

Roma Independent School District

Health Services Department

In Preparation for a healthy 2022-2023 school year, the Roma ISD health services team would like to provide the following helpful and important information. Our team's purpose is to support a safe and healthy school environment. School nurses need your assistance as we work together toward this common goal. You can help us by encouraging behaviors we teach at school and by following a few guidelines for keeping your children home when they are not feeling well.

Please review the following information:

- Immunizations must be up to date according to the Department of State Health Services ([DSHS](#)) guidelines for school entry and attendance. All immunizations must be current before the start of the school year. Any time your child receives an immunization, bring the immunization card to the school nurse so your child's health record can be updated.
- All medications and medical procedures at school must have completed paper work.
- All medications must be brought in by parent or guardian to the nurse's office unless there is a physician's order on file that the child may carry the medication with them.
- Please keep your children home for:
 - Fever of 100°F or more for the duration of the fever plus an additional 24 hours after cessation without fever-reducing medication.
 - Vomiting or diarrhea for 24 hours after cessation.
 - Generalized rash
 - Oozing wounds that cannot be kept dry and covered
 - Red, draining eye (conjunctivitis, "pink eye")
 - Please remind your children of cough and sneeze etiquette:
 - Cough or sneeze into a tissue or sleeve and not into hands
- Please observe the proper hand washing technique: vigorous friction rub for 20 seconds with soap and rinse with water.
- State screening mandates are performed for vision & hearing (PK, K, 1, 3, 5, 7 grades) Acanthosis Nigricans (1, 3, 5, 7 grades) and Scoliosis (6 & 9 grades).
- Current health information is crucial for proper care. Please notify the school nurse of all health related issues such as an injury or any new diagnoses such as a communicable disease or surgery.
- Updated phone numbers are also very important in case of an emergency. This is the only way we have contact with parents: therefore, if you change your number give us a call so that we can update your child's health record.

Please do not hesitate to contact your school nurse or district health services for assistance. We look forward to working together with you in the 2022-2023 school year. On behalf of our nurses, assistants, and the entire team, we hope you have a safe and healthy year!