot Dog Potato Smiles EF: Hot Dog Potato Smiles GF: Hot Dog on GF Bun Potato Smiles	7 DF: Burger Fries EF: Burger Fries GF: Hot Dog on GF Bun Potato Smiles	8 DF: Taco in a Bag Tortilla Chips EF: Taco in a Bag GF: Taco in a Bag	9 DF: Daiya Pizza EF: Bosco Stick GF: Daiya Pizza
12 DF: Chicken Nuggets Tater Tots EF: Chicken Nuggets Tater Tots GF: Chicken Breast Potato Smiles	13 DF: Chili Dog EF: Chili Dog GF: Chili Dog on GF Bun	14 DF: Sloppy Joes EF: Sloppy Joes GF: Sloppy Joes on GF Bun	15 DF: Daiya Pizza EF: Pizza GF: Daiya Pizza	16 NO SCHOOL
19 NO SCHOOL	20 DF: Spaghetti EF: Spaghetti GF: GF Spaghetti	21 DF: Orange Chicken EF: Chicken Nuggets GF: GF Chicken with GF Sauce	22 DF: Chicken Fajita EF: Chicken Fajita GF: Chicken Fajita Salad	23 DF: Daiya Pizza EF: Cheesy French Bread GF: Daiya Pizza
26 DF: Hamburger EF: Hamburger GF: Hot dog and GF Bun	27 DF: Daiya Pizza EF: Quesadilla GF: Daiya Pizza	28 DF: Turkey Sandwich EF: Tater Tot Hotdish GF: Turkey Sandwich on GF Bread	29 DF: Ham Sandwich EF: Grilled Cheese Tomato Soup GF: Ham Sandwich on GF Bread	1

Lettuce is 50% Romaine Blend. Carrots & Broccoli are served daily. Legumes are served on the center table weekly.

Salad Bar is the second option for 4th thru 12th Grades.

DF stands for **Dairy Free**, **EF** stands for **Egg Free**, and **GF** stands for **Gluten Free**.

Milk is: Skim, 1%, & Skim Chocolate. Bread is served with meals that do not have a bun or bread.

The proper condiments are served with the correct food item. Everything may be subject to substitution.